



Texas Department of Family and Protective Services

Prevention & Early Intervention

COVID-19 Resources for PEI Stakeholders and Providers

The COVID-19 event continues to affect families worldwide. Strengthening families and communities has never been more important than it is right now. PEI is here to help.

Our program specialists have been compiling family and caregiver resources alongside public health information for you. We will be sending this message out weekly to our PEI Community of providers, stakeholders and advocates until the COVID-19 event lessens. To review previously released resources visit our [website](#).

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Seeking Input on Legislative Appropriation Request

The Texas Department of Family and Protective Services is working on its Legislative Appropriations Request (LAR). This request outlines the agency's funding needs for fiscal years 2022 through 2023.

The LAR must be submitted to the legislature in August 2020. It will be considered by the 87th Texas Legislature during its 2021 session.

You can share your ideas and recommendations about what should be in the LAR by sending an email to DFPSLARSuggestions@dfps.state.tx.us. The deadline for comments is May 31.

Real Talk Input - you can help!

The PEI "Real Talk" section is LIVE on our parenting help site HelpandHope.org! This week we are working to create guidelines for an emergency plan to assist families before a caregiver gets sick and are looking for ideas from you.

- *Do you have a plan in place if one or more of your family members becomes ill with COVID-19? What does it look like?*

Send your advice to peinews@dfps.state.tx.us. We look forward to supporting parents and caregivers with real answers!

COVID-19 and Texas

Feel free to share these links with coworkers and your community on social media and in communications to staff, stakeholders and community members.

Texas Coronavirus Safety Survey for your agency staff and adult clients

The team at the Center for Violence Prevention at the University of Texas Medical Branch understands that this is a time of increased risk for violence and harm for many of the families and individuals you work with at your agency. They are inviting providers and staff to take the brief surveys at the links below.

Provider survey: https://protect2.fireeye.com/url?k=ec54b195-b001b845-ec5480aa-0cc47a6a52de-52e635d9b59da083&u=https://utmbcar.qualtrics.com/jfe/form/SV_1G63JDwtBKd2XC5

Client survey: https://protect2.fireeye.com/url?k=132f8c26-4f7a85f6-132fbd19-0cc47a6a52de-5648d60e33519783&u=https://utmbcar.qualtrics.com/jfe/form/SV_1G63JDwtBKd2XC5

Remote Home Visitation: Supporting Clients Experiencing Intimate Partner Violence in the Time of COVID-19

This webinar is dedicated to evolving promising practices for home visitors to help caregivers who may be experiencing coercion and abuse from their partner, and to help them and their children be safer – but offered virtually. [Register here.](#)

Additional Resources:

- **Texas WIC** will provide flexibility and [temporarily lift restrictions](#) for local items.
- **PEI updates [their Coronavirus Resource page](#)** regularly with provider-specific information as it develops.

PEI Community Resources

Parenting tips to manage COVID-19 social distancing guidelines: Cook Children's has tons of resources for parenting during COVID-19. [Check them out here.](#)

Water Safety Daily LIVE Broadcasts: Colin's Hope is providing [live broadcasts](#) on water safety and virtual activities to children and families in the home. The risk of drowning increases while kids are at home and parents are working because supervision may change or lapse during this time

Additional Resources:

- **Six Ways to Manage Zoom:** Find the right balance between, self-care and managing the exhaustion from [virtual meetings](#).
- **New for Podcasts Listeners:** Here are two great podcasts for your podcast list including the importance of [long-term action steps with COVID-19](#) and [community organizing to prevent violence](#).

Resources for Families

The TEA has [launched a webpage](#) designed to provide at-home learning resources for parents, teachers and children - including students who receive special education services in school.

Colin's Hope is providing [live broadcasts](#) on water safety and virtual activities to children and families in the home. The risk of drowning increases while kids are at home and parents are working because supervision may change or lapse during this time.

Parents can [loosen up on screen time rules](#) during COVID-19. The [benefits of technology](#) on children's health, well-being, social and emotional outcomes and school achievement, depends less on time and more on the type of content they engage with when using a screen.

Additional Resources:

- There are a whole host of gyms and fitness centers streaming live workouts for everyone to enjoy. [Here's a great list of options to help you get started](#).
- Musicians are taking to social media to perform live concerts for their fans, which you can either live stream or watch recordings of. Billboard.com is regularly updating their list of these performances—[check it out here](#).
- [Chef Massimo Bottura is hosting engaging cooking classes live on Instagram](#) each day. Tune in to see what this world-class chef can teach you!

Resources for Kids at Home

The [Living Montessori YouTube](#) channel has videos about Montessori's Exercises for Practical Life.

Go on a digital field trip to the National Gallery of Art, The Olympic Museum, the Palace of Versailles, national parks and much, much more by perusing the collections on [Google Arts & Culture](#) and [Google Maps](#).

Additional Resources:

- The [Dallas World Aquarium](#), [Monterey Bay Aquarium](#) and the [San Diego Zoo](#) have live animal cams you can watch to see your favorite animals. Best of all, the cams are totally free to watch!

- Need some ideas on how to keep your children engaged in learning while also entertained? [Scholastic Learn at Home is offering free access to its projects](#) for children grades Pre-K through 9.

We invite all our stakeholders to follow DFPS Social Media accounts at the links below, and check in and promote [Help and Hope](#) on our website and [Facebook](#) pages as we continue to update information and resources. If you have resources to share, send them to peinews@dfps.state.tx.us.



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