

FRIENDS Peer Learning Call:
Prevention Councils

October 11, 2023



How to Participate in Today's Discussion Session

Participant audio will be muted. Participants will be encouraged to unmute their lines to participate in discussion throughout the session.

We will also be monitoring questions through the Chat box and answering them at designated times during the discussion.

This session is being recorded and will be available for viewing once it has been archived. We will notify everyone by e-mail when it is available.



Primary Prevention

Primary prevention activities are directed at the **general population** and attempt to stop maltreatment before it occurs. **All members of the community have access** to and may benefit from these services. Primary prevention activities with a **universal focus** seek to raise the awareness of the general public, service providers, and decision-makers about the scope and problems associated with child maltreatment.

Primary prevention is within the scope of the CBCAP program.



California Child Abuse Prevention Councils (CAPCs)

Hillary Konrad

Bureau Chief

Office of Child Abuse Prevention

California Department of Social Services

Key Information about California

- State Supervised County Administered
- An Office within the Department of Social Services
- 58 counties
- California Child and Family Services Review Process
- Authority of the Board of Supervisors
- Each county is required to have a Child Abuse Prevention Council by law



Why CAPCs were started?

This chapter shall be known and may be cited as the Child Abuse Prevention Coordinating Council Act.

(Added by Stats. 1989, Ch. 603, Sec. 1. Effective September 21, 1989.)

18981.

- The Legislature finds and declares all of the following:
 - (a) Child abuse is one of the most tragic social and criminal justice issues of our times.
 - (b) Victims of child abuse and their families face a complex intervention system involving many professionals and agencies.
 - (c) Coordination by child protection agencies and personnel improves the response to a victim and his or her family.
 - (d) The prevention of child abuse requires the involvement of the entire community.

18981.1.

It is the intention of the Legislature to fund child abuse prevention coordinating councils in each county.

What is a Child Abuse Prevention Council?

ARTICLE 2. Child Abuse Prevention Coordinating Councils [18982 - 18982.4]

(Article 2 added by Stats. 1989, Ch. 603, Sec. 1.)

18982.

- **A child abuse prevention coordinating council is a community council whose primary purpose is to coordinate the community's efforts to prevent and respond to child abuse.**

How a CAPC is funded?

ARTICLE 3. Selection and Administration [18983 - 18983.8]

(Article 3 added by Stats. 1989, Ch. 603, Sec. 1.)

18983.

- Each county shall fund child abuse prevention coordinating councils which meet the criteria in Section 18982 from the **county's children's trust fund**. In the event that the county does not create a children's trust fund, the board of supervisors shall apply for funds from the State Children's Trust Fund. Initial funding of councils shall be scheduled to accommodate ongoing funding of programs or funds already encumbered for other purposes.
- Funds for councils selected pursuant to this chapter shall not be considered administrative costs for purposes of Sections 18967 and 18969.

(Added by Stats. 1989, Ch. 603, Sec. 1. Effective September 21, 1989.)

Who is represented on a CAPC?

ARTICLE 2. Child Abuse Prevention Coordinating Councils [18982 - 18982.4]

18982.1.

Councils funded by this chapter shall encourage representatives from the following:

(a) Public child welfare services, including the following:

- (1) The county welfare or children's services department.
- (2) The probation department.
- (3) Licensing agencies.

(b) The criminal justice system, including the following:

- (1) Law enforcement.
- (2) The office of the district attorney.
- (3) The courts.
- (4) The coroner.

(c) Prevention and treatment services communities, including the following:

- (1) Medical and mental health services.
- (2) Community-based social services.
- (3) Public and private schools.
- (d) Community representatives, including the following:
 - (1) Community volunteers.
 - (2) Civic organizations.
 - (3) The religious community.

What is a CAPC supposed to do?

18982.2.

The functions of a council shall include, but not be limited to, the following:

- (a) To provide a forum for interagency cooperation and coordination in the prevention, detection, treatment, and legal processing of child abuse cases.
- (b) To promote public awareness of the abuse and neglect of children and the resources available for intervention and treatment.
- (c) To encourage and facilitate training of professionals in the detection, treatment, and prevention of child abuse and neglect.
- (d) To recommend improvements in services to families and victims.
- (e) To encourage and facilitate community support for child abuse and neglect programs.

18982.3.

Councils may form committees to carry out specific functions, such as the following:

- (a) Interagency coordination committees.
- (b) Multidisciplinary personnel teams.
- (c) Professional training committees.
- (d) Public awareness committees.
- (e) Service improvement committees.
- (f) Advocacy committees.
- (g) Fundraising committees.

The Role of a CAPC



01.
**Catalyst for
Prevention**



02.
**Convener of
Cross-System
Partners**



03.
**Coordinator of
County-Wide
Prevention
Activities**

Local Level Collaboration in Comprehensive Prevention Planning



It does not make sense for funding to be in silos – families do not experience life in funding streams.

- Rebecca Jones Gaston, Commissioner at the Administration on Children, Youth, & Families

How is data collected/tracked?

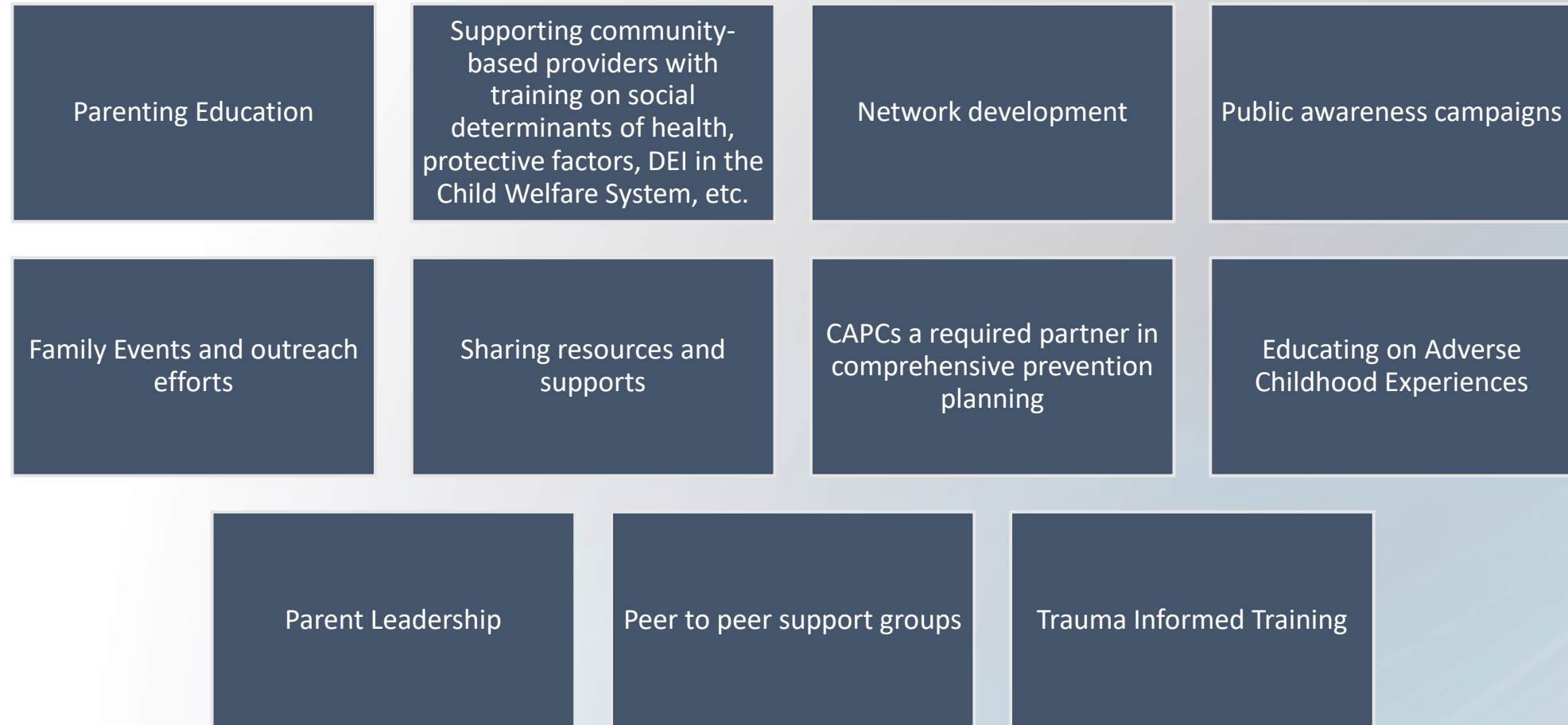
The OCAP uses an Apricot system to collect information about counties and their contracted prevention providers. Each year information is entered into the system and this process is called Annual Reporting.

This is required by statute and reflects the OCAP's purpose to plan, develop, improve and evaluate prevention efforts.

Data Collected in Apricot

- CAPC Primary Functions
- Child Abuse Prevention Month Activities
- Community Outreach outside of CAP Month Activities
- Data Reviewed by the CAPC
- Trainings
- Participation and Role in the County Child Welfare System Improvement Plan

How do CAPCs infuse primary prevention strategies into efforts?



Resources and Technical Support

OCAP-Innovative Partnership Grants

- [Website: Office of Child Abuse Prevention \(OCAP\)](#)
- Guidance & support from County Consultants
- OCAP-PND@dss.ca.gov

California Training Institute ([CalTrin](#))

- [Comprehensive Prevention Planning Support - \(caltrin.org\)](#)

Strategies TA

- [Resources - Strategies TA \(strategiesca.org\)](#)



MAINE PREVENTION COUNCILS

An Overview





Mission Statement:

Maine Children's Trust works to strengthen families, promote healthy relationships, and support communities to prevent child abuse and neglect.

Vision Statement:

All Maine Children grow up in safe, stable, nurturing families and communities.



About Us

History:

- The Trust was created by Statute in 1985 to lead child abuse and neglect prevention in Maine.
- In 1994, legislation was enacted to turn the Trust into a 501(c)3 non-profit.
- The Trust leads and coordinates several statewide efforts throughout Maine to prevent child abuse and neglect before it occurs, as well as provides funding for prevention programming. We do not provide direct services.

MCT Affiliations

- Office of the Administration for Children & Families
Community-Based Child Abuse Prevention | State Lead
- Parents as Teachers | State Office
- Brazelton Touchpoints Site | Maine Touchpoints Project
- Circle of Parents | State Chapter
- National Alliance of Children's Trust and Prevention Funds |
Network Affiliate
- Prevent Child Abuse America | State Chapter
- Strengthening Families Protective Factor Framework | State Lead
- Cribs for Kids | Distribution Coordinator
- National Family Support Network | State Chapter



Maine Prevention Councils

Central Coordination

Prevention Councils fulfill their statutory role, M.R.S.A. Title 22, Ch. 1057, as the county-level coordinating entity and lead in the delivery of child abuse prevention information and services.

The Prevention Council statute guides the Trust to support the Prevention Council efforts by:

1. Providing coordinated leadership and central, statewide support to guide the project.
2. Strengthening and expanding the network of Prevention Councils.
3. Supporting ongoing delivery of child abuse and neglect prevention programming throughout Maine.



Maine Prevention Council Funding

Office of Child and Family Services (OCFS)



Community-Based
Child Abuse Prevention (CBCAP)

Local Fundraising Efforts

Maine Children's Trust has supported the prevention efforts of the Prevention Councils since the 1990's with grant funding, public awareness, and technical assistance. Since 2015, the Maine Department of Human Services has executed agreements with the Trust to lead and coordinate a statewide project to prevent child abuse and neglect. Through this effort, the Trust supports the Prevention Councils in their statutory role as the county-level coordinating entity to lead and deliver child abuse prevention efforts.

Maine Prevention Councils

Prevention Planning

The Prevention Councils utilize a structured approach to build a system of support for local communities and families that live in them by:

- focusing on primary and secondary child abuse prevention strategies
- utilizing the social-ecological model and other frameworks, along with
- child maltreatment data provided by OCFS,
- a needs assessment which analyzes gaps,
- community input, and
- a county-level advisory board

to select approved evidence-based and informed parent education, supports, and strategies to offer in their respective counties for the upcoming year.

These targeted and individualized prevention plans focus on programs and activities that will lead to the most substantial advancements in preventing child abuse in each county.

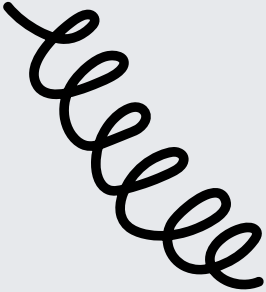


Approach and Frameworks

Strengthening Families Approach: The 5 Protective Factors Center for the Study of Social Policy

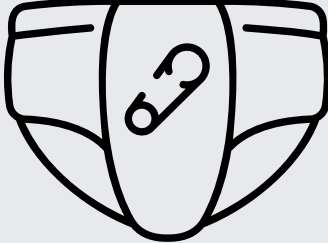
Parental Resilience

Building inner strength



Concrete Supports

Knowing where to find help



Social Connections

Connecting with others



Knowledge of Parenting and Child Development

Parenting as children grow



Social-Emotional Competency of Children

Helping kids understand emotions



Approach and Frameworks

Standards of Quality for Family Strengthening & Support



Family
Centeredness

Family
Strengthening

Diversity, Equity,
and Inclusion

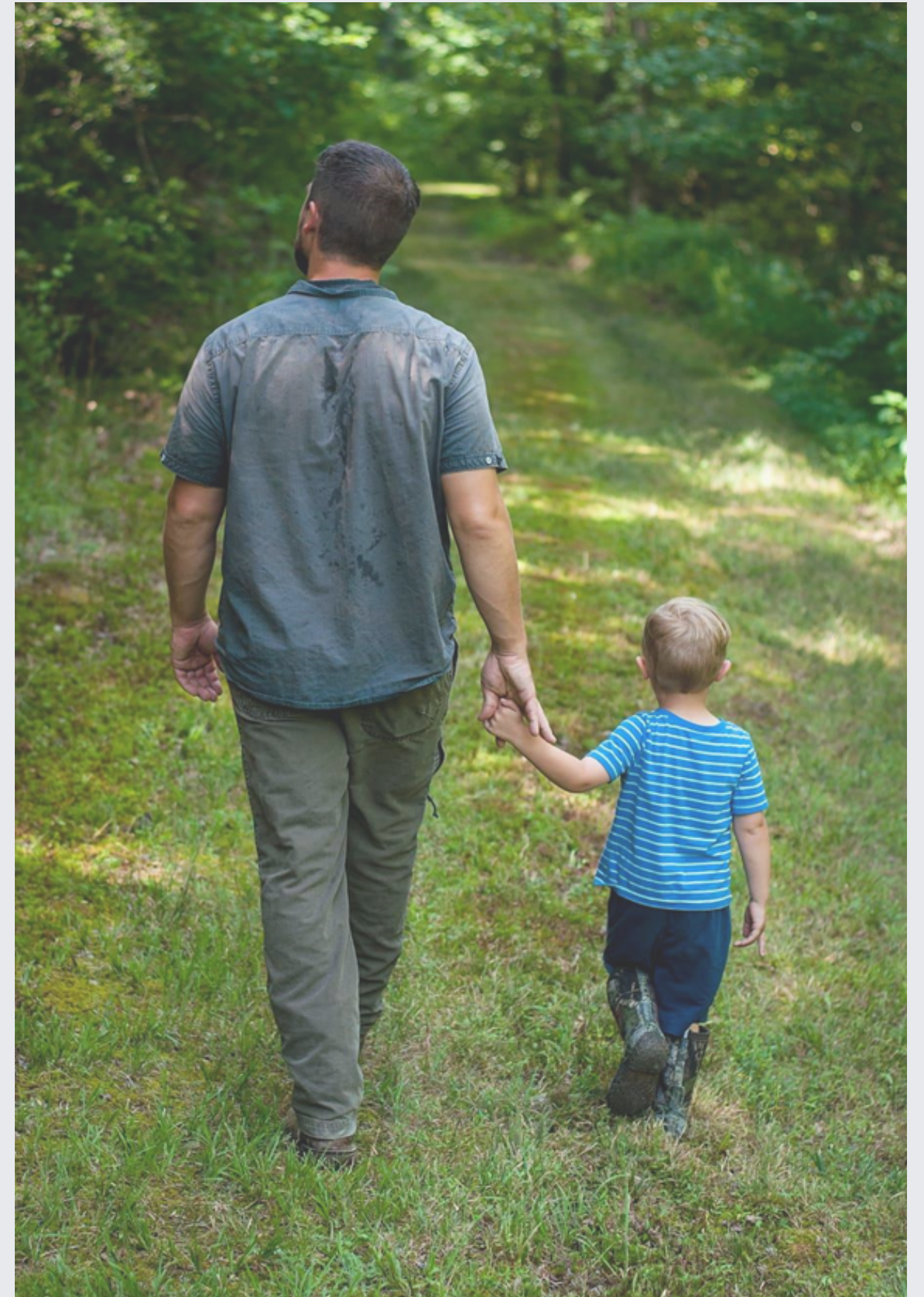
Community
Strengthening

Evaluation

Maine Prevention Councils

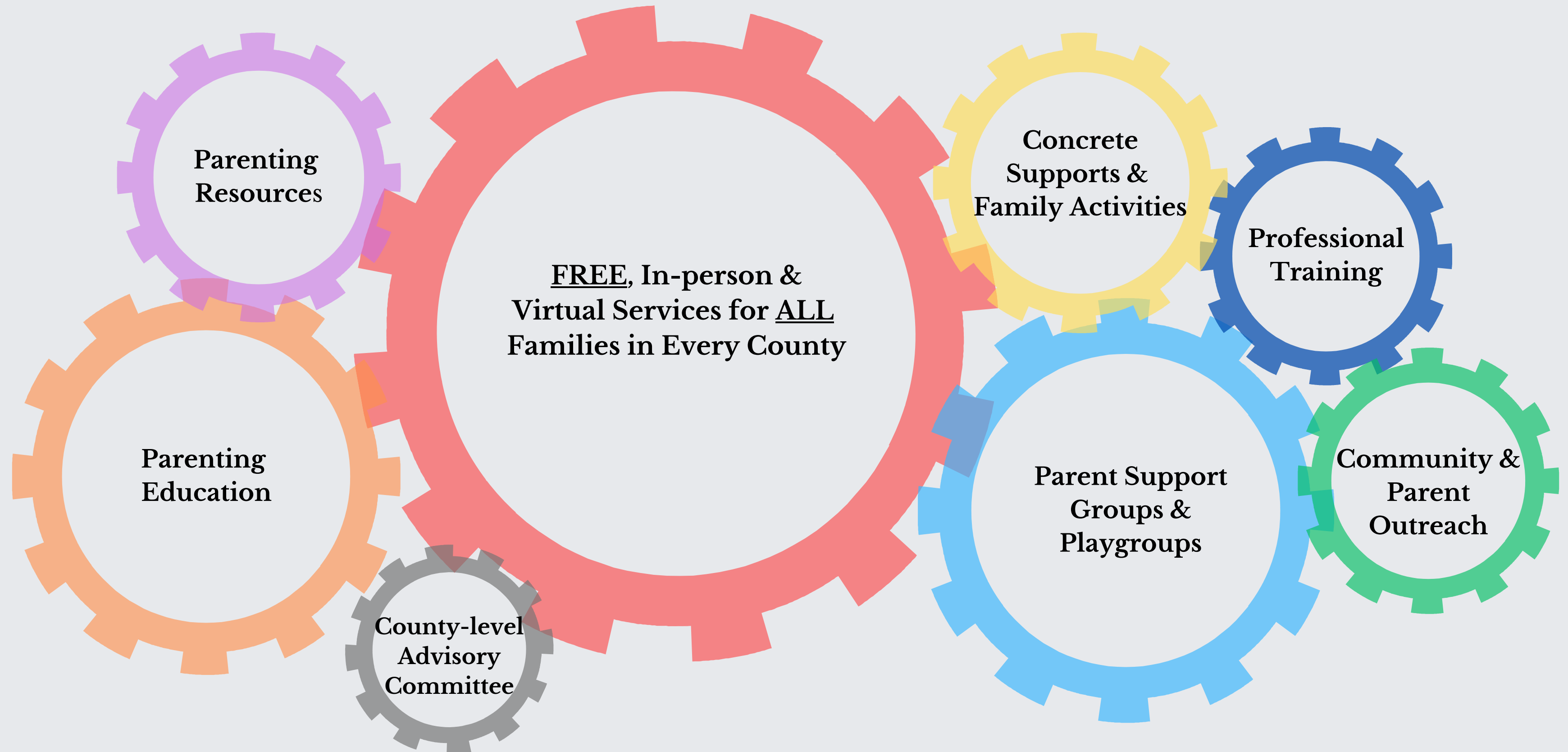
Special Populations Secondary Prevention

- Prenatal Families
- Fathers
- Families impacted by substance use disorder
- Children with special needs
- parents with mental health concerns
- Co-parenting
- Grandparents raising grandchildren
- Child Sexual Abuse Prevention for school age children



Maine Prevention Councils

Programs & Priorities Using the Strengthening Families Framework



Advisory Boards/Committees

- Represent the diversity and needs of each county
- Are made up of **300 community and parent leaders**
- Can include members from:
 - Child welfare staff from OCFS;
 - Homeless youth serving organizations;
 - Faith-based organizations;
 - Youth, family, and parent organizations;
 - Mental health and well-being;
 - Health care;
 - State agencies;
 - And others

CAP Month



APRIL
Child Abuse
PREVENTION
Month!

Supportive Communities
& **Strong** Families Prevent
Child Abuse & Neglect

Maine Prevention Council Data Collection

Each year, the Prevention Councils input their Prevention Plan in the Prevention Council Electronic Data System.

Prevention Plan Strategies must include:

- Primary Prevention
 - Parenting Education
 - Professional Trainings
 - Public Awareness
 - Collaborations
 - Referrals
 - Community Requests
 - Concrete Supports - Cribs for Kids
- Secondary Prevention
 - Parenting Education
 - Collaboration
- Other Parent Supports and the Healthy Relationships Project are optional strategies

Within the Prevention Plan Strategies:

- SMART goals are used to establish goals for each strategy
- Protective Factors of focus are identified
- Planned frequency per quarter of each strategy is estimated
- Planned count per quarter of audience numbers (ex. parents/caregivers) are estimated
- Engagement plans for strategies are outlined:
 - Partnerships, marketing/recruitment, location, materials needed, and how to assess if the plan is working

Reports built in the electronic data system are utilized by MCT to analyze Prevention Council reach and impact.

Maine Prevention Council Reach

In program year 2022-2023, the Prevention Councils:

- provided 392 trainings in Period of PURPLE Crying, Infant Safe Sleep, Protective Factors, and Mandated Reporting, with Mandated Reporting reaching 1,794 participants.
- provided 333 multi-session, evidence-based parenting education to 1,690 caregivers.
- reached over 17,569 children and caregivers through other parent support activities.

Additional CBCAP Supported Initiatives



- Launched in 2020, is a community-based primary prevention initiative based on the belief that everyone can become more aware of how to help support children and families in their own community.
- Workshops provide ordinary citizens with the knowledge, training, and encouragement they need to become involved in supporting children and families to help prevent abuse and neglect *before* it occurs.

Parent Leadership

- MCT and the Prevention Councils are committed to high-quality practice through parent voice and leadership, and hold that this is foundational to family and community well-being practices.
- Parent leaders use their knowledge, skills, and experience to take on meaningful leadership roles to help shape the direction of services for themselves and other families.

Prevention Mindset Institute (PMI)

- MCT was selected as one of six state CBCAP leads to participate in the Prevention Mindset Institute. This initiative focuses on shifting the collective mindset toward child abuse prevention strategies.
- The initial team included the Associate Director of Child Welfare, the Family First Prevention Services Program Manager, a parent leader with lived experience, a local Prevention Council staff person, as well as the Executive Director and Assistant Director of the Trust.

Maine Children's Trust - Partners in Prevention

- Adoptive & Foster Families of Maine Inc. & The Kinship Program
- Alford Scholarship Foundation
- Count ME In
- Daniel Hanley Center for Health Leadership
- Department of Public Safety
- Family Child Care Association of Maine
- Fight Crime: Invest In Kids
- Kennebec Savings Bank
- KidsPeace Foster Care and Community Programs
- Maine Association for the Education of Young Children
- Maine Association of Nonprofits
- Maine Association of Psychiatric Physicians
- Maine Bankers Association
- Maine Chapter, American Academy of Pediatrics
- Maine Chiefs of Police Association
- Maine Children's Home
- Maine Coalition Against Sexual Assault
- Maine Council of Churches
- Maine Osteopathic Association
- Maine Parent Federation
- Maine Roads to Quality Professional Development Network
- Maine State Library
- Maine State Parent Ambassadors
- MaineHealth
- Maine Coalition to End Domestic Violence
- Maine Primary Care Association
- Mission: Readiness
- NAMI Maine
- National Association of Social Work Maine Chapter
- ReadyNation
- Sweetser



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Questions and Peer Sharing



Children's Bureau Updates

Emily Fisher

Julie Fliss

Opportunity to Provide Feedback

Please take a moment to scan the QR code and fill out our short evaluation.

Your participation in the evaluation will help us to improve our future Peer Learning Calls.



SCAN ME