## Dear Prevention Leaders -

Please find resources shared by our partners below. During this time of concern, I hope each of you are safe with the ability to find a chuckle during the day. I would like your help in finding inspiration and great resources that we can share with others. Have you seen the hashtag, #TogetheratHome, with all of the Instagram personal concerts by artists like John Legend and Coldplay? Or the story about *Invisible Hands* where young people deliver groceries and goods to the elderly? Or the person on Twitter who asked every child/teen who wasn't able to perform their song or their part in the play (with school closures) to perform for her via a video tweet, giving them an audience? Or the clever ideas for families that will have their children at home for an extended period of time while being more isolated than ever before? I think this is something we can build on here in Oklahoma.



- **INSPIRE CHALLENGE** -- Let's help each other help others! #OKPledge2Inspire
  If you have resources that other parents, programs and partners could benefit from, please share with us by email <a href="mailto:sheriet@health.ok.gov">sheriet@health.ok.gov</a> so we can pass along or share via the <a href="mailto:Oklahoma Child Abuse Prevention Facebook page">Oklahoma Child Abuse Prevention Facebook page</a>.
  - Do you have a unique way (or any way) to continue promoting prevention during COVID-19, especially Child Abuse Prevention Month?
    - Look for information on VIRTUAL WEAR BLUE DAY coming soon!
  - Do you have information to share that would be helpful to others who work on the front lines of home visitation programs, child care centers, and other like programs?
  - Do you have a story of success in how you do your work or a successful parent story that you would like to share?
  - Do you have fun and creative ideas on what to do with all this free time while at home with children?
  - Do you have ideas on how others can help make a difference during this challenging time?

- Do you have FREE virtual resources or training that others could access during this period of being more isolated (such as the opportunities shared below)?
  - Flip the Switch Available at no cost through Darkness to Light's partnership with Aly Raisman, any adult can complete the *Stewards of Children*® training online by using the code FLIPTHESWITCH. The training teaches adults to prevent, recognize, and react responsibly to child sexual abuse share the website at <a href="https://protect2.fireeye.com/url?k=4515e5cf-1941fcb3-4515d4f0-0cc47adc5fa2-012c438dec4dfc53&u=http://www.fliptheswitchcampaign.org/">https://www.fliptheswitchcampaign.org/</a>.
  - Darkness to Light's Talking to Kids About Safety From Sexual Abuse - If a shorter option is more appropriate than the full Stewards of Children® training, Darkness to Light's Talking to Kids About Safety From Sexual Abuse training is available at no charge by using code Talk2020. This training is ideal for parents and caregivers who may be home with children and have time to invest in learning more.

## **OTHER RESOURCES**

One of the activities of Child Abuse Prevention Month is the *Happy Day Coloring Challenge* – <u>CLICK HERE</u>

We encourage everyone to share their Happy Day pictures either by emailing <a href="mailto:sheriet@health.ok.gov">sheriet@health.ok.gov</a> or posting via social media with the hashtag #PictureaBrighterFuture. Artists can use the template included in the link above or by simply using plain white paper, adding only the child's first name, age and a few words to help give the picture context.

https://protect2.fireeye.com/url?k=d77c91b6-8b2888ca-d77ca089-0cc47adc5fa2-52756400b76b92df&u=https://www.childcareaware.org/state/oklaho ma/ This website was included in a Zero To Three policy brief and includes an interactive map for all of the states with information about child care closures as well as tabs for resources that could be helpful to families.