

December 2020 PLC:

Supporting Families and Staff During Uncertain Times

December 9, 2020



Break-Out Discussion Topics

Please write in the chat which breakout topic you would like to participate in:

1. Working with Rural Populations
2. Addressing Mental Health Needs of Families & Staff
3. Innovative Uses of Technology

A few resources...

Are you a podcast listener?

ARE YOU A PODCAST LISTENER?

Navigating the Unknowns: Family Support Podcasts

Families experience joys and challenges. During times of crisis, the challenges may feel overwhelming. This podcast series offers expert information, tips, and resources for navigating family stress and strengthening family relationships.

The Jordan Institute for Families in the School of Social Work at the University of North Carolina at Chapel Hill and the FRIENDS National Center for Community-Based Child Abuse Prevention have collaborated to develop these podcasts. Please listen to learn how to navigate family relationships during the Covid-19 pandemic, and other crises, while living with young children, older adolescents, and young adults. Listeners can also learn more about having self-compassion and the benefits of sharing compassion with others.

Finding Self-Compassion and Sharing Compassion with Others



Supporting, Empowering, and Honoring Older Adolescents in Dealing with Loss



Surviving and Thriving when Young Adults Live at Home



Understanding the Stressors



Grieving Loss



Living with Young Children, Part 1



Living with Young Children, Part 2



RESOURCES

Media Library

Navigating The Unknowns: Family Support Podcasts

Sharing The Journey: Voices From The Field

Collaboration Toolkit

Neglect Toolkit

Listserve

Online Learning Center

<https://friendsnrc.org/friends-resources/navigating-the-unknowns-family-support-podcasts/>

Media Library

Videos, Podcasts, Webinars, Stories, Newsletters

Filter Media:

Keyword Search

Type of Resource

Topics/Tags

Protective Factors

Date Resource Added

SUBMIT **RESET**

Documents

Oklahoma COVID-19 Resources

May 20, 2020

Documents **Prevention Month**

Successful Planning During the Coronavirus Pandemic

<https://www.belongingforhope.org/protective-factors>

South Carolina National Child Abuse Prevention Month website:

Georgia & South Carolina COVID-19 Web Links

May 20, 2020

Documents

North Carolina COVID-19 Resources and Guide

May 19, 2020

Documents **Newsletter**

Find out how we're growing supportive communities, strong families, and safe kids this month.

New Hampshire COVID-19 Resources

Wisconsin COVID-19 Resources – Social Connections

Documents **Prevention Month**

North Carolina COVID-19 Resources

May 20, 2020

Documents **New Hampshire chapter of Prevent Child Abuse America**

PARENT & CAREGIVER GUIDE TO COVID-19

New Hampshire COVID-19 Parent & Caregiver Guide

Development

https://friendsnrc.org/resources/?_sft_resources_topic=covid-19



Break-Out Discussion

Reminder!

Annual CBCAP Report is due January 30th
via email to CBCAP@acf.hhs.gov and cc your state's
Regional Program Manager

But will be accepted on February 1st

Roundtable Discussion

Tuesday, December 15th from 3-4 pm

- Come be a part of a roundtable discussion hosted by the Children's Bureau Learning Coordination Center (formerly CANTASD). The conversation will focus on current and emerging needs in child welfare. Topics include:
 - what is needed to support transition to a prevention-focused child and family well-being system;
 - identify existing gaps in skills, information, tools; and
 - highlight current opportunities or strengths that we might leverage.

Annual Calls

- January 21 – Region 1
- February 4 – Region 2 and 3
- February 18 – Region 5
- March 4 – Region 4
- March 25 – Regions 8, 9, 10
- April 1 – Region 6 and 7

Calls will be from 2-3:30 p.m. ET, except for Regions 8, 9 & 10, which will start at 3:00 p.m. ET

Resources

- CDC's Public Health Activity Guide
 - <http://www.cdc.gov/coronavirus/2019-ncov/hcp/non-covid-19-client-interaction.html>
- Children's Bureau COVID-19 Resources:
<https://www.acf.hhs.gov/cb/resource/covid-19-resources>
- Child Welfare Worker Safety in the Time of COVID: CDC Recommendations for In-Person Interactions with Families
 - <https://www.childwelfare.gov/more-tools-resources/mm/webinars/cwworkersafety/>
- National Child Welfare Workforce Institute: www.NCCWI.org

Resources

- Child Welfare Information Gateway (search COVID)
www.childwelfare.org
 - Strategies to Promote Virtual and Phone Engagement
- *Crucial Self-Care in the Coronavirus Crisis*
<https://www.socialworker.com/feature-articles/self-care/crucial-self-care-coronavirus-crisis/>