

Johnny Applestack

Goal ► In under a minute, participants will stack 5 apples to make a tower

Equipment Needed	Apples, table, timer (i.e. Minute to Win it timer)
Time Needed	5-7 minutes so that you can explain (but not too much!), do the activity, and discuss.
Logistics	This is dependent on the size of your group. Ideally a table will have 5-6 participants each. For example, in a group of 40, ideal set up would be 5 people at each of 8 tables; in this example, you would need 40-50 apples.
Rules/Instructions	The apples must be placed on top of one another and cannot be manipulated in any way (such as taking a bite out of one, or anchoring the apples with a pen, toothpick etc). Once stacked, the apples must be free-standing for at least three consecutive seconds.
CPPR Goals/Message	Applestacking is a mindset activity. Generally participants talk about how impossible the task is, but as they engage in the activity, they realize that it actually is possible. The big idea is to get people thinking differently about possibility. The activity also models different structures of teams as each table finds their own strategy.

