Family Resource Center Discussion Series

Session 3: Evaluation

April 29th, 2024



How to Participate in Today's Discussion Session

Participant audio will be muted. Participants will be encouraged to unmute their lines to participate in discussion throughout the session.

We will also be monitoring questions through the Chat box and answering them at designated times during the discussion.

This session is being recorded and will be available for viewing once it has been archived. We will notify everyone by e-mail when it is available.



Family Resource Center 4-Part Discussion Series

Session 1 – An Introduction to FRCs and FRC Networks *December 2022 – available in Media Library*

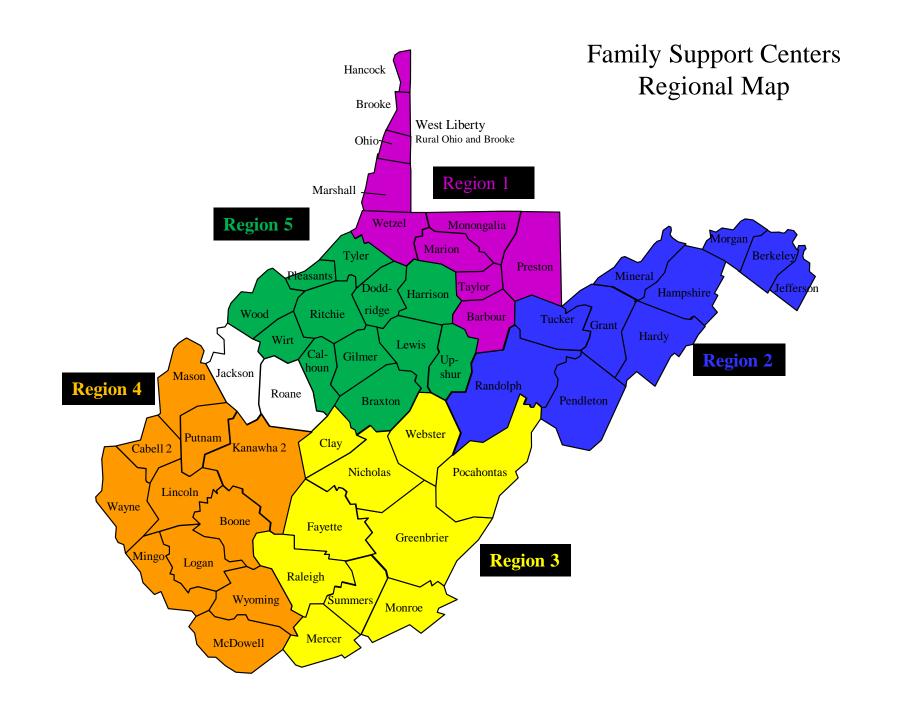
Session 2 – Collaboration & Expansion

June 2023 – available in Media Library

Session 4 - Sustaining Family Resource Centers *Late Summer 2024*



WV Family Support Centers



WV Family Support Center Association By-Laws Approved Oct 20-24

Became a 501(c)3 in 2021

Purpose - 2023

The purpose of the WV Family Support Center Association is to facilitate the strengthening and coordination of Family Support Centers across the state of West Virginia.

Mission

Working together in a unified effort to advance West Virginia's Family Support Centers.

Vision

WV Children and Families are safe, healthy and self-sufficient.

2024 - West Virginia Family Support Center Association is committed to exemplary service delivered with trustworthiness, integrity and compassion. Our centers for families are distinguished by warm, secure and friendly environments. We work with all families regardless of income, race, religion or gender.

Values:

Peer Support and Networking – Increasing connectedness, mutual support, and information sharing with a commitment to advancing and strengthening the FSCA network.

Promotion of Best Practice – Dedicated to raising awareness of quality Family Support through the use of evidenced based curriculum, peer learning, parent involvement, and community engagement.

Evidence based program designs have been and continue to be the blueprint for Success

What are evidence-based programs?

Evidence-based programs are programs that have been standardized, systematized and rigorously evaluated.

STRENGTHENING FAMILIES

WAS FIRST INTRODUCED IN WV IN 2007

IT IS NOW USED IN 31 STATES



The Strengthening Families
Program (SFP) is an
evidence-based family skills
training program for highrisk and general population
families that is recognized
both nationally and
internationally.

Strengthening Families is based on engaging families and communities in building five key protective factors:

social and emotional parental competence of resilience children concrete social support in connections times of need, knowledge of parenting and child development

http://strengtheningfamiliesfoundation.org

PARENTAL RESILIENCE	SOCIAL CONNECTIONS	KNOWLEDGE OF PARENTING AND CHILD DEVELOPMENT	CONCRETE SUPPORT IN TIMES OF NEED	SOCIAL AND EMOTIONAL COMPETENCE IN CHILDREN
Nurturing Parenting Curriculum	Playgroup	Nurturing Parenting Curriculum	Meal Time Community Kitchen	Bonding with Books
Recovery and Life Coaching	Fun Fridays / Magic Mondays	Playgroup	Baby Pantry	Gardens for the People
Resume Writing	Cheap Eats	Healthy Grandfamilies	Back Pack Program	Playgroup
Budgeting	Community Baby Showers	Community Baby Showers	Holiday Helpers	Nurturing Parenting Curriculum
Healthy Grandfamilies	Healthy Grandfamilies	ACEs Education – Project Build	Gas Vouchers	Fun Fridays / Magic Mondays
Parent Resource Navigator	Community Yoga	In Home Family Education	Emergency Food Boxes	
ACEs Education – Project Build	Empower U	Early Childhood Screenings	Information and Referral	Circle of Parent Groups
Client Encounters	Circle of Parents Groups	Family/Community Events	Emergency Household Assistance	Second Step Botvin Life Skills
Life Skills	Nutrition Education			
Social Media	Social Media	Social Media	Social Media	Social Media

Family Supports Centers at work!

First ever playgroup at Pleasants County FSC was a success!!



The Monarch Family Support Center for Berkeley County



Mercer FSC Bunny Bash!





Brooke County Family Support Center

Navigating #fatherhood is a journey that brings people together.

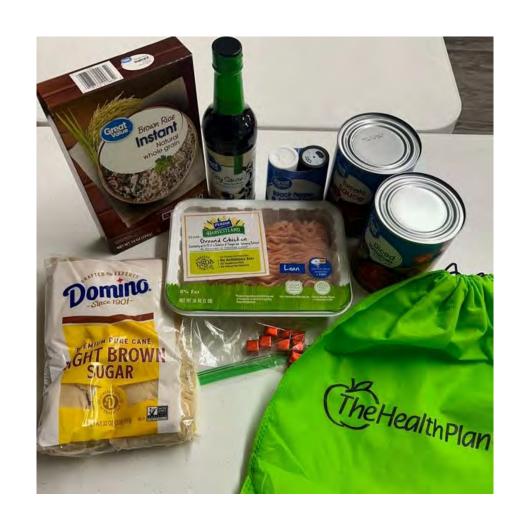


"How to Talk So Your Kids Will Listen"





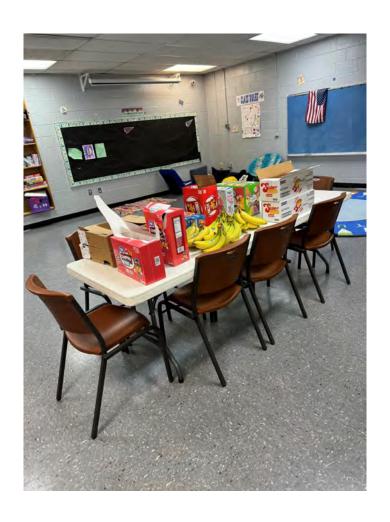
The Marshall County Family Support Center (FSC) hosted a Circle of Parents activity.





"Blessing Bags" sent home with EVERY child EVERY week at our Center ~ around 60 kiddos! This includes, PreK, Preschool Playgroup, and Daycare (Tiny Tots) Busy Bees and Kidz Lounge Afterschool Program.





Ohio County Family Support Center

We had a delightful family event today at the Highlands Sports Complex!

Parents and their kids showed off climbing skills and arcade game talents.





Nicholas County Starting Points Family Support Center enjoying yoga.





Homeschool/toddler monthly party!!! We had an older youth read to the younger, book bingo, number games and a taco bar.





Playgroup Spring field trip. Fun times!! Preston County Family Support Center





The Tucker County Family Support Center Hosted an Event with a Local Author. Families enjoyed a family style meal and activities centered around the book The ABC's of WV by Dena Beckner.





Webster County Starting Points Family Support Center Tot Spot playgroup loves to get messy!!





Tyler County Family Support Center hosted "My Sweetheart Tea Party" at our center.





We had a Parents Night Out this past Friday!!
The kiddos got to come in and have a spaghetti dinner with meatballs and garlic

bread. They got to play in our sensory bins, paint valentines, play games and even

got to decorate their own heart cookie.





Community Fall Festival, all activities are free for the children, games and door prizes for children.













Calhoun FSC

We built a bench with mission boxes on the sides. The mission boxes are stocked with a couple of the following: hygiene kits, books for kids, blanket, shelf stable food, Narcan, test strips and we will continue to add things!

We hope this helps with those that allow stigma to prevent them from receiving help.



Lunch at playgroup Kanawha SPFSC

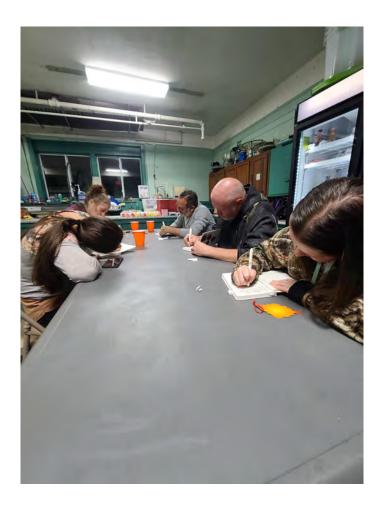




Big Creek People In Action, FSC.

· <u>Pizza W/ Parents</u> was such a fun time! Our parents took a moment for themselves to do some journaling.





Wetzel and Tyler Counties paint class.





Had a wonderful time visiting Ritchie Co FSC ornament painting and cookie decorating.





We are so blessed to have a member of Healthy Grandfamilies volunteer her time and talent to teach others how to make beautiful pieces of their own.





That's a wrap on the 3rd Annual Taylor County Monster Hunt! Thank you to everyone who participated & took the time to find all the monsters! We will be contacting all the winners soon to come pick up all your prizes!





We had a great turnout for our Kids Pop-Up Farmers' Market! Kiddos were able to "shop" for fresh produce items and talk to the farmers who grew it, "rethink" healthy drink options, and go home with a recipe that can be made from the produce they gathered today. Lewis County Family Support Center.





Back to school donations! Hancock County Family Support Center.





Morgan County Starting Points

Thank you to @knit wits of Berkeley springs for taking the time to show additional love to some of our youngest community members here in Playgroup this Christmas season.





FSC Centers were trained in Strengthening Families and Circle of Parents





FSCA Hosted a statewide Nurturing Parenting Train the Trainer.





FAMILY SUPPORT CENTERS FALL CONFERENCE

















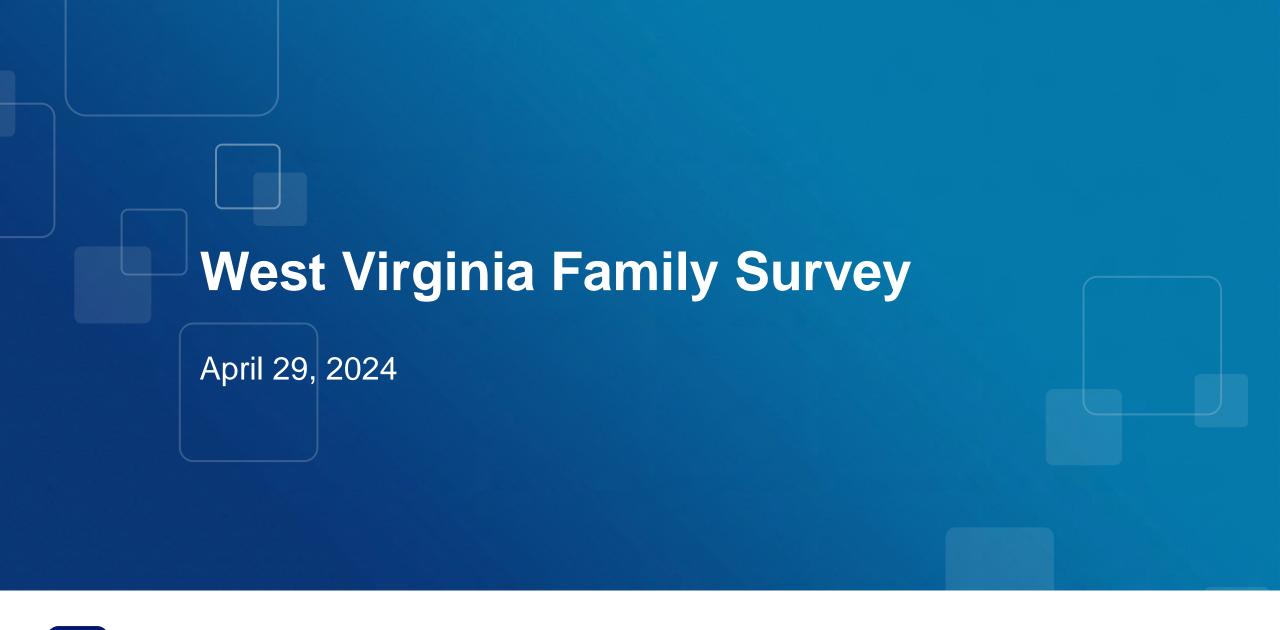














Agenda

- About Us
- Family Survey Development
- Data System Development
- Telling the Story





Evaluation Staff







About Public Consulting Group

PCG is a management consulting firm that helps public sector agencies better serve their targeted populations.

- Founded in 1986
- Headquartered in Boston
- Operates from 35 offices across the United States, Canada, and the European Union
- **1,900**+ employees
- 4 practice areas
- Primary mission: to provide public agencies with solutions that matter







West Virginia Family Survey

History of West Virginia Family Survey

- Contracted with West Virginia in 2010 to evaluate four prevention programs
- Partnered with FRIENDS National Resource Center and the University of Kansas
- Created an adaptable tool to be used across all state CBCAP-funded agencies
- Designed to measure the degree of change in protective factors of program participants





West Virginia Family Survey

The West Virginia Family Survey serves to:

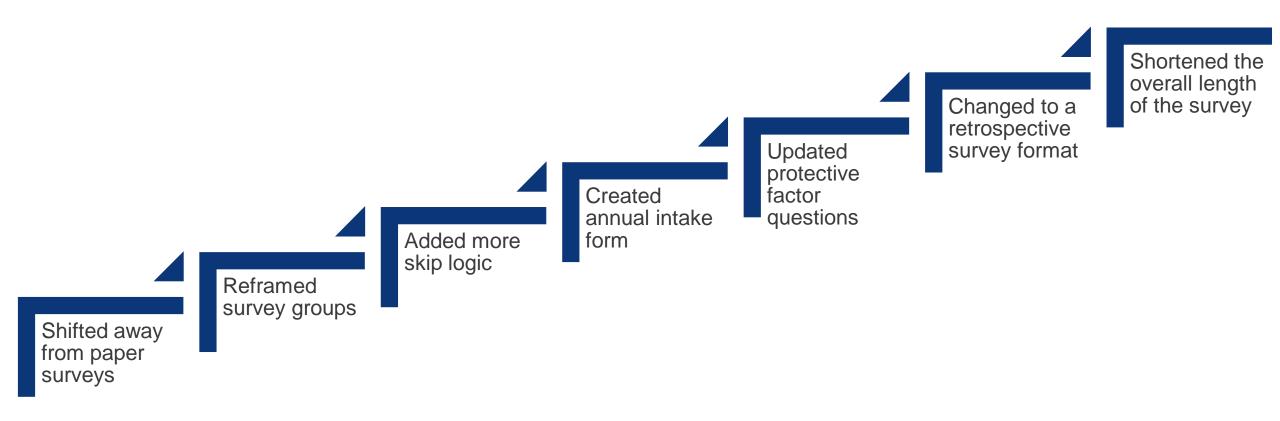
- Describe of families served
- Examine protective factors across five domains, particularly those domains targeted by the program
- Review and understand families' perceptions and satisfaction of services, including playgroups and home visiting services, if applicable
- Consider the protective factors domains and areas of programming that need more focus

West Virginia Family Survey: Home Visiting & Multi-Session The survey contains questions about you, your experiences as a parent, and your opinion of the program. All the information you share will be kept confidential. If you prefer, you may complete this survey online at www.wvfAMILYSURVEY.ORG Participant's enrollment date: ___/_____ Participant's Initials: _______ Date survey completed: ___/_____ 1. Which program do you work with? _______ 2. Which program did you participate in? (choose which program you are rating today) In-home family education (like Parents as Teachers (PAT), Health Families America (HFA), or Maternal Infant Health Outreach Workers (MIHOW)) Multi-session program (like another parenting workshop or class, playgroup, fatherhood program, etc.) Please think back to when you started the program. Beginning with the row labeled "Before," please tell us how you felt or what you were experiencing BEFORE you started the program. On the next row, let us know how you feel or what you are experiencing NOW.

Protective Factors		Not at all like my life	Not much like my life	Somewhat like my life	Quite a lot like my life	Just like my life
3. The future looks good for our family.	Before					
	Now					
In my family, we take time to listen to each other.	Before					
	Now					
5. There are things we do as a family that are special to us.	Before					
	Now					
6. My child misbehaves just to upset me.	Before					
	Now					
7. I feel like I'm always telling my kids "no"	Before					
or "stop."	Now					



Evolution of the Survey





PCG's Role

Data system management

Annual program evaluation

Continuous quality improvement

How We Do It

West Virginia Family Survey

Grantee Activity Data



West Virginia Data System

Goals for the Database

- 1. Upgrade data collection from grantees
- 2. Provide platform to show data in real time
- 3. Give grantees access to their own reports
- 4. Give timely access to the state to better facilitate opportunities for training and technical assistance

West Virginia Data System

Family or Staff Survey

Download Resources

Grantee Data Entry



West Virginia Data System

CCR&R Login

Grantee Login

Log I	n
Jser Name:	*
Password:	*
□Remember m	e next time.
	Log In



West Virginia Data System

Logout

Grantee Data Entry

Family Intake Forms

Activity Counts

Reports



Family Intake Forms

st Name:*	First Name:*	DOB:* mm/dd/yyyy 🗖
ddress:*	City:*	ZIP Code*
-Please Select- ✓	Phone:*	
verage Monthly Family Income:*	Family Housing:*	Do any of the following circumstances apply? (check all that apply):*
\$0 to \$1000	○ Rent	☐ The applicant is a grandparent
\$1001 to \$2000	○ Own	☐ The applicant is a teen parent
\$2001 to \$3000	 Temporary (shelter, with relatives/friends) 	☐ The applicant has been diagnosed with a cognitive or physical disability
\$3001 to \$4000	 Share with relatives/friends 	☐ The applicant has limited English proficiency
\$4001 to \$5000	○ Homeless	☐ None of the above
\$5001 or more	O Prefer not to say	☐ Prefer not to say
Prefer not to say		
s this family's income 300% or less of the fede	eral proverty level (FPL)?:*	
) Yes		
) No		
Prefer not to say		
-		
lotes:		



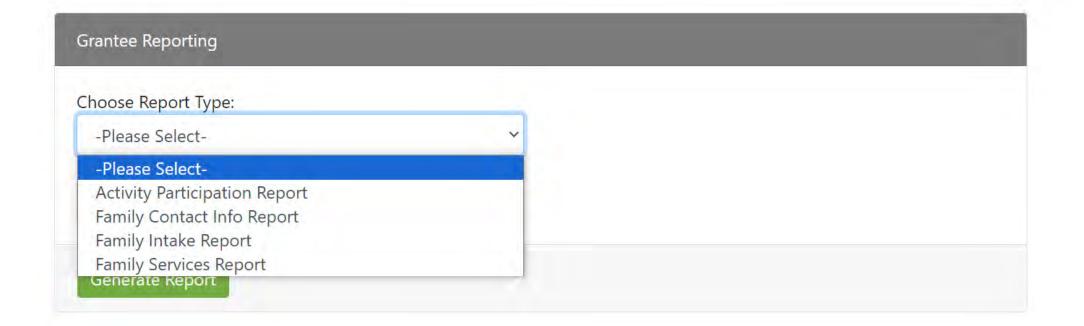
Activity Counts

ctivity Counts					
TOTAL ACTIVITIES	Count of Participants	Count of Activities			
Parenting Education Activities	18	3			
Parent-Child Activities	5	5			
Life Skills Training Activities	13	8			
Food, Clothing, and Supplies Assistance	2	2			
Linkages to Child Care/ Respite, Transportation	12	12			
Playgroups, Afterschool, and Summer Activities	5	5			
Communities are Caring and Responsive	0	0			
Developmental Screenings/ Referrals	7	6			
Substance Abuse and Mental Health Addressed	1	1			



Reports

West Virginia Data System





Reports

Activity Participation Report by Month

Download Report

	Parenting Education		Parent-child		Life Skills Training		Food, Clothing, and Supplies Assistance		Linkages to Child Care/Respite, Transportation		Playgroups,Afterschool, and Summer Activities		Communities are Caring and Responsive		Developmental Screenings/Referrals		Subs Ment Addr
Month	activities	participants	activities	participants	activities	participants	activities	participants	activities	participants	activities	participants	activities	participants	activities	participants	activ
July	3	18	5	9	2	12	5	75	2	8	2	2	0	0	1	4	3
August	3	30	4	38	2	12	6	65	4	30	8	25	1	5	2	15	2
September	4	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
October	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
November	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
December	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
January	15	15	7	10	22	22	8	27	23	28	2	2	4	4	1	1	10



Using Data to Tell the Story

Provision of Service

From October 1, 2022 to September 30, 2023...

- > WV CAPP providers served 35,674 families and 35,445 children.
- Grantees provided activities ranging from career readiness to parent education to playgroups to emergency assistance and public awareness.
- ➤ The most heavily utilized services by far were food, clothing, and supply assistance with over 232,981 individuals receiving food, clothing, baby, or household pantry assistance.

This is more than a 50% increase over FY2022 utilization!



Who is Served

Of 344 surveys collected across 40 organizations

48%
Were married

91%
Had high school diploma or GED

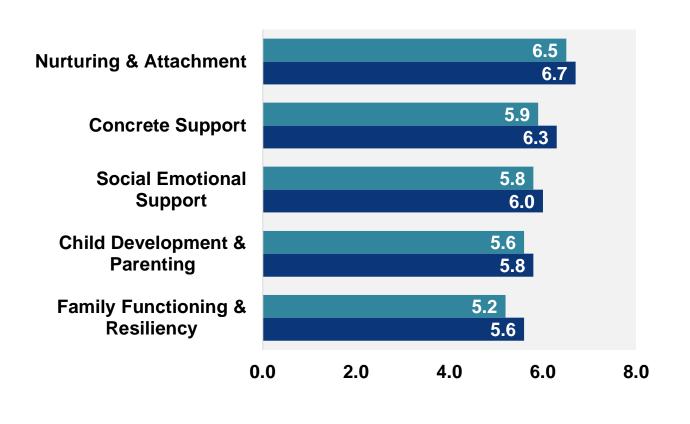
48%
Owned a home



Nearly 75 percent of families served were at or below 150 percent of the Federal Poverty Level (FPL).



Impact

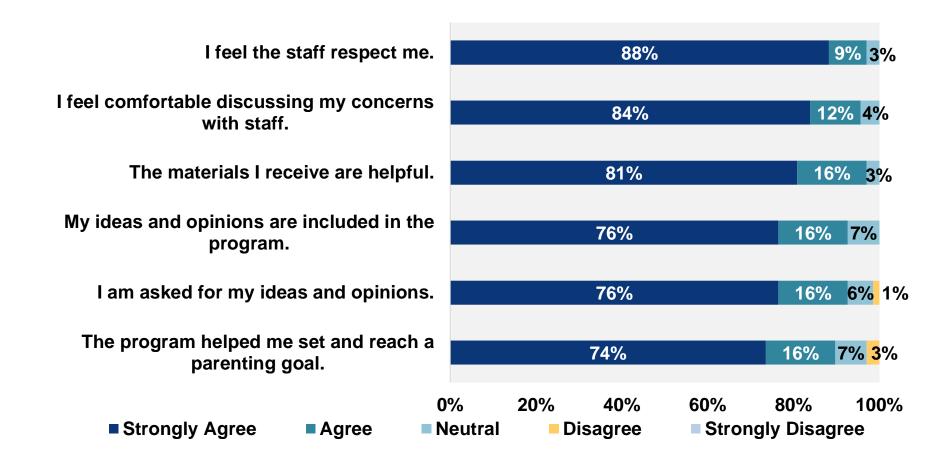


■ Pre ■ Post

Protective Factor	Definition					
Nurturing and Attachment	Emotional ties and a pattern of positive interaction between the parent and child that develops over time.					
Concrete Support	Access to tangible goods and services to help families cope with stress, particularly in times of crisis or intensified need.					
Social Support	Informal support (from family, friends and neighbors) that helps provide for emotional needs.					
Child Development and Knowledge of Parenting	Effective child management techniques and age-appropriate expectations for children's abilities.					
Family Functioning and Resiliency	Adaptive skills and strategies to persevere in times of crisis. Family's ability to openly share positive and negative experiences and mobilize to accept, solve and manage problems.					



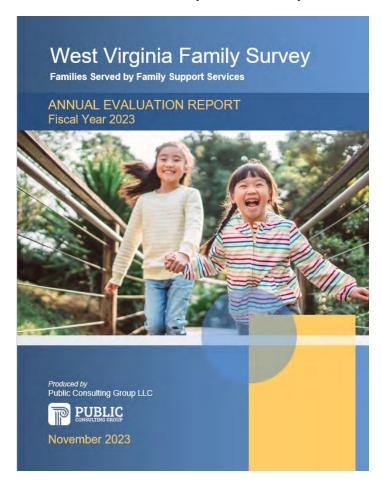
Satisfaction



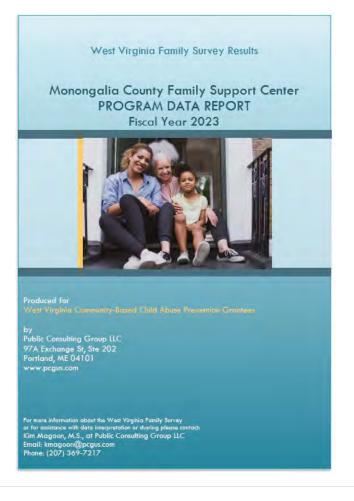


Information Dissemination

Annual Composite Report



Individual Grantee Reports



Report One-Pager

West Virginia Family Support Services Annual Evaluation Fiscal Year 2023 Findings

The West Virginia Department of Health and Human Resources (DHHR) offers grant funding for family support services to provide evidence-based programs in communities to prevent abuse and neglect of children and promote family preservation. Grants are funded via a combination of federal support from the Community-Based Child Abuse Prevention (CBCAP) program, the Maternal Infant Early Childhood (MIECHV) program, Temporary Assistance for Needy Families (TANF), Safe & Sound, West Virginia Children's Trust Fund, and state appropriated dollars. Between October 1, 2022 and September 30, 2023 (FY2023), 40 agencies received grants to fund four types of programs:

In-Home Family **Family Support** Partners in Circle of Parents Family support agencies To evaluate grant funded Agencies provided concrete services, the state uses the services in the form of food, West Virginia Family Survey. clothing, baby supplies, and The survey collects information household pantry assistance from families about participant satisfaction, program perception, program impact, and family protective factors. parenting education, peer groups, play groups, life skills FY2023 findings reflect survey training, health and nutrition data from 344 families and services, as well as referrals to composite information childcare and respite care. collected from grantees.

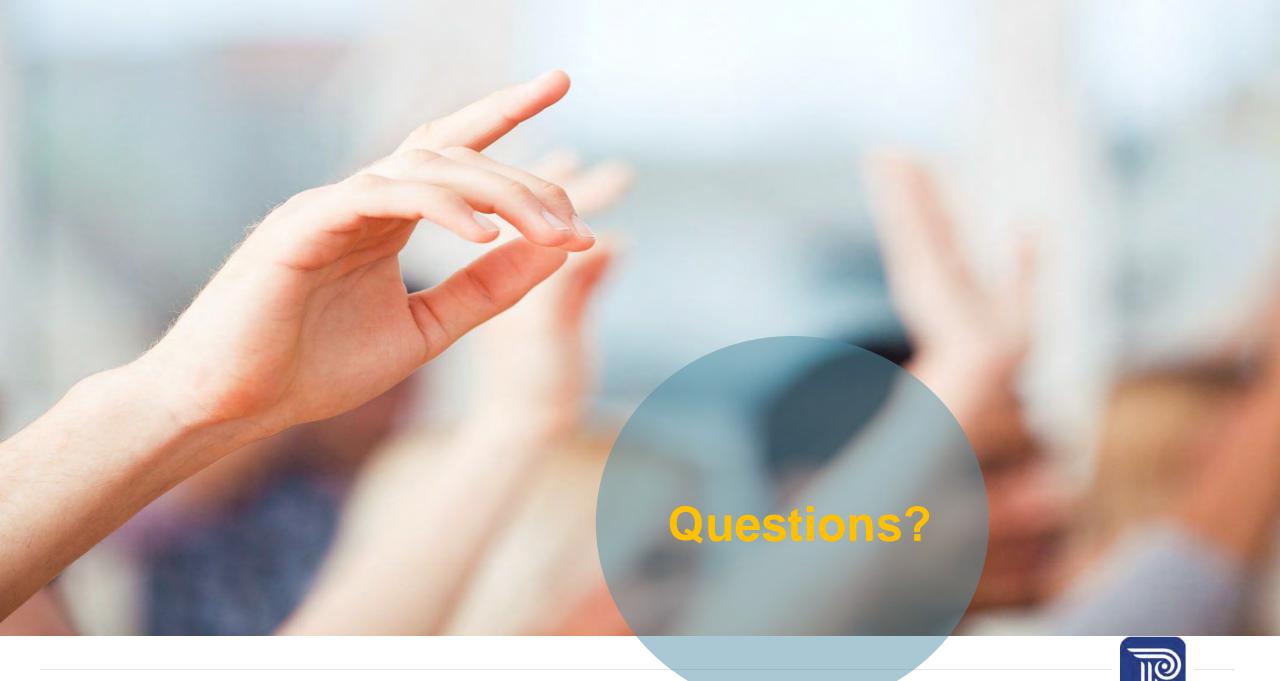
More than 90% of families agreed or strongly agreed that program staff treated them with respect; they were comfortable sharing their concerns, ideas, or opinions; and materials were helpful.

Surveys also found that the Adaptive skills and strategies to persevere in times of average scores for the five Family Functioning and Resiliency crisis. Family's ability to openly share positive and negative experiences and mobilize to accept, solve and protective factor domains improved because of nformal support (from family, friends and neighbors) that program involvement. Social Support helps provide for emotional needs. Access to tangible goods and services to help families Families reported most Concrete Support cope with stress, particularly in times of crisis or improvement in their ability to have positive **Child Developme** Effective child management techniques and ageinteractions and emotional appropriate expectations for children's abilities ties with their children. Parenting Emotional ties and a pattern of positive interaction urturing and

About 75% of families served by grantees met state TANF eligibility requirements, and less than 10% of individuals reported current involvement PUBLIC with child protection services. In other words, the program has done well to reach and serve individuals and families most in need.









Solutions that Matter

FISHBOWL DISCUSSION





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Opportunity to Provide Feedback

Please take a moment to scan the QR code and fill out our short evaluation.

Your participation in the evaluation will help us to improve our future Discussion Series Sessions.





Family Resource Center Discussion Series

Session 3: Evaluation

Thank you!

