



Identifying and Leveraging Community Assets to Improve Outcomes

Kansas: Kaela Byers, Meghan Cizek, and Melissa Rooker
West Virginia: Kristie Wilson

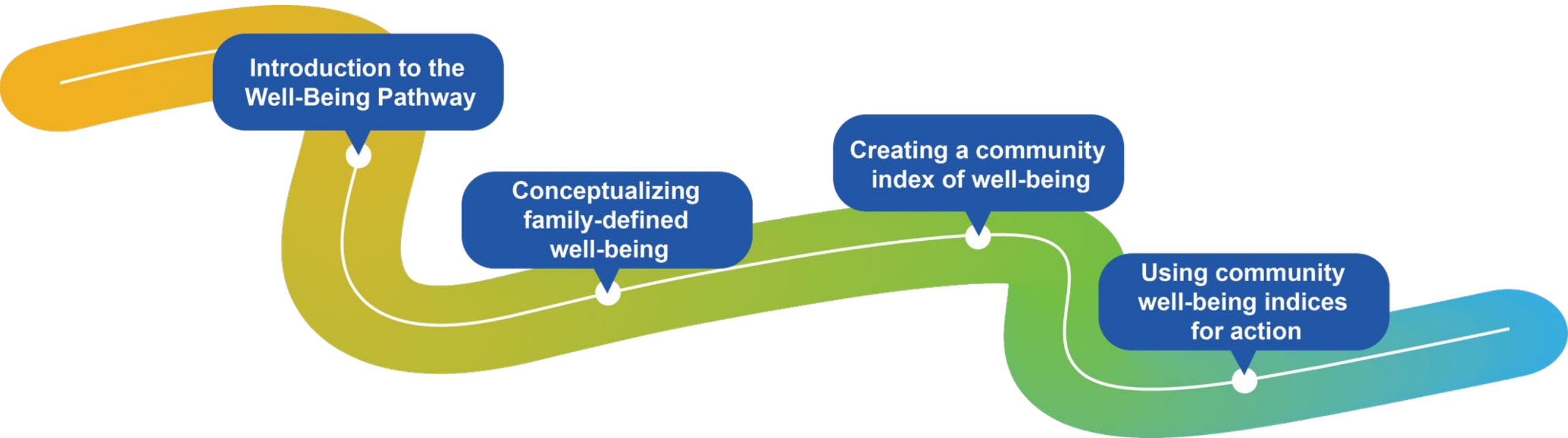


Kansas Well-Being Pathway

CBCAP Annual Grantee Meeting, September 2, 2026



Kansas Well-Being Pathway



Overview

- Human-centered co-design approach
- Strengths-based, community-driven data dashboard and toolkit
- Accessible, actionable, and practical tool measuring population-level well-being
- Designed to spark local, meaningful impact
- Includes scalable approaches for innovation



Our Why

- Local population level data illuminate gaps and opportunities for community-driven prevention
- Provide shared language for working toward shared goals across sectors
- Move away from top-down system planning by putting nuanced and intersectional data in the hands of local communities
- Measure the health of our social fabric



Why community input?

- Definitions of well-being vary and may be incomplete or lack ecological validity
- Data dashboards exist in many forms but can paint an incomplete picture of well-being
- Lived expert perspectives are a central pillar of best practices in system design and must be considered in measurement strategies



Conceptualizing Well-Being

Two-Pronged Approach

1. Literature Review

Identified recurring wellbeing factors (e.g., housing, healthcare, financial security, safety, social supports, etc.)

2. Discovery Sessions

Identified the conditions systems, and supports that contribute to well-being in their daily lives (e.g., Supportive policies, sense of community, emotional support)

Outcome

Grounded well-being domains informed by literature and lived realities

Key Features

- Multidimensionally measures indicators of well-being in six domains
- Strengths-based framing with action orientation
- Defined by family perspectives, combined with evidence



Using The Pathway

- Publicly available, user-friendly tool
- Complementary when paired with other dashboards and data for comprehensive view
- Supports strengths-based assessment and action planning
- Builds community capacity to improve child & family well-being through knowledge, resources, and connection
- Applicable for many use cases with practical impact at the community level



KANSAS CHILD & FAMILY

Well-Being Pathway

*A county-level guide to the well-being of
Kansas children and families.*

We asked Kansans...

What does, "well-being" mean to you?

The Well-Being Pathway compiles answers and insights from Kansans into **six dimensions of well-being** and displays a variety of related data indicators for each Kansas county.

Choose a county below to see a snapshot of data and ideas for contributing to child and family well-being. [Learn more](#) about the Well-Being Pathway and [what is being measured](#).



Choose a County

Choose a county

Search or select a county...

How is Well-Being Measured?

Well-Being Scale

For each county, the six dimensions of well-being—Health, Community, Environment, Financial, Learning & Development, and Family & Household—receive a score of either **"Getting Started," "Strengthening,"** or **"Excelling."** This score on the Well-Being Scale is based on publicly available data of indicators. Learn more about the [data](#).

What Will You Find Here?

When you click on one of the six dimensions of well-being, you'll find an overall Well-Being Score for the county and a data dashboard of indicators contributing to child and family well-being. You'll also learn about example initiatives from across the state and ideas for action steps you can take to strengthen well-being in your community.

KANSAS CHILD & FAMILY Well-Being Pathway

[Back to all counties](#)

Sedgwick County

Search or select a different county...

Sedgwick County Demographics

Based on 2025 Census Data



POPULATION

524,810



CHILDREN UNDER AGE 6

33,680



MEDIAN INCOME

\$67,675



TYPE OF COUNTY

Urban

Here, you can see how Sedgwick County performs in each of the six dimensions. Click on any dimension below to find out how the county scores on specific indicators and explore potential steps for improvement.

[Explore Child & Family Well-being Pathway Scores](#)

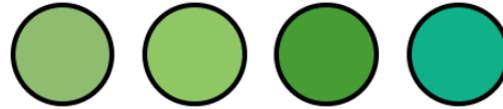
Well-Being Scale

Our research focuses on six key dimensions that are vital for children's well-being: Family, Community, Environment, Health, Education, and Financial. Within each of these areas, we examine various indicators that affect children's lives. To see how a county measures up across all dimensions and their respective indicators, simply select it from the dropdown menu above.



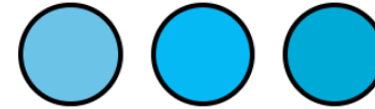
Getting Started

The county is in the early stages of addressing the needs of children and families with significant gaps in resources and support, a need for greater infrastructure, and community collaborations.



Strengthening

The county is making good progress but still has room for improvement with a solid foundation. Some areas may require further development to ensure consistent access to services and improved well-being outcomes.



Excelling

The county is meeting the needs of children and families. The county demonstrates strong outcomes in key well-being indicators, with minimal gaps or barriers.

[Choose a County](#)

At the Dimension-Level

- Overall dimension score
- Individual indicator scores



SEDGWICK COUNTY

Environment

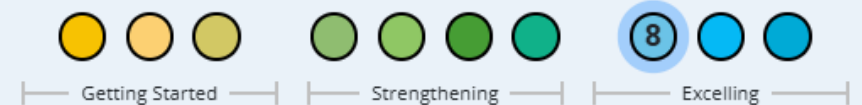


Communities excel when their spaces and places promote health, safety, and opportunity, for example, walkable neighborhoods, clean drinking water, dependable crisis response, and reliable access to food, parks, and public spaces.



Built Environment

The **Built Environment** indicator measures a community's human-made and natural surroundings that support mobility, access to resources, and opportunities for connection, health, and wellness.



Take Action

Ideas for communities, organizations, and decision makers:

EXCELLING

At the Indicator-Level

Take Action ideas for..

- Communities
- Organization
- Decision makers

How do we measure this?

- Data sources and descriptions

Food and Water Security

The **Food and Water Security** indicator measures residents' access to nutritious food and safe drinking water, in support of healthy, active living.

Getting Started — Strengthening

Take Action

Ideas for communities, organizations, and decision makers:

- Communities can incorporate [safe drinking water](#) into community events or school curriculum and extension offices to [establish farmers markets](#).
- Organizations can develop culinary skills training and nutrition education workshops from [USDA Water and Environment Program](#) to help communities develop safe drinking water systems.
- Decision makers can partner with Kansas State University to educate residents about water quality and establish a [Food Policy Council](#) to establish a [Food Policy](#).

How do we measure this?

The **Food and Water Security** indicator reflects residents' access to nutritious food and safe, affordable drinking water at the county level. Measures were shaped by definitions developed through lived experience, supported by public health and environmental research, and finalized based on statistical contribution to the overall model. They include:

- **Percent of low-income population living near a supermarket**, from the USDA Food Access Research Atlas.
- **Percent of households not reporting food insecurity**, from CDC PLACES.
- **Average household spending on food**, from Kansas Health Matters.
- **Percent of food spending spent on food at home**, from Kansas Health Matters.
- **WIC participation per 1,000 population**, from Kansas Health Matters.
- **Drinking Water Quality Environmental Justice Index (reverse-coded)**, from EPA EJ Screen.

Population denominators use ACS 5-year county-level estimates to ensure comparability across counties.

Data scope and suppression: The USDA Food Access Research Atlas identifies low-income and low-access areas based on proximity to supermarkets. CDC PLACES provides model-based estimates for food insecurity derived from BRFSS survey data. Kansas Health Matters indicators are drawn from state and federal administrative sources, which may lag or be suppressed for small counties. The EPA EJ Screen index measures drinking water system noncompliance; reverse-coding ensures that higher scores indicate better drinking water conditions.

Updates: USDA Food Access Research Atlas is typically updated every few years (2019 data used here). CDC PLACES, Kansas Health Matters, and EPA EJ Screen dashboards are updated annually. The current version uses 2023–2024 data where available.

Sources:

- [U.S. Department of Agriculture – Food Access Research Atlas](#)
- [U.S. Centers for Disease Control and Prevention \(CDC\) PLACES](#)
- [Kansas Health Matters](#)
- [EJSCREEN: Environmental Justice Screening and Mapping Tool | US EPA](#)

Bright Spots

- Find another community to partner with in Bright Spots.
- Share feedback and new bright spots.

Health Bright Spots

Explore ways Kansans are increasing well-being across the state:

- The [Growing babies, growing hope](#) program is helping new and expecting parents learn skills and access resources to address stress, anxiety, and depression. Participants in Baby Talk prenatal classes statewide--who screened positive for perinatal depression, anxiety, or substance use--can receive free kits by mail that support mental health and suicide prevention among new mothers.
- The [Mobile Clinic of the Lawrence-Douglas County Public Health department](#) offers immunizations, routine check-ups, and STD/STI testing. The mobile unit visits the Lawrence Community Shelter once a month for no-cost, on-site clinical services and travels throughout Douglas County.
- The Kansas Infant and Death and SIDS Network hosts [Community Baby Showers for Safe Sleep](#) for new or expectant parents and community service providers to learn about infant safe sleep and maternal-child health.

Do you have an initiative or project you'd like to share? [Click here to submit a bright spot.](#)

Key Features for Sparking Action

- Crowdsourced content
- Local county-level data insights
- Concrete ideas for taking-action
- Bright spots for scaling and celebration
- Prevention-focused system metrics
- Commitment to ongoing community engagement



Questions & Contact Information



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Together We Can
Do Great Things
For West Virginia

WEST VIRGINIA

PENNSYLVANIA

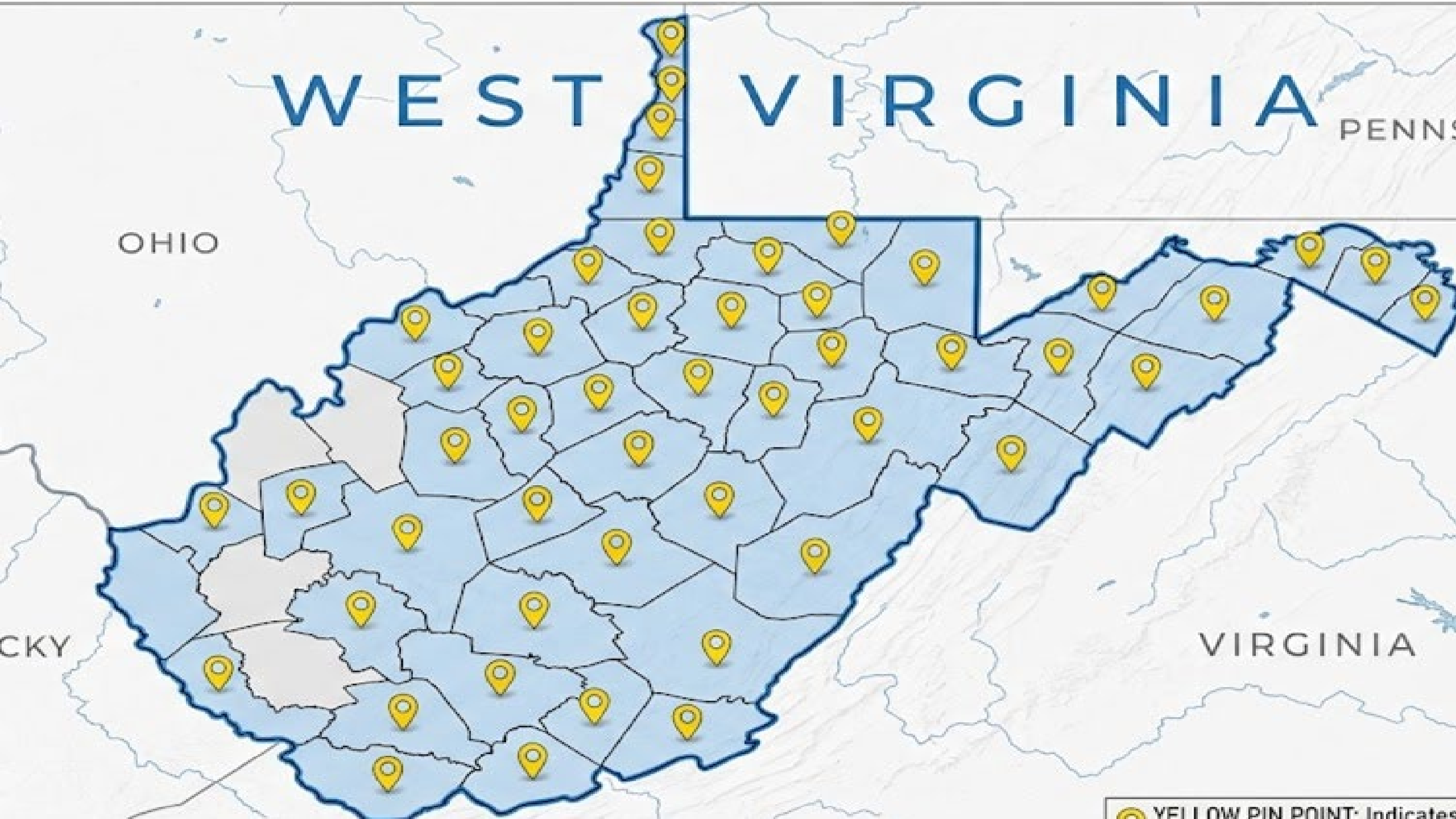
OHIO

MARYLAND

VIRGINIA

CKY















(USPS 425-240)

THE PENDLETON TIMES

Serving the Community since 1913

\$1.00

Volume 112, Number 37

Franklin, Pendleton County, West Virginia 26807

Thursday
September 11, 2025

SPOKES Program Teams Up with Pendleton County Family Support Center for Adult Education Opportunities

By Stephen Smoot

Although many parts of West Virginia still offer valuable opportunities for jobs and careers, many who would benefit still find barriers in their path. Sometimes that comes in the form of lacking skills needed to break into an in-demand position. Others find that they need to develop interpersonal communication skills to even get consideration in the first place.

Unfilled opportunities also mean longer waits for needed business services, such as health care, home construction or refurbishing, and automobile repair. Those not filling them also miss out on establishing a career in which they can thrive and support a family.

The Eastern Panhandle Instructional Cooperative supports the State's educational system and needs in this section of West Virginia. EPIC serves Berkeley, Grant, Hampshire, Hardy, Jefferson, Mineral, Monongalia, Morgan, Pendleton and Tyler counties, as well as the West Virginia Schools for the Deaf and Blind and multi-county vocational centers.

John Holmes, regional adult educa-



Anthony Bonner from Eastern Action, Edna Mullenax from the Pendleton County Family Support Center, John Holmes from EPIC and Jenny Tingler from Eastern Action discussed the details of implementing the SPOKES program in Franklin in the near future.

Eligible participants will come from those enrolled in the WV Works program, part of which distributes funds from the the Temporary Assistance for Needy Families. Many of these participants also qualify for food stamps and Medicaid. SPOKES represents a vital part of the WV Works mission, which includes, as the website states "educational programs including assessment, vocational training, college, job skills related to employment, and education related to employment."

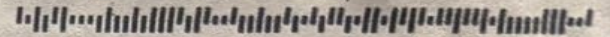
Eastern Action will serve as a partner with EPIC and the West Virginia Department of Human Services to help ensure that the program has the best possible impact.

The Franklin FSC will host the program to help those with limited access to transportation and cannot get to the "brick and mortar facility" in Moorefield. Holmes noted that SPOKES clients would have a particularly tough time getting there.

Holmes also shared that SPOKES "is the brainchild of Tina Faber." Faber serves as director of the Division of Family Support, Bureau of Family Assistance in the Department of Human Services.

Continued on Page 7

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9/16/2026
PEND CO FAMILY SUPPORT CENTER
PO BOX 213
FRANKLIN WV 26807-0213





The Family Support Center welcomed Pendleton County commissioners, the county administrator, Eastern Action officials, and the community as a whole to their SPOKES open house.

Pendleton County FSC Thanks Commission For SPOKES Support at Open House

By Stephen Smoot

in Franklin, went on to say that program







Ask a Lawyer

Free through our Recovery Legal Support Project



About Our Project

A partnership between Legal Aid of WV and the City of Moundsville, we help residents in recovery receive free, brief civil legal information or advice from a lawyer at legal clinics

Location

Marshall County FRN
1501 2nd Street
Moundsville, WV 26041

How We Can Help

Our attorneys can help with legal issues like:

- Expungements
- Driver's License Issues
- Government Benefits
- Child Custody
- Child Support
- Divorce
- Basic Wills
- Rental Housing Issues



Dates & Times

Thursday, August 27
4:00 - 6:00 p.m.

Thursday, Sept. 17
2:00 - 4:00 p.m.

Thursday, Oct. 15
4:00 - 6:00 p.m.

Thursday, Nov. 5
2:00 - 4:00 p.m.

Schedule Your Appointment

Walk-ins are welcome, but to make sure you talk to a lawyer, you can schedule an appointment. To get an appointment, please call the **Legal Aid of WV Wheeling Office at (681) 322-1422 .**





RESOURCE PANTRY

WE'RE GOING MOBILE!!

LOOK FOR THE LIL' WHITE BUS COMING TO YOUR AREA ...



**FALLS VIEW • SMITHERS
MONTGOMERY • ARMSTRONG CK.**



Our Mobile Resource Pantry offers hygiene, cleaning & baby supplies from 10a-12p the following days and locations:

1st Friday of every Month – FALLS VIEW

(Old Falls View School Parking Lot)

2nd Friday of every Month – SMITHERS *(Grants Parking Lot)*

3rd Friday of every Month – MONTGOMERY

(10a-11a Upper End - Archie Talley Bldg. Parking Lot)

11a-12p Lower End - Former Dollar General Parking Lot)

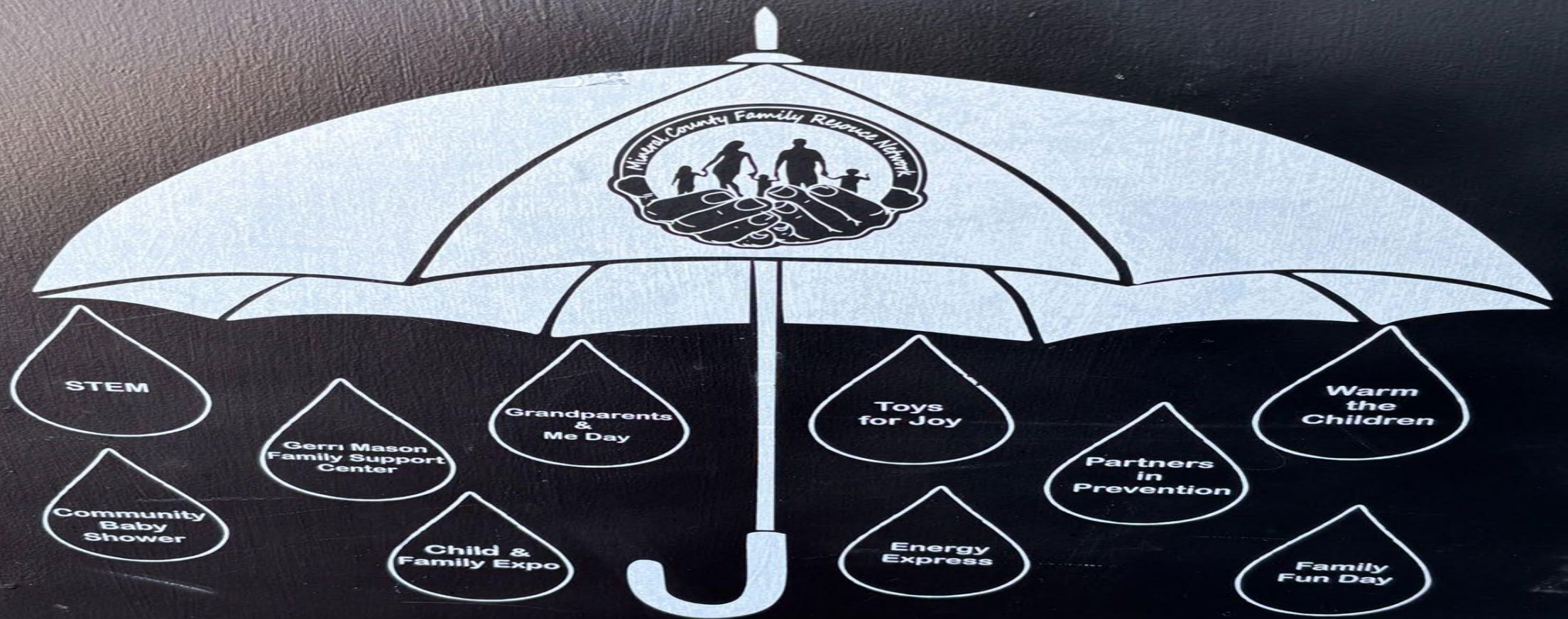
4th Friday of every Month – ARMSTRONG CK. *(Fire Dept.)*

Please visit our Facebook page (Fayette Co. Starting Points Family Support Center) for updates on any rescheduled Fridays!

You can also visit our pantry in-person!

Pantry hours are Tuesdays, Wednesdays and Thursdays from 9am-2pm and by appointment. For more information, please contact our Resource Coordinator, Desiree Miller at 304-442-0043.

**108 Walnut Street
P.O. Box 5033
(former GBES)
Gauley Bridge, WV
25085
304-442-0043 (p)
304-442-0044 (f)**



Mineral County, West Virginia





WEST VIRGINIA DEPARTMENT OF
**HUMAN
SERVICES**



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