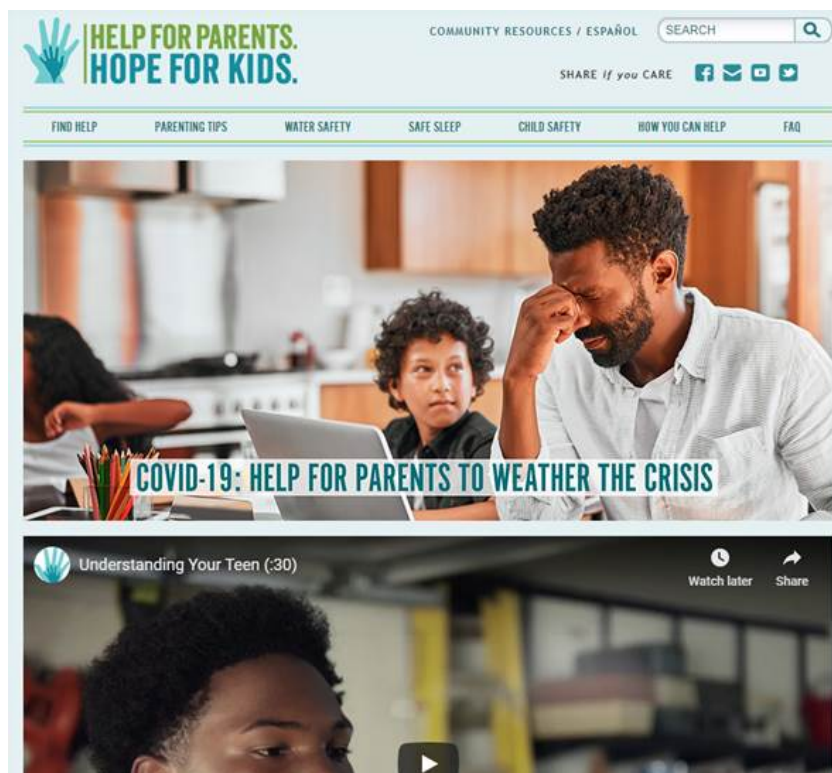


# Texas State Resources

- ✚ Our prevention newsletter, Tidbits, will go out on April 15th with information on engagement during COVID-19, links to prevention videos on our Help and Hope website that address parenting skills.
- ✚ Our Help and Hope website already has a COVID-19 section addressing how it can increase parental stress and has links to parenting skills videos and resources.
- ✚ Our Results-Based Accountability work with local early childhood coalitions is continuing in many places through virtual meetings and community approach to solving family needs during this crisis.
- ✚ We will be posting parenting tips on our prevention Facebook page throughout the month.
- ✚ We will be sending out our Tidbit U, our training newsletter, containing trainings for providers. We hope this will help staff, particularly hourly workers, while they cannot do home visit.
- ✚ Today we shared a Clear Impact webinar on “How to Host a Virtual Meeting” for coalitions.
- ✚ We are also going to push our statewide hashtag for Bright by Text to all of Texas so that parents can receive parenting information during this time of COVID-19.

For more resources and information visit: [www.helpandhope.org](http://www.helpandhope.org).



The image shows a screenshot of the website **HELP FOR PARENTS. HOPE FOR KIDS.** The header includes the logo, navigation links for "COMMUNITY RESOURCES / ESPAÑOL", a search bar, and social media icons. A menu bar below the header lists categories: FIND HELP, PARENTING TIPS, WATER SAFETY, SAFE SLEEP, CHILD SAFETY, HOW YOU CAN HELP, and FAQ. The main content area features a video player with a thumbnail image of a man and a child looking at a laptop. The video title is "Understanding Your Teen (:30)". The video player interface includes a play button, a "Watch later" button, and a "Share" button. A banner across the video thumbnail reads "COVID-19: HELP FOR PARENTS TO WEATHER THE CRISIS".