

FRIENDS Peer Learning Call:  
**Evidence-Based Practice in CBCAP**

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December 14<sup>th</sup>, 2022



# Overview

1. Evidence-based Practice and Annual Reporting
2. EBP/EIP Background
3. Evidence-based Practice in CBCAP
4. NEW Crosswalk of Evidence-based Programs



# CBCAP Priority Evaluation

CBCAP Leads are required to describe the results of an evaluation, or the outcomes of monitoring, conducted under the State program to demonstrate the effectiveness of activities conducted under this title in meeting the purposes or program.

CBCAP leads are not required to describe the results of a peer review process; however, state leads could use the peer review process to help fulfill the requirement for evaluation.



# Evidence-based Practice and CBCAP Annual Report

In Section 8 of the Annual Report, you are to provide evaluation data on the outcomes of programs and activities funded through CBCAP.

Four areas need to be addressed in this section:

- efficiency measure,
- high level of satisfaction among families,
- results of evaluation or outcomes of monitoring, and
- evaluation data where appropriate and available.



# Evidence-based Practice and CBCAP Annual Report

**First requirement:** Data reporting requirements and the national outcomes for the CBCAP program, as appropriate; for the efficiency measure, provide data on the percentage of total funding that supports evidence-based (EBP) and evidence-informed programs (EIP) and practices.



# Evidence-based Programs and CBCAP Annual Report

Well-Supported				
Program Name	Supporting Reference	Total Amount of CBCAP Funding \$	Total Infrastructure Costs* \$	Total Match Funding \$
Totals:				
Supported				
Program Name	Supporting Reference	Total Amount of CBCAP Funding \$	Total Infrastructure Costs \$	Total Match Funding \$
Totals:				
Promising Programs and Practices				
Program Name	Supporting Reference	Total Amount of CBCAP Funding \$	Total Infrastructure Costs \$	Total Match Funding \$
Totals:				
Emerging and Evidence Informed Programs and Practices				
Program Name	Supporting Reference	Total Amount of CBCAP Funding \$	Total Infrastructure Costs \$	Total Match Funding \$
Totals:				
Program Lacking Support/Positive Evidence/Harmful/Undetermined				
Program Name	Supporting Reference	Total Amount of CBCAP Funding \$	Total Infrastructure Costs \$	Total Match Funding \$
Totals:				
Overall Totals:				



# How is this information used?

Measures are reported annually as part of budget justification for the U.S. Department of Health and Human Services.

Informs T/TA priorities, including how to tailor supports and resources.

Infrastructure costs specifically inform levels of supports required by the SLA to implement EI/EBPs.



# EB/EI Background in CBCAP

Efficiency Measure is a result of the Federal PART process.

3% annual increase in federally funded CBCAP programs that are Evidence-Informed and Evidence-Based (EI/EB)

Each year, CBCAP programs are rated on an EI/EB continuum.

**And what does this mean?**





# Implications?



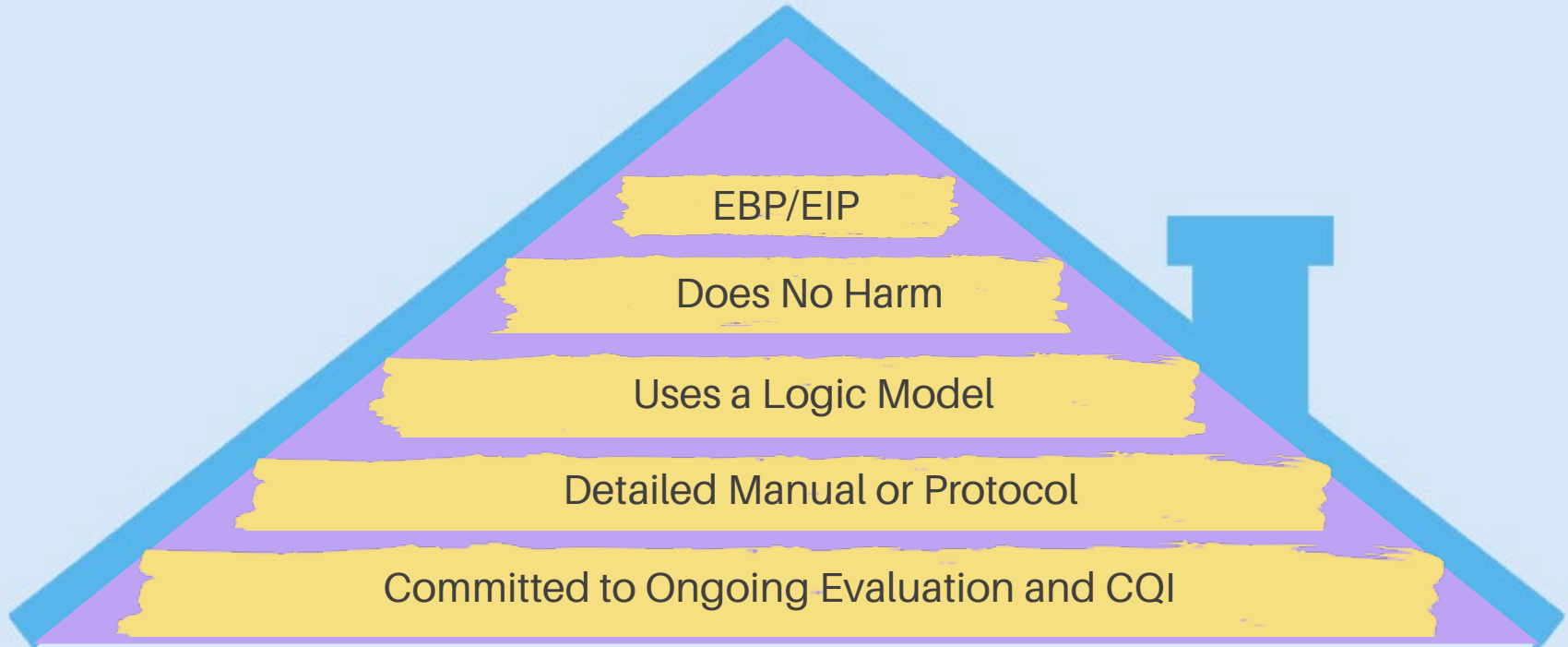
Huh?

For CBCAP Annual Reporting purposes, to receive a rating weight, CBCAP-funded programs should be “in the house”.



# Evidence-based Practice in CBCAP





### Emerging

- Evidence is used to design services.
- Ongoing data collection.
- Implementation is documented.

### Supported

- All elements of promising plus...
- 2 RTCs or 2 between group studies one year sustained effect.

### Promising

- All elements of emerging, plus...
- 1 study, quasi-experimental design with control or comparison group.

### Well-Supported

- All elements of supported plus...
- Multiple site replication with positive effects.

Evidence-Informed

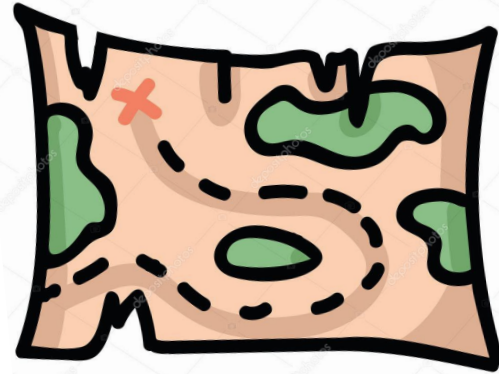


Evidence-Based

# Logic Model/CQI

Serves as a map for how the program runs

Illustrates effectiveness of services



# Manual/Protocol

Should pass the “joined the circus test”

Benefits include sustainability and program consistency



# Rooms of the House

## Levels of Evidence in CBCAP

### Emerging

- Based on best available research
- Clear theory of change
- Ongoing evaluation
- Document Implementation

### Promising

- All of emerging PLUS:
- A quasi-experimental design study with control or comparison
- Practicing and Monitoring model fidelity

### Supported

- All of emerging and promising PLUS:
- Two randomized trials or between group studies
- One year sustained effect

### Well-Supported

- All of the emerging, promising, and supported PLUS:
- Multiple site replication



Should you  
be moving  
rooms?

Not  
necessarily  
...

Move in,  
get  
comfortable,  
maintain a  
CQI  
environment

Moving up  
the  
continuum  
needs to  
benefit the  
families you  
serve and fit  
your  
outcomes



# CBCAP Ratings vs. Others

## Why are there differences?

- Based on an understanding of the limited research in prevention programs.
- To recognize the limited funding available in CBCAP to serve families.
- To allow for flexibility to meet our families where they are.

## This means...

- CBCAP Levels tend to be less stringent than other registries and lists.
- CBCAP focus is on how best to serve our families not on guaranteeing a particular level of evidence.



# How Did We Get Here?

- ❖ Request from CBCAP Leads
- ❖ Focus Group
- ❖ Reviewed Clearinghouses/Registries
- ❖ Created Crosswalk of EBP
- ❖ Updated FRIENDS Website





# Crosswalk of Evidence-Based Programs

The Crosswalk is designed to provide information to CBCAP SLAs to assist in identifying programs they may want to consider funding. It is meant to be used as a starting point and is not an exhaustive list of available programs.

Programs listed in the Crosswalk were selected based on their relevancy to child abuse and neglect prevention and their presence on at least one of six nationally recognized registries for EI/EB programs and practices.

<https://friendsnrc.org/evaluation/evidence-based-practice/ebp-crosswalk/>



# Evidence-Based Practice

For more information on EBP:

- New State Lead Manual
- CBCAP EBP Guidelines Documents
- FRIENDS Website: <https://friendsnrc.org>
- FRIENDS EBP E-Learning Course:  
<https://friendsnrcelearning.remotelearner.net/>

<https://friendsnrc.org/evaluation/evidence-based-practice/>

# QUESTIONS



# Children's Bureau Updates