

December 2018 PLC:
The Protective Factors Survey, 2nd Edition (PFS-2)
Background and Introduction

December 12, 2018



Children's Bureau Updates

December 12, 2018

2019 Prevention Resource Guide Preorder Information

- The preorder for the **2019 Prevention Resource Guide: Strong and Thriving Families** is now available. The *2019 Prevention Resource Guide* is produced each year to support service providers in their work with parents, caregivers, and their children to reduce risk factors and promote protective factors that strengthen families and prevent child abuse and neglect. Communities armed with the *2019 Prevention Resource Guide* will have the information they need to provide effective prevention services and supports. Although it is released in preparation for National Child Abuse Prevention Month, the guide can be used throughout the year as a resource to promote social and emotional well-being in children, families, and communities. Information on the *2019 Prevention Resource Guide* and the preorder process is provided below.
- **GUIDELINES FOR ORDERING THE 2019 PREVENTION RESOURCE GUIDE**
- The following guidelines to preorder the *2019 Prevention Resource Guide* ensure broad national dissemination through the federally funded Community-Based Child Abuse Prevention (CBCAP) grantees in each State, national prevention partners, and their affiliates/member agencies. Please read the following information and then click **“Preorder the Resource Guide”** to proceed to the preorder webpage.
- **ORDERS MUST BE PLACED NO LATER THAN JANUARY 11, 2019**
- **What’s New?**
- New CBCAP State examples in Chapter 2
- Tip sheets, *Finding Housing Help for Your Family* and *Preparing Your Family for an Emergency*, previously only available online
- Updated child maltreatment statistics

- **Preorder Timeframe**
- Preorders for the *2019 Prevention Resource Guide* can be placed between **December 11, 2018**, and **January 11, 2019**, at <https://www.childwelfare.gov/topics/preventing/resource-guide-preorder/?preorderKey=regGuide>.
- **Quantity Limits**
- The minimum preorder request is 50 guides (1 box). All preorder requests must be in multiples of 50.
- The maximum number of guides available per preorder is 250 (5 boxes).
- Once the preorder stock is depleted, ordering will close until the National Child Abuse Prevention Month website is launched in February 2019. At that time, bulk quantity requests can be made by contacting Child Welfare Information Gateway Customer Services via phone (1.800.394.3366) or email (info@childwelfare.gov). Availability of bulk quantities at that point is not guaranteed, and orders will be limited to 50 guides per organization.

- **Shipping Information**
- Preorders will be shipped via United Parcel Service (UPS) once printing is completed, which is estimated to be in **February 2019**.
- UPS will not deliver the guides unless someone at your site is available to accept the boxes. Avoid delays in receiving your order by ensuring someone is available during regular business hours to accept delivery. There will be no advance notice or call from UPS when your shipment is ready for delivery.
- UPS cannot deliver to post office (PO) boxes. No bulk orders are allowed to military APO/FPO addresses.
- We cannot accept international or military overseas preorders.
- **Expectations of Preorder Participants**
- Because the 2019 Prevention Resource Guide is available **free of charge** through funding from the Children's Bureau, U.S. Department of Health and Human Services, copies cannot be sold by any organization—this includes all grantees, State agencies, their affiliates, or other participating organizations.
- Child Welfare Information Gateway requests that participating grantees and organizations provide free shipping for the guides to the extent possible.
- **Preorder the Resource Guide:** (click the link below)
- <https://www.childwelfare.gov/topics/preventing/resource-guide-preorder/?preorderKey=regGuide>

Update: CB Calls for ACYF-CB-PI-18-09/10: Title IV-E Prevention and Family Services and Programs

- As you are aware, the Children's Bureau is providing a conference call for title IV-E agencies to walk through and ask questions on the Title IV-E Prevention and Family Services and Programs Pls. We provide 2 call in times, however the content for each call is the same. In order to increase the number of lines available for these calls and avoid delays, we are providing a new participant passcode below. We apologize for any inconvenience, and hope you will be able to join us.
- Call-in Information: Call-in: 888-391-9602
- Participant Passcode: 8504397#
- If you experience any difficulties joining a call, please contact Christine.Lamble@acf.hhs.gov
- Dates and Times:
- MONDAY, DECEMBER 17, 2018
 - 2:30 – 4:00 PM ET
 - 1:30 – 3:00 PM CT
 - 12:30 – 2:00 PM MT
 - 11:30 AM – 1:00 PM PT
 - 10:30 AM -12:00 PM AKT
- TUESDAY, DECEMBER 18, 2018
 - 12:00-1:30 PM ET
 - 11:00 AM – 12:30 PM CT
 - 10:00 – 11:30 AM MT
 - 9:00 – 10:30 AM PT
 - 8:00 – 9:30 AM AKT



Moving Toward Prevention: Collaboration and the CFSP

- **Let's keep the momentum going!**
- Mark your calendars and plan to join the Children's Bureau (CB), the Capacity Building Center for States, the Capacity Building Center for Courts, and FRIENDS National Center for Community-Based Child Abuse Prevention for a national webinar on **Thursday, January 31, 2019, 2–3:30 p.m. Eastern Time**. This event is a follow-up to the in-person July 2018 State Team Planning Meeting in Washington, D.C.
- Whether you were able to attend last July or not, this webinar will be relevant and further explore how child welfare agencies, legal and judicial stakeholders, prevention partners, and communities can work together to build prevention-focused systems, starting with jurisdictions' 2020–24 Child and Family Services Plans (CFSPs).
- **Don't miss this chance to:**
- Hear from other jurisdictions about their efforts to achieve effective collaboration within jurisdictions among child welfare agencies, legal and judicial stakeholders, and community partners to strengthen the protective capacities of parents and prevent maltreatment and unnecessary removal
- Consider how you can use the 2020–24 CFSP as a blueprint for reorienting child welfare systems toward prevention
- Explore this opportunity for joint program planning and a shared vision for strengthening families and prevention services
-
- This event will highlight the importance of collaboration between child welfare agencies, legal and judicial communities, prevention partners, and other key stakeholders in moving toward more proactive systems. Participants will have an opportunity to hear important updates from CB.
- **Stay tuned for an opportunity to register—coming soon!**
- **Questions?** Contact Greg Moore, Greg.Moore@icf.com

THE 21ST NATIONAL CONFERENCE ON CHILD ABUSE AND NEGLECT

APRIL 24-26, 2019 | WASHINGTON, DC | WASHINGTON MARRIOTT WARDMAN PARK



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The 21st National Conference on Child Abuse and Neglect (NCCAN) offers an exceptional opportunity for those committed to achieving better outcomes for children and families to connect and learn. Unique in its scope and diversity, the 21st NCCAN will bring together practitioners, researchers, policy makers, parents, and volunteers from a wide variety of disciplines who come to gain new knowledge and understanding, build new skills, and reenergize for the always challenging work ahead. The 21st NCCAN is sponsored by the Office on Child Abuse and Neglect, Children's Bureau, Administration on Children, Youth and Families. The conference theme, **"Strong and Thriving Families"**, recognizes that supporting families is important to ensuring the safety, permanency and well-being of our nation's children.

Join us in Washington, DC on April 24–26, 2019, for an outstanding slate of sessions at the 21st NCCAN. The Children's Bureau is committed to offering a program that features a cadre of compelling and thought-provoking speakers to engage you in deeply meaningful conversations and learning opportunities to inform your work. Sessions will include workshops, policy forums, skill seminars, and other opportunities to hear from peers and experts in the field.

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THE PROTECTIVE FACTORS SURVEY, 2ND EDITION (PFS-2) BACKGROUND AND INTRODUCTION

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UNIVERSITY OF KANSAS

DECEMBER 2018



THE PROTECTIVE FACTORS SURVEY (PFS)

- Developed by FRIENDS in partnership with KU for CBCAP grantees
- Only peer-reviewed valid and reliable instrument designed specifically to measure multiple protective factors
- Primarily designed for evaluation and continuous quality improvement
- 20-question self-administered survey
- Pre-/post-test design

PFS: USE IN THE FIELD

- Used in a variety of prevention programs, including:
 - parent education
 - parent support
 - home visiting
 - case management
- Designed as an evaluation tool
- Also used to inform needs assessments and case management

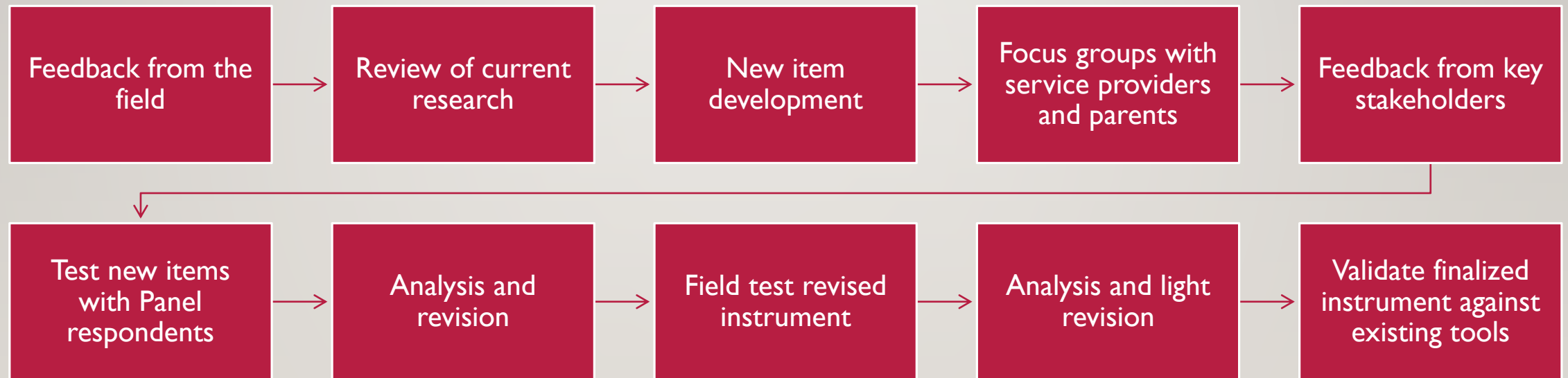
PFS: FEEDBACK FROM THE FIELD

- Not sensitive to change/ceiling effect
- Concerns about reverse scored items, particularly those in the concrete support scale, which are all worded negatively and in the conditional tense about hypothetical situations
 - *“I would have no idea where to turn if my family needed food or housing.”*
- Need for a retrospective
- Questions about interpretation
 - What is a good score? What is a desirable amount of change from pre- to post-test?

GOALS FOR REVISION

- Better capture families' growth and change
- Reduce social desirability and cultural biases
- Capture a broader range of attitudes and behaviors
- Clarify wording
- Collapse and reword response categories
- Introduce a retrospective instrument

THE REVISION PROCESS



PROTECTIVE FACTORS CAPTURED BY THE PFS-2

19 items that measure:

- Social Supports
- Nurturing and Attachment
- Family Functioning and Resilience
- Concrete Supports
- Caregiver/Practitioner Relationship

NOT INCLUDED: KNOWLEDGE OF PARENTING

- PFS items do not function as a subscale
- Two ways to address knowledge: as a knowledge test, or as a self-assessment
 - The PFS uses both:
 - *“My child misbehaves just to upset me.”*
 - *“There are many times I don’t know what to do as a parent.”*
 - *“I know how to help my child learn.”*

NOT INCLUDED: KNOWLEDGE OF PARENTING

- Knowledge test within PFS isn't practical
 - CBCAP programs are diverse in terms of service delivery model, age of children served, curricula, and knowledge and skills developed
- A curriculum-specific instrument would be more appropriate to test knowledge

NOT INCLUDED: KNOWLEDGE OF PARENTING

- Self-assessments are arguably more about confidence than knowledge
 - *“There are many times I don’t know what to do as a parent.”*
 - *“I know how to help my child learn.”*
- Studies consistently show that we are quite bad at assessing our own knowledge, and that is exacerbated by having little knowledge of a subject
- Knowledge and competence should be reflected in the behaviors and attitudes reported through other subscales

NOT INCLUDED: SOCIAL-EMOTIONAL COMPETENCE OF CHILDREN

- Not in the original PFS
- Parent perception is not likely to be an accurate measure of children's social-emotional competence
- Hard to do in a way that would not be age specific

NEWLY INCLUDED: CAREGIVER/PRACTITIONER RELATIONSHIP

- Emerged as a second factor within our social support items
- Adapted to address relationship with program staff
 - *“I feel like staff here understand me.”*
 - *“No one here seems to believe that I can change.”*
 - *“When I talk to people here about my problems, they just don’t seem to understand.”*
- Not a traditional protective factor, but we believe it will yield useful information for many programs

RETROSPECTIVE DESIGN

- A pre/post instrument which asks respondents to assess themselves both before and after having received services

The future looks good for our family.					
	Not at all like my life	Not much like my life	Somewhat like my life	Quite a lot like my life	Just like my life
Before	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Now	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

- Two versions of the instrument to maximize flexibility

BENEFITS OF A RETROSPECTIVE DESIGN

- Reduce response-shift bias: we don't know what we don't know!
- Yield 100% matched pre- and post-test scores
- Save staff and participant time
- Offer a better match for short-term, low-intensity services

RESULTS

- PFS-2 is valid and reliable across several diverse samples
 - Negatively correlated with depression (PRIME MD-PHQ), stress (PSS), heightened abuse potential (BCAP), maladaptive coping strategies (Brief COPE)
- Compared with the traditional pre-post, the retrospective version shows slightly more positive change, far less negative change, and more respondents reporting no change
 - We have substantial reason to believe characteristics of this sample may have skewed results
- Based on the data we have now, we have no evidence to suggest we have improved sensitivity to change over the original PFS

CONCLUSIONS

- PFS-2 is a valid and reliable instrument
- Produces high-quality, useful data:
 - Broader range of attitudes and behaviors
 - Clarified wording
 - Improved concrete support section
- We do not have evidence that it will show greater change from pre- to post than the PFS
 - But we do suspect the retrospective is your best bet

WHAT'S AVAILABLE

- Traditional pre/post instrument
- Retrospective
- Standalone concrete supports instrument
- Guides on purpose and use, choosing the right version of the survey for your program needs, scoring
- Download from the FRIENDS website (<https://friendsnrc.org/protective-factors-survey>)

NEXT STEPS

- Collect more data to address unanswered questions
 - Dosage, sample characteristics
- Submit our research to peer review
- Develop recommendations around interpretation
- Future web-based training on survey administration

CONTACT ME!

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