



# CONNECTING WITH YOUR CHILD

## CONVERSATION PROMPTS

*Being intentional and specific when asking questions will allow you to facilitate meaningful conversation, aiding in your child's development as an individual as well as your growth as a strong, happy, and connected family.*

### QUESTIONS TO HELP SHOW GRATITUDE

- What are some things you feel grateful for today?
  - What are some things that you don't need, but you're really happy to have?
  - What's the nicest thing someone has ever done for you?
  - What are some things that are easy to complain about, but can actually be really great?
  - Who is someone you would like to send a thank you card to? Why? (*Encourage them to write it & offer to help!*)
  - What was the best part about your day? Why?
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