

Family Resource Center Discussion Series
Session 4: Sustainability

September 23rd, 2024



How to Participate in Today's Discussion Session

Participant audio will be muted. Participants will be encouraged to unmute their lines to participate in discussion throughout the session.

We will also be monitoring questions through the Chat box and answering them at designated times during the discussion.

This session is being recorded and will be available for viewing once it has been archived. We will notify everyone by e-mail when it is available.



**Family Resource
Center 4-Part
Discussion Series**

Session 1 – An Introduction to FRCs and FRC Networks
December 2022 – available in Media Library

Session 2 – Collaboration & Expansion
June 2023 – available in Media Library

Session 3 - Evaluation
April 2024 – available in Media Library

<https://friendsnrc.org/media-library/>



Family Resource Center Discussion Series

Sustainability Large Group Discussion

Question:

How is your state considering/planning to use CBCAP funds to sustain Family Resource Centers?



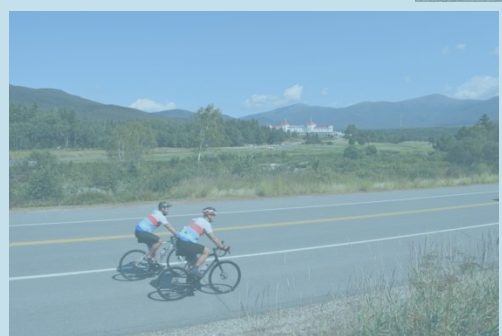
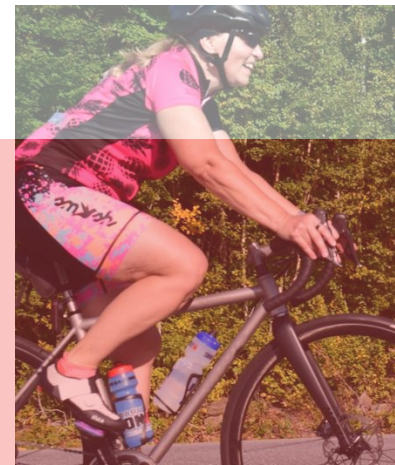


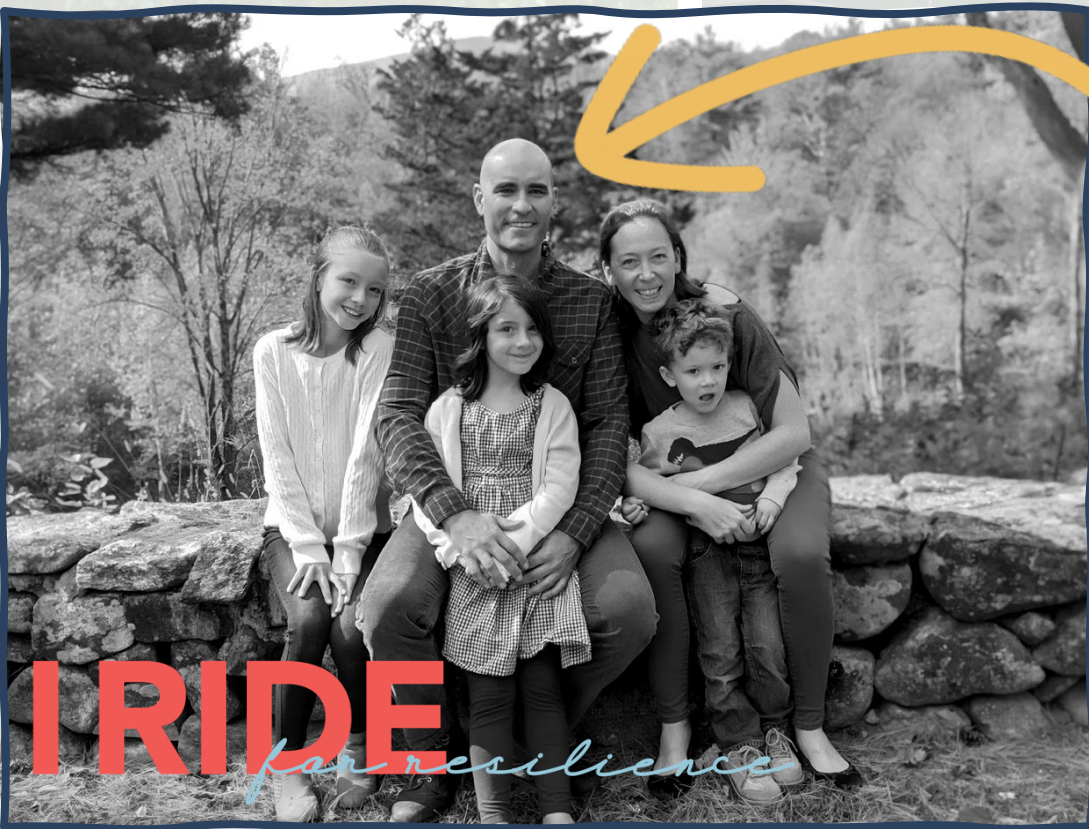
NEW HAMPSHIRE Children's Trust

New Hampshire chapter of  Prevent Child Abuse
America





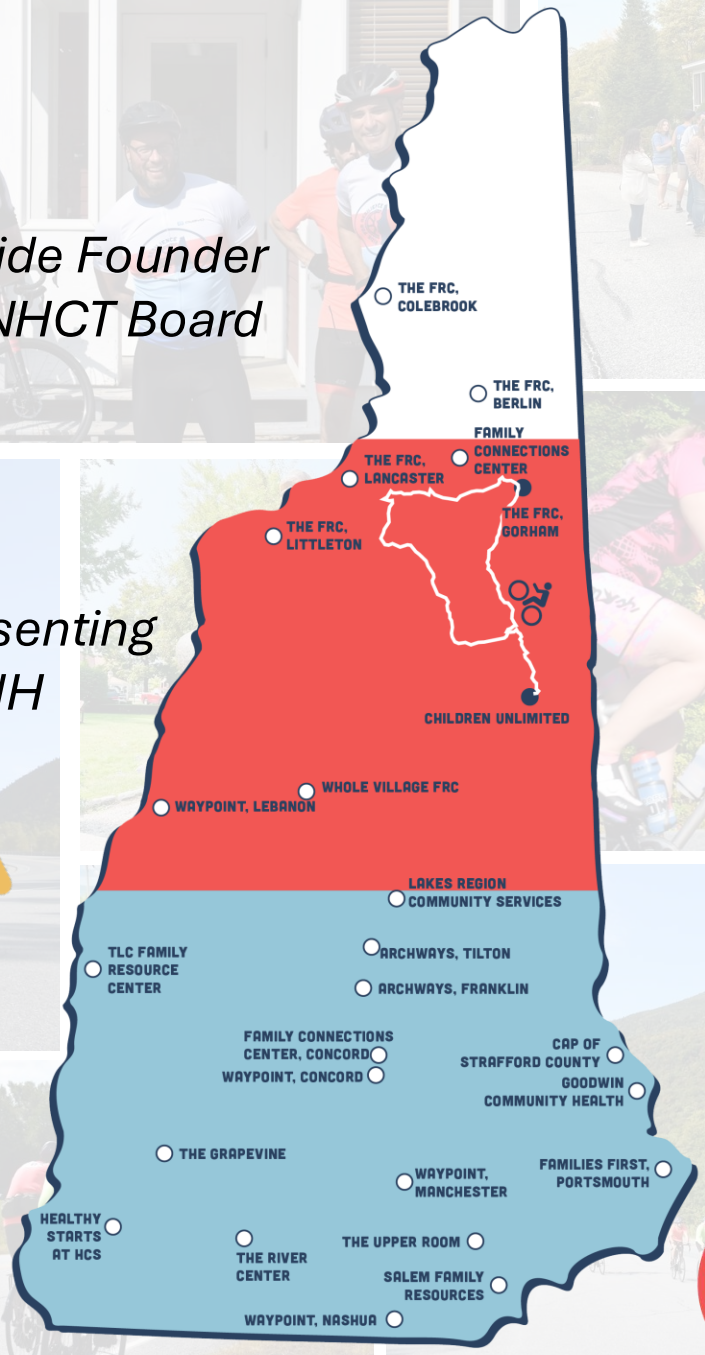


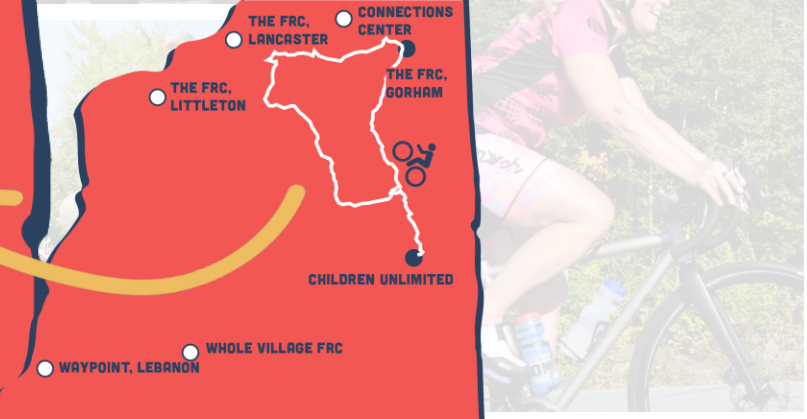
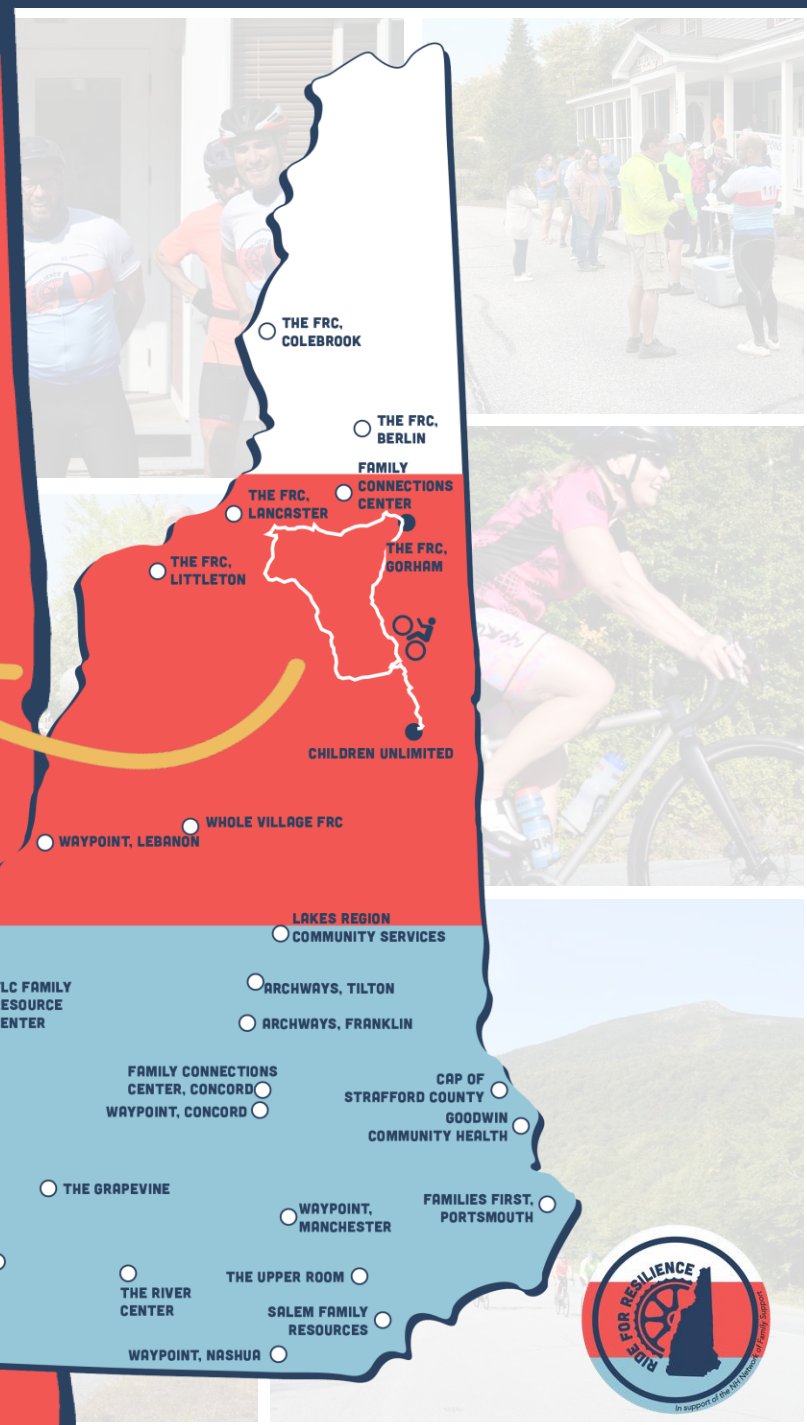
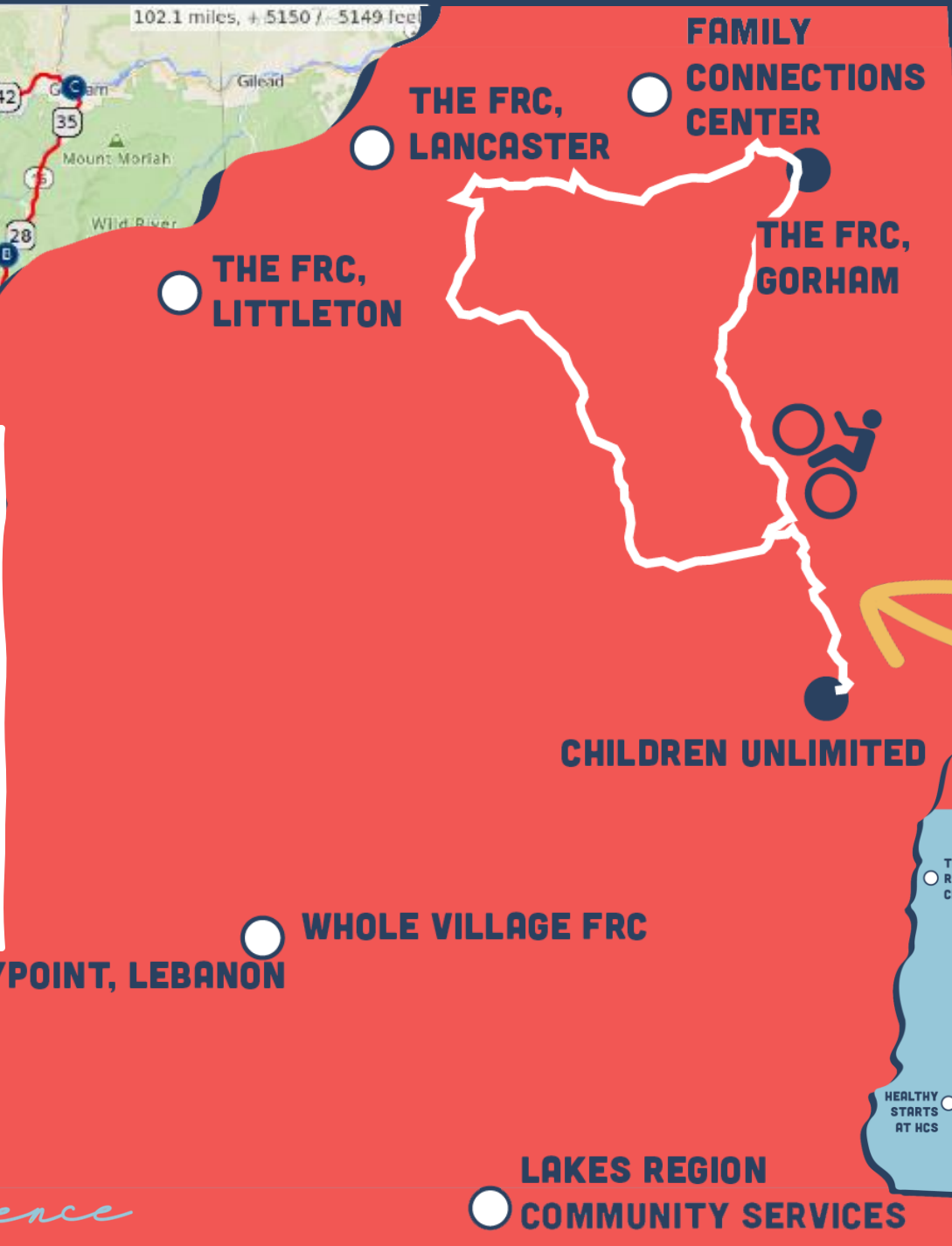
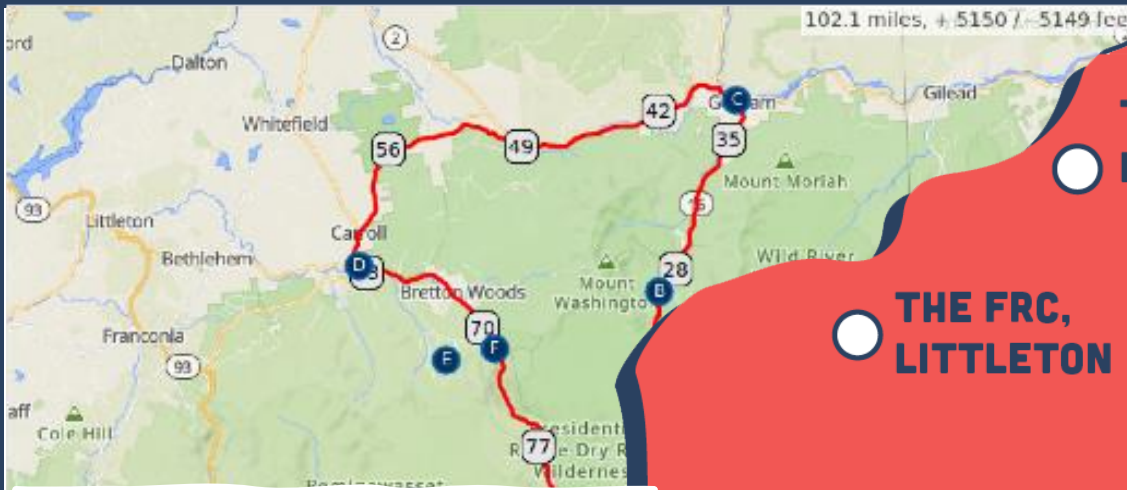


I RIDE
for resilience

Mark KNIGHTS, Ride Founder
Vice President of NHCT Board

The Riders, Representing
FRCs throughout NH





4th Annual Ride for Resilience September 13, 2024



The Ride for Resilience is a 100-mile charity bike ride that benefits New Hampshire's Network of Family Support Centers, those organizations who work to create safe, stable, and nurturing environments for children. What better way to show your family strength and resilience than by cycling Family Resource Center during a beautiful early fall ride.

On September 13, 2024, the Ride will tour New Hampshire's White Mountain Regions and showcase Family Connections Center at Children Unlimited Family Resource Center of Northern NH in Gorham. The day promises to be scenic and beautiful vistas, route support and rest stops, and a fun end of the ride.

For more Ride information visit: nhchildrenstrust.org/ride-for-resilience

Because this is a fundraising event, rider participation comes with a cost. Minimum amounts in support of benefiting organizations. Also, please wear your seat belt. It is an enjoyable day focused on strengthening families and building communities.

FAQs:

- Registration fee of \$100 is non-refundable and non-transferable
- Riders must be 18 years or older to register
- Helmets are required
- Suggested minimum fundraising amount \$500 (with an incentive to raise \$1,000 or more for an official Ride jersey)
- Start time is 7:30 AM at Children Unlimited in Conway
- The route is ~100+ miles with an elevation gain of ~5,150'
- A block of hotel rooms will be set up for Riders in the Conway area
- In the case of serious inclement weather, rain date scheduled for Friday
- There will be an after-Ride celebration in Conway following the Ride

Sign up today!

To register go to: <https://www.bikerseg.com/>
Questions? Contact Kat Challis at kchallis@nhchildrenstrust.org

NEW HAMPSHIRE
Children's Trust
New Hampshire chapter of Prevent Child Abuse

I RIDE for resilience

RIDE FOR RESILIENCE SEPTEMBER

Sponsorship Deadline: August 1, 2024



Now an annual event connecting Family Resource Centers across the Granite State, NH Children's Trust's Ride for Resilience highlights family strength and the many ways New Hampshire's Network of Family Support helps build individual, family, and community resiliency!

On September 13, riders are hopping on their bicycles and pedaling 100 miles to raise awareness about the statewide resources available to all NH families. Everyone plays a role in prevention, and we would love to have your support for this year's ride to help us raise awareness about all the great family strengthening work being done throughout the state's network of Family Resource Centers!

Sponsorship Opportunities	Community \$5,000	Family \$2,500	Friend \$1,000	Neighbor \$500
Recognition on event promotional materials	Top Jersey Logo	Jersey Logo		
NH Family NOW Podcast	30 sec promo	15 sec promo		
Branded items in rider gift bag	✓	✓	✓	
Social media recognition	Exclusive post	Exclusive post	✓	✓
Event press release mention	✓	✓		
Logo & link on event website	✓	✓		



For more sponsorship information visit nhchildrenstrust.org/sponsorship

RIDE FOR RESILIENCE

RIDE ON!

NEW HAMPSHIRE
Children's Trust
New Hampshire chapter of Prevent Child Abuse

WWW.NHCHILDRESTRUST.ORG/RIDE-FOR-RESILIENCE

MEET THE Rider

tlc FAMILY RESOURCE CENTER

Laura

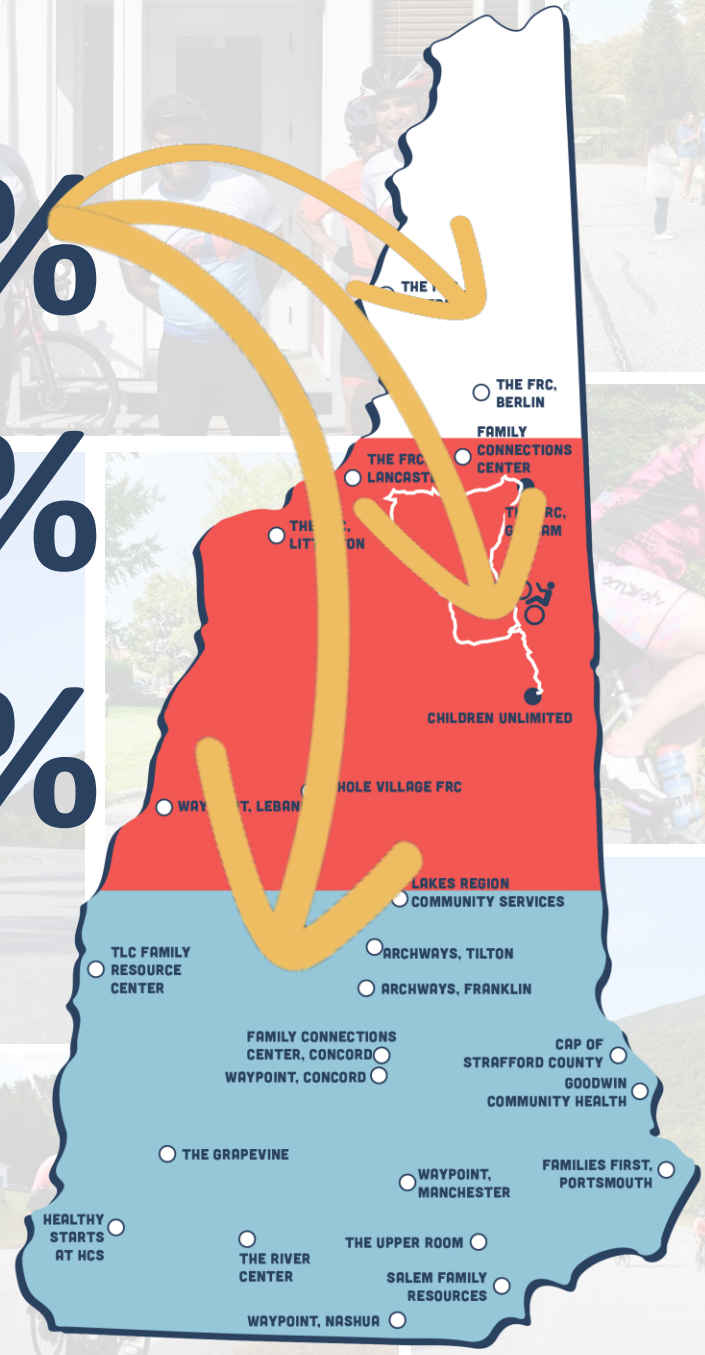
MEET THE Riders



70%

20%

10%



I RIDE for resilience



IN THE NEWS!

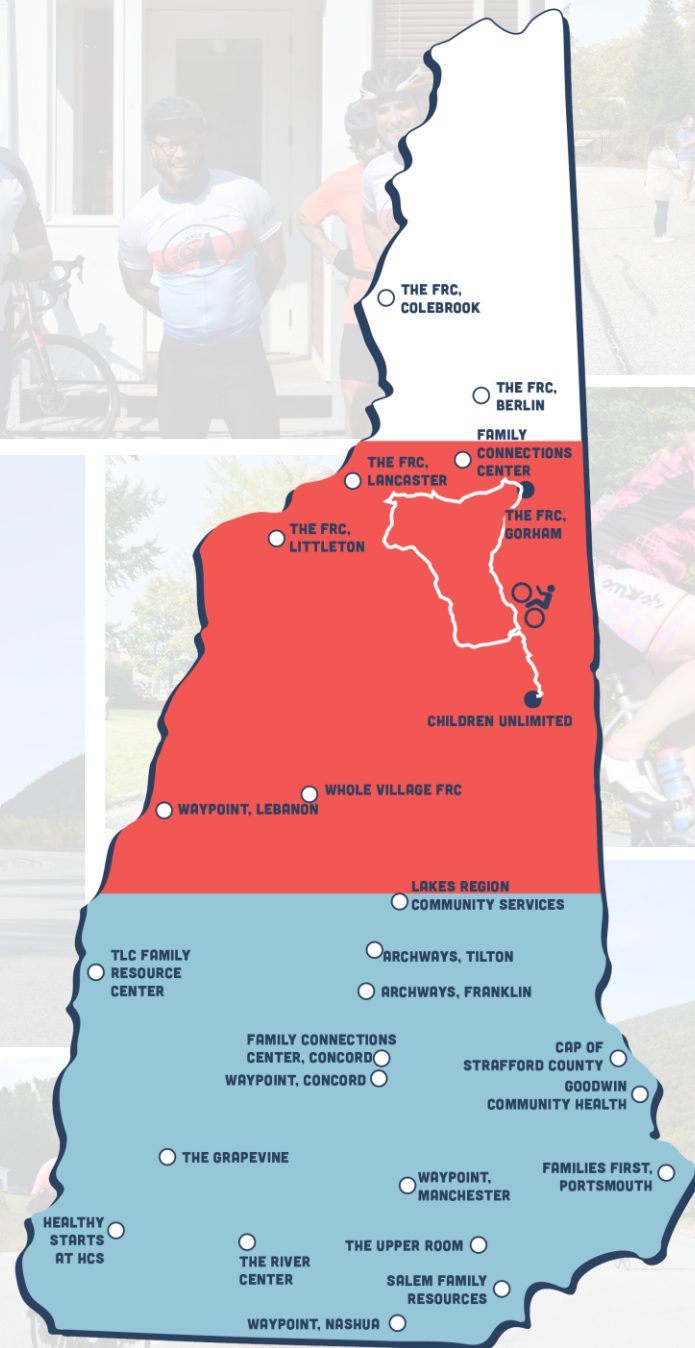
Ride for Resilience rolls through Conway



Cyclists pedal up West Main Street in Conway Village, with Adam Schoff of Bridgton, Maine, in front, for the NH Children's Trust's 4th Annual Ride for Resilience last Friday. The 100-mile charity ride started at Children Unlimited, headed up to the Family Resource Center in Gorham, then back through Crawford Notch to celebrate at Tuckerman Brewing. The group raised over \$24,000 by Friday and donations can be made at nhchildrenstrust.org/ride-for-resilience. (RACHEL SHARPLES PHOTO)



I RIDE *for resilience*





Family Resource Center Discussion Series

Sustainability Large Group Discussion

Question:

What are some creative methods that you have implemented to sustain funding for Family Resource Centers?

Please share examples.





Overview of Family Resource Centers In Wisconsin



CHILD ABUSE & NEGLECT
Prevention Board



Prevention Board

- Independent board
- Advance statewide policy, public awareness and programming to strengthen families and prevent child maltreatment
- 20 members comprised of state government officials, legislators, and public members



Mission and Vision

Mission

- Mobilize research and practices to prevent child abuse and neglect and strengthen families in Wisconsin

Vision

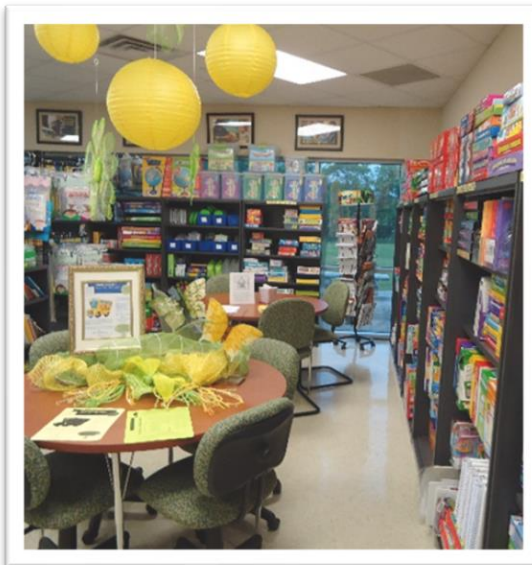
- Every child in Wisconsin grows up in a safe, stable, and nurturing environment

Primary Goal

- Prevent first time occurrences of child abuse and neglect across Wisconsin utilizing strategies that are equitable and inclusive of all rural, suburban and urban communities and residents.



What is a Family Resource Center?



WI Family Resource Center Network

Supporting Families Together Association

(SFTA) is the membership association of Wisconsin's Family Resource Network. In this leadership role, SFTA works to:

- Increase connectedness, coordination, cooperation, and collaboration amongst members
- Provide training and technical assistance to FRC team members

The Child Abuse and Neglect Prevention Board

is a partner agency in the Family Resource Center Network. Their role in the network is to:

- Provide resources (includes funding, training, technical assistance)
- Work on advocacy, policy, and legislation
- Provide and maintain a shared data tracking system

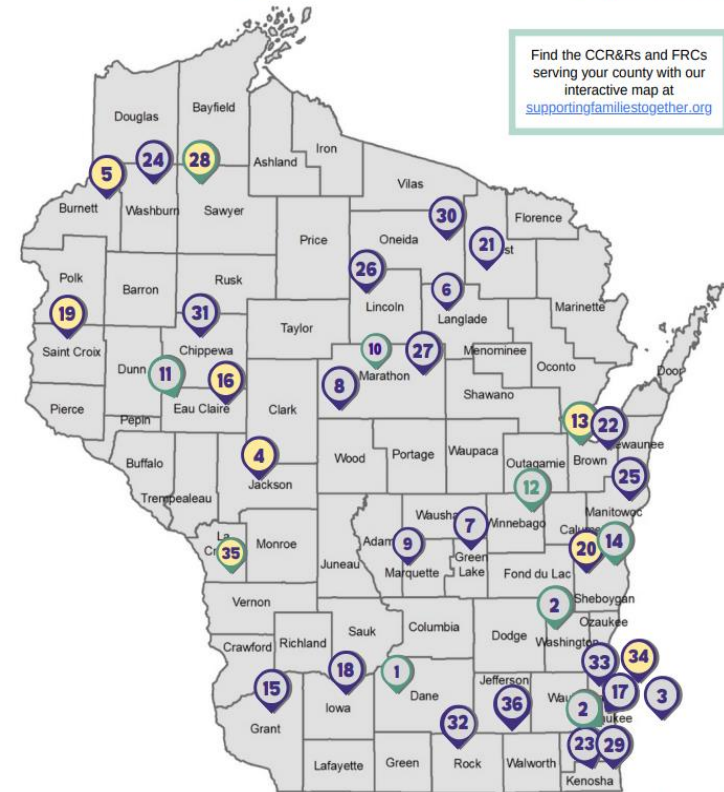


SUPPORTING FAMILIES TOGETHER ASSOCIATION

Member Agencies



Find the CCR&Rs and FRCs serving your county with our interactive map at supportingfamilies.org



February 2024



CHILD ABUSE & NEGLECT
Prevention Board



Child Care Resource & Referral Agency (CCR&R) Joint CCR&R and FRC agency Family Resource Center (FRC) Accredited FRC of Quality

Family Resource Center Core Types of Services



Parenting Support



Resource Navigation Supports



Child Development Activities



Parent Leadership Development



Community Engagement

FRC Infrastructure

SHARED MEASUREMENT

Shared Measurement across all FRCs:
Outcome, Fidelity, & Continuous
Quality Improv.

Uniform Data System

Tailored Measurement for each FRC

CONNECTION TO COMPLIMENTARY SERVICES

Coordinate Continuum of Local, County and
State Services

Referral to Level and type of Services
Appropriate to Family's Need

PROGRAMMING

Local Selection from Uniform Menu of offerings (Below)*

Attention to Non-stigmatizing Universal, Primary Prevention

Regional Coordination with local provision of services/
programming

UNIFORM STANDARDS

Protective Factors Framework

Standards of Quality for Family
Strengthening and Support

FRC statewide Community of Practice

Access to Technical Support and Training

Address Diversity, Equity, and Inclusion

Incorporate Parent Voice and Leadership

Workforce development and alignment
using the Core Competencies for Family
Serving Professionals

Trauma-Informed Care

Child Sexual Abuse Prevention

Wisconsin Family Resource Center Best Practice Model

The Family Resource Center model for best practice outlines the role, foundational principles, and structure of FRCS in Wisconsin.



Family Resource Center
Best Practice Model Brief

https://preventionboard.wi.gov/Documents/CANP_FRC%20Infrastructure_Final_nb.pdf





Standards of Quality for Family
Strengthening and Support



Protective Factors Integration



Diversity, Equity, and Inclusion



Parent Leadership



Professional Development



Evaluation

Action Plan

Standards of Quality for Family Strengthening & Support

Name of Section and Standard (i.e., DEI 1.1) Designate if goal or action item is to meet foundational or high quality	Description of Action or Goal and Action Steps to Take	Protective Factors Connection	Resources Needed? time, support, finances, capacity needed	Timeframe Begin date, target date, by when?	Who is responsible?	Outcomes/Measures/ Verification: How will we know we've done what we set out to do?
DEI 1.2 Foundational Quality	Review written materials for appropriate use of language referring to caregivers -- mother, father, grandparents, kin care providers. 1. Staff and Parents review language and reading level <ul style="list-style-type: none"> Referral form Registration form Promotional Flyers Social Media 2. Make revisions as necessary to reflect diversity, equity and inclusion.	Parent Resilience-honor each family's race, culture, and history Social and Emotional Development of Children -- helping children to develop positive self-identity and to understand and appreciate differences of others.	Staff Time Funding to print updated materials Parent Volunteers	Start: 1/1/2023 End: 5/31/23 Review Annually	Executive Director	

Protective Factors Integration

Name of Protective Factor	Description of Action or Goal and Action Steps to Take	Resources Needed? time, support, finances, capacity needed	Timeframe Begin date, target date, by when?	Who is responsible?	Outcomes/Measures/ Verification: How will we know we've done what we set out to do?
Social Connections	Parent Educators and staff will intentionally facilitate connections between parents in small group activities (e.g. play groups, Triple P DG, Five for families, Parent Cafes 1. All educators and participants will be encouraged to wear name tags at every gathering, to help with learning names and getting to know one another. 2. Parent Educators will encourage consistent	Staff Time	Start: 9/1/23 End: Ongoing, process developed by 12/1/23	Protective Factors Coordinator	90% registrants will receive personal outreach 60% of those contacted will attend the program they registered for 80% of participants will report that they felt connected to other members of the group on Feedback forms

DEI 1 Parent Leadership/Voice Integration

Description of Action or Goal and Action Steps to Take	Resources Needed? time, support, finances, capacity needed	Timeframe Begin date, target date, by when?	Who is responsible?	Outcomes/Measures/ Verification: How will we know we've done what we set out to do?	Notes:
What are the concrete steps we'll take?					
Establish Parent Advisory Group to incorporate a family/community voice into our programming. <ul style="list-style-type: none"> Develop Guidelines and Expectations for the Council (re/attendance, background checks, etc). Select 5 diverse PAG members from among those who self-nominate. Pay PAG members and provide food/child care, education, group outing. PAG will elect officers to run meetings, take minutes, meet with director and input to FRC. Encourage PAG members to participate in FRC events and serve as spokesperson for FRC. 	Staff Time Parent Volunteers	October 1 st January 31 st Ongoing Ongoing Ongoing	Parent Leadership Coordinator Parent Leader Executive Director	1. Complete and share Guidelines and Expectations for PAG. 2. Track the varieties of diversity (rural, grands, race/ethnicity, disability) of PAG members. 3. Pay PAG members and provide food and childcare and education. 4. Elect officers. Meeting minutes to be done each month and shared. 5. Track attendance of PAG members in center events.	

Evaluation

Process Evaluation

Wisconsin Prevention Reporting System

Strong and Stable Families Statewide Survey

<https://storymaps.arcgis.com/stories/4935f4b459fd4f6fbe3cf8e7436a01d1>

What we found ...

- FRCs serve a racially and ethnically diverse population of families
- FRCs serve economically diverse families
- FRC services bolster protective factors



Thank You!

Becky Mather
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608-267-3941

Family Resource Center Discussion Series

Sustainability Large Group Discussion

Question:

How has your state addressed challenges that you have encountered with sustaining Family Resource Centers?





QUESTIONS

PRESENTER CONTACT INFORMATION

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Opportunity to Provide Feedback

Please take a moment to scan the QR code and fill out our short evaluation.

Your participation in the evaluation will help us to improve our future Discussion Series Sessions.



Family Resource Center Discussion Series
Session 4: Sustainability

Thank you!

