

## Social Connections

Having positive relationships that offer emotional, informational, instrumental and spiritual support.



## Concrete Supports in Times of Need

Having access to tangible goods and services to help address family's needs and minimize stress.



# Protective Factors

Build Family Strengths and Promote Optimal Child Development

## Knowledge of Parenting and Child Development

Understanding child development and parenting strategies that support physical, cognitive language, social and emotional development.



## Children's Social & Emotional Competence

Having family and child interactions that help children develop the ability to communicate clearly, recognize and regulate emotions and establish relationships.



## Parental Resilience

Managing stress and functioning well even when faced with challenges, trouble or trauma.



## Nurturing & Attachment

The emotional tie along with a pattern of positive interactions between the parent and child that develops over time.

