



COVID-19 Resources

for parents and professionals

The COVID-19 pandemic has impacted us all and we hope that you and your loved ones are safe and healthy.

As many struggle to find a new normal during this uncertain time, the Children's Trust staff have been hard at work vetting and compiling lists of the very best resources available to help you manage.

Below, please find links to webpages full of excellent resources for both parents and family support professionals. We know that the work never stops and, in fact, grows even more important during a crisis. We hope the resources outlined on these lists help as you navigate the coming days and weeks.

[Resources for parents](#)

[Resources for professionals](#)

Please come back frequently as these pages will be updated regularly. And, feel free to [email us](#) if you know of an exceptional resource that should be added to either list!

WGBH features a Children's Trust parenting expert

What can parents do to keep their kids (and themselves) calm and collected during

this outbreak? [To hear directly from one of our family support professionals with helpful tips, listen to this recent interview on WGBH.](#)

[Make a Donation](#)



The Children's Trust is on a mission to stop child abuse.

No one is more important in the life of a child than their parent. The best early education programs, doctors, and mentors cannot undo the damage caused by an abusive or neglectful parent. That's why our programs work directly with parents to make sure they can do their job well.