

# CBCAP Annual Grantee Meeting



*March 11-12, 2020 • Washington, DC*

# 2020 CBCAP Grantee Meeting-at-a-Glance

Wednesday, March 11, 2020

<p><b>7:30 am—5:00 pm</b> <i>Renaissance Ballroom West Foyer</i></p>	<p>Registration</p>		
<p><b>8:30 –10:30 am</b> <i>Renaissance Ballroom West</i></p>	<p><b>Welcome and Introductions</b> <i>Julie Fliss and Sharon McKinley, Children’s Bureau/OCAN Valerie Spiva-Collins, FRIENDS National Center for CBCAP</i></p> <p><b>Plenary Session: <i>Preventing Loneliness and Social Isolation: The Key to a Better Life</i></b> <i>Dr. Al Condeluci, Community Living and Support Services</i></p> <p>The notions of loneliness and social isolation have been clearly identified as vexing issues for individuals and families today. We know that when families are rendered isolated, bad things can follow including adverse health issues, unhappiness/depression, challenges with life success, and even shortened life expectancy. We also know that marginalized groups, folks with disabilities, seniors, those in poverty, and other minorities, are at greater risk of being lonely, isolated, or disconnected.</p> <p>This session will examine social isolation that can affect individuals as well as families. Not only will we look at the research and data related to this concept, but we will explore strategies, and actions that can be employed in addressing loneliness by having social capital principles work for the people you support. In an interactive format, we will examine ways and means to building more effective relationship possibilities.</p> <p><b>Comments and Questions with Dr. Jerry Milner</b> <i>Associate Commissioner for the Children’s Bureau in the Administration for Children and Families</i></p>		
<p><b>10:30 – 11:00 am</b></p>	<p><b>Break</b></p>		
<p><b>11:00 am – 12:00 pm</b> <i>(Each participant chooses one session to attend)</i></p>	<p><b>Addressing Loneliness and Isolation - Strategies for Intervention</b> <i>Dr. Al Condeluci, Community Living and Support Services</i></p> <p><i>Renaissance Ballroom West</i></p>	<p><i>Closed Session by Invitation -</i> <b>Prevention Mindset Institute</b> <b>Planning with Partners: Action 4 Child Protection, Children’s Trust Fund Alliance, and Prevention Institute and states attending the Institute.</b></p> <p><i>Theresa Costello, Action 4 Child Protection; Teresa Rafael and Corey Best, Children’s Trust Fund Alliance; Dana Fields-Johnson, Prevention Institute</i></p> <p><i>Meeting Room 8-9</i></p>	<p><b>Hope Conquers ACEs - Stop Admiring the Problem and Build Positive Childhood Experiences</b> <i>Roger Sherman, Idaho Children’s Trust Fund</i></p> <p><i>Meeting Room 12-14</i></p>
<p><b>12:00 – 1:30 pm</b></p>	<p><b>Lunch</b></p>		

# 2020 CBCAP Grantee Meeting-at-a-Glance

**Wednesday, March 11, 2020**

<p><b>1:30 – 2:30 pm</b> <i>(Each participant chooses one session to attend)</i></p>	<p><b>Update on the Development of the Spanish PFS-2 and Development of Parent Leadership Evaluation Resources</b> <i>Dr. Jessica Sprague-Jones and Mallory Rousseau, University of Kansas-CPPR; Casandra Firman, FRIENDS National Center</i></p> <p><i>Renaissance Ballroom West</i></p>	<p><b>The Empower Action Model™: A Community Approach to Mobilizing Prevention Through Promoting Health, Equity, and Well-Being Across the Life Span</b> <i>Amy Moseley, Children’s Trust of South Carolina</i></p> <p><i>Meeting Room 8-9</i></p>	<p><b>Improving Access to and Use of Community Well-Being Data for Community-Based Prevention</b> <i>Catherine Brown, Jennifer Skala, and Mary Pinker, Nebraska Children and Family Foundation</i></p> <p><i>Meeting Room 12-14</i></p>
<p><b>2:30 – 2:45 pm</b></p>	<p><b>Break</b></p>		
<p><b>2:45 – 4:00 pm</b> <i>(Each participant chooses one session to attend)</i></p>	<p><b>Scaffolding Strategies to Promote Equitable Opportunities</b> <i>Megan Waltz, Minnesota Department of Human Services and Anthony Queen (Michigan), FRIENDS Parent Advisory Council</i></p> <p><i>Renaissance Ballroom West</i></p>	<p><b>Data Help Us! Using Data Systems to Support Funders in Ensuring Program Fidelity and Outcomes</b> <i>Rebecca Murray, Wisconsin Child Abuse and Neglect Board and Edi Winkle, FRIENDS National Center</i></p> <p><i>Meeting Room 8-9</i></p>	<p><b>Building a Stronger Team – Engaging Fathers in CBCAP Programs</b> <i>Mosley Hobson, Texas Department of Family and Protective Services; Sarita Rogers and Steven Pascal, Children’s Trust of Massachusetts; Bruce Bynum (Texas) and Melissa Zimmerman (Arizona), FRIENDS Parent Advisory Council</i></p> <p><i>Meeting Room 12-14</i></p>
<p><b>4:00 – 4:15 pm</b></p>	<p><b>Break</b></p>		
<p><b>4:15 – 5:00 pm</b> <i>Renaissance Ballroom West</i></p>	<p><b>Systems Change-Vision for the Future</b> <b>Close of First Day</b></p>		
<p><b>5:30 – 7:00 pm</b> <i>Presidents Sports Bar &amp; Grill</i></p>	<p><b>Meet and Greet</b> <i>Grantees have an opportunity to network with their peers and talk with Federal Project Officers and FRIENDS National Center for CBCAP team members</i></p>		



# 2020 CBCAP Grantee Meeting-at-a-Glance

Thursday, March 12, 2020

7:15 am—12:00 pm <i>Renaissance Ballroom West Foyer</i>	Registration		
7:15 – 8:15 am <i>Meeting Room 8-9</i>	New State Lead Orientation		
8:30 – 10:00 am <i>Renaissance Ballroom West</i>	<p><b>Comments from Elaine Stedt</b> <i>Director of the Office of Child Abuse and Neglect in the Children’s Bureau</i></p> <p><b>Plenary Session: <i>The Buffering Effect of Family Resilience on Adverse Childhood Experiences (ACEs): Examining the Role of Race and Culture on Traumatic Stress</i></b> <i>Dr. Paul Lanier, UNC-Chapel Hill and Quinton Smith, Duke University</i></p> <p>The findings from the Kaiser-CDC Adverse Childhood Experiences (ACEs) study have greatly influenced our understanding of childhood adversity as a social determinant of health. Research has paid little attention to racial differences in the relationship between ACEs, protective factors, and resilience. To promote health equity and reduce racial disparities in key health outcomes, an integrated risk and resilience research approach is needed. The current study uses combined data from the 2016, 2017, and 2018 National Survey of Children’s Health (NSCH). The NSCH is a nationally representative data set of all youth in the U.S. and was collected by the U.S. Census Bureau. Analytic results show that high family resilience buffers the effects of ACE exposure on several child health outcomes. Further, findings suggest the protective effects of family resilience may offset higher exposure to certain ACEs among racial and ethnic minority children. Translating this research into practice can lead to tailored prevention and treatment solutions for children, specifically within communities of color.</p>		
10:00 – 10:15 am	Break		
10:15 – 11:15 am <i>(Each participant chooses one session to attend)</i>	<p><b>A Deeper Dive on ACEs and Family Resilience for Latinx and Native Populations</b> <i>Dr. Paul Lanier, UNC-Chapel Hill and Quinton Smith, Duke University</i></p> <p><i>Renaissance Ballroom West</i></p>	<p><b>Respite and Crisis Care: Potent Prevention Tools for Strengthening Families</b> <i>Sherry Cobbins and Lindsay Hyman, Illinois Department of Children and Family Services; Casandra Firman and MaryJo Caruso, FRIENDS National Center; Jill Kagan, ARCH National Respite Network and Resource Center</i></p> <p><i>Meeting Room 8-9</i></p>	<p><b>NC Child Welfare Family Leadership Model– Walking the Walk</b> <i>Deborah Day and Cornelia Singletary, North Carolina Division of Social Services; Carolyn Abdullah, FRIENDS National Center</i></p> <p><i>Meeting Room 12-14</i></p>
11:15 – 11:30 am	Break		
11:30 am – Noon <i>Renaissance Ballroom West</i>	<p><b>Special Recognitions</b></p> <p><b>Closing for Grantee Meeting</b></p>		



## Keynote Presenter Bios

**Al Condeluci** has been a leader in community building, human services and inclusive advocacy work for the past 50 years. Holding a PhD and MSW from the University of Pittsburgh, Dr. Condeluci has been the CEO of CLASS (Community Living and Support Services) a major nonprofit, community building organization in Pittsburgh, PA from 1973 to 2019. He holds faculty status at the University of Pittsburgh in the Schools of Social Work, and Health, Rehab Sciences and is author of 7 books including the acclaimed, [Interdependence: The Route to Community](#) (1995) and more recently, [Social Capital: The Key to Macro Change](#) (2014). In 2018, he received the “Key to the City of Pittsburgh,” the highest civilian honor that can be given to a community member. He serves as a consultant, advisor, and human service coach and is on a number of nonprofit boards and government commissions on state, local and national levels. He helped found, and convenes the Interdependence Network, an international coalition of professionals, family members, and consumers interested in community engagement and macro change. He can be reached at [www.alcondeluci.com](http://www.alcondeluci.com), or @acondeluci on Twitter.

**Paul Lanier** is an Associate Professor in the School of Social Work at the University of North Carolina at Chapel Hill and is the Wallace Kuralt Early Career Distinguished Scholar. He is also a research fellow at the UNC Cecil G. Sheps Center for Health Services Research and the UNC Injury Prevention Research Center. Dr. Lanier received his doctoral degree from the Brown School at Washington University in St. Louis and was a fellow with the national Doris Duke Fellowship for the Promotion of Child Well-Being. His research focuses on developing, evaluating, and scaling-up evidence-based prevention programs in child welfare, mental health, and early childhood systems. He has conducted studies with parenting support models such as Parent-Child Interaction Therapy, Triple P, Circle of Parents, and several maternal and child health home visiting models.

**Quinton Smith**, who also goes by ‘Q’, is currently a doctoral student in the School of Social Work at UNC Chapel Hill. He is the Assistant Director of the Mary Lou Williams Center for Black Culture at Duke University. Quinton spent nearly a decade working in community mental health at varying levels before returning to UNC for a Master of Social Work degree, focusing on community management and policy practice.



## Day 1 Breakout Session Descriptions

Wednesday, March 11<sup>th</sup>: 11:00 am – 12:00 pm

### **Addressing Loneliness and Isolation - Strategies for Intervention**

Individual or family Isolation and loneliness can be complex in manifestation. Often people may be mis-trusting of social intervention, or feel that they really do not need help. This workshop will suggest some ways and means, both micro and macro, that advocates can promote for better connections. Ideas will be discussed as options to bolster families or general communities in building a community where each belongs.

*Dr. Al Condeluci, Community Living and Support Services*

### **Prevention Mindset Institute Planning with Partners: Action 4 Child Protection, Children's Trust Fund Alliance, and the Prevention Institute, and states attending the Institute**

*Closed Session by Invitation*-Planning for the Institute and contributing to child welfare systems change.

*Theresa Costello, Action 4 Child Protection; Teresa Rafael and Corey Best, Children's Trust Fund Alliance; Dana Fields-Johnson, Prevention Institute*

### **HOPE Conquers ACEs: Stop Admiring the Problem and Build Positive Childhood Experiences**

The outcomes associated with childhood adversity or ACEs are not fate when the impact of these occurrences is buffered by a variety of positive experiences. This presentation will focus on the science and practice of Positive Childhood Experiences (PCEs). In addition to exploring the HOPE (Health Outcomes from Positive Experiences) Framework, participants will also review the CDC's recommendations for preventing ACEs and discuss possible implications for their own programming within the context of building PCE's.

*Roger Sherman, Idaho Children's Trust Fund*

Wednesday, March 11<sup>th</sup>: 1:30 -2:30 pm

### **Update on the Development of the Spanish PFS-2 and Development of Parent Leadership Evaluation Resources**

This session will describe two forthcoming evaluation projects that are in the early stages of development. The English version of the Protective Factors Survey, 2<sup>nd</sup> Edition (PFS-2) was released in late 2018, and work has been underway since to develop a culturally appropriate translation for Spanish speakers, with initial evidence indicating validity. Additionally, research is being conducted to develop materials to help programs better evaluate and understand the impact of parent leadership initiatives. Participants will learn about the work that's been done to date on both of these projects, and will have an opportunity to ask questions, offer feedback, and become involved in future focus groups and field testing.

*Dr. Jessica Sprague-Jones and Mallory Rousseau, University of Kansas-CPPR; Casandra Firman, FRIENDS National Center*

### **The Empower Action Model™: A Community Approach to Mobilizing Prevention Through Promoting Health, Equity and Well-Being Across the Life Span**

The Empower Action Model™ was developed with blended CPCAP and foundation dollars to address childhood adversity by building resilience across multiple levels of influence to promote health, equity, and well-being. The model builds on the current adverse childhood experiences prevention research and merges important frameworks within key areas of public health--the socio-ecological model, protective factors, race equity and inclusion, and the life course perspective. Five key principles that build on the protective factors literature are applied at each of the levels of the socio-ecological model: understanding, support, inclusion, connection,

## Day 1 Breakout Session Descriptions

and growth. These action-oriented principles can be implemented across the life span. Finally, actions suggested with each principle are grounded in the tenets of race equity and inclusion, framing all actionable steps with an equity lens.

This presentation will cover the key concept in The Empower Action Model and provide examples of how this model is being applied in three local communities in South Carolina. These local efforts are built on the foundation of collective input and include partnerships between local backbone agencies, core teams, and community parent advisory councils. These local partnerships are facilitated by local leaders and coached by Children's Trust staff.

*Amy Moseley, Children's Trust of South Carolina*

### **Improving Access To and Use of Well-Being Data for Community-Based Prevention**

This session will focus on the development of state and county-level indicators of wellbeing, efforts to extend the accessibility of indicator data through web-based technologies, and the application of these technologies in community-based prevention. The technology that is the focus of this presentation is the Nebraska Community Opportunity Map, which launched in Summer 2019. This tool is designed to empower people in and with communities across the state by providing easily accessible, timely, relevant, high-quality, county-level and regional data. While this presentation will focus on the development, functionality, and application of this tool, the presentation will also include discussion of similar web-based technologies of relevance to prevention, including the national Community Opportunity Map, the Opportunity Index, the Opportunity Atlas, and the National Equity Atlas.

*Catherine Brown, Jennifer Skala, and Mary Pinker, Nebraska Children and Family Foundation*

**Wednesday, March 11<sup>th</sup>: 2:45 -4:00 pm**

### **Scaffolding Strategies to Promote Equitable Opportunities**

This workshop will focus on how to help early childhood systems learn to work with parents in ways that promote equitable outcomes and maximize opportunities for all families. Then, learn how Minnesota is embarking on this work by bringing together different funding mechanisms and working across agencies, systems and communities.

*Megan Waltz, Minnesota Department of Human Services; Anthony Queen (Michigan), FRIENDS Parent Advisory Council*

### **Data Help Us!**

#### **Using Data Systems to Support Funders in Ensuring Program Fidelity and Outcomes**

Please join us as we demonstrate how data systems can support efforts in working with prevention grantees to demonstrate outcomes and drive decision-making. Information shared will include how utilizing a system can provide useful information to CBCAP Leads in managing programs through adherence and outcomes monitoring. We will then dive in specifically to Wisconsin's use of the DAISEY system and how that supports the efforts of prevention in the state. Finally, we will share about the new FRIENDS Protective Factors Survey Online Data System and how it can support CBCAP Leads that utilize the PFS/PFS-2 as an outcome tool.

*Rebecca Murray, Wisconsin Child Abuse and Neglect Board; Edi Winkle, FRIENDS National Center*



## Day 1 Breakout Session Descriptions

### **Building a Stronger Team – Engaging Fathers in CBCAP Programs**

Fathers play a critical role in the lives of their children and engaging fathers in the programs they participate in benefits both families and programs. Program participants will learn about the father involvement efforts within the Healthy Families MA (HFMA) home visiting program and their benchmarks for father/co-parent participation as well as how the program includes fathers in policy, training and technical assistance. Additionally, information will be shared about the Fatherhood EFFECT programs in Texas. These programs provide parent education and resources to fathers across 9 counties and have expanded to include community coalition and community level change efforts. Parent leaders with the FRIENDS Parent Advisory Council will also share their parent leader experiences with CBCAP programs.

*Mosely Hobson, Texas Department of Family and Protective Services; Sarita Rogers and Steven Pascal, Children's Trust of Massachusetts; Bruce Bynum (Texas), and Melissa Zimmerman (Arizona), FRIENDS Parent Advisory Council*





## Day 2 Breakout Session Descriptions

Thursday, March 12<sup>th</sup>: 10:15 -11:15 am

### **A Deeper Dive on ACEs and Family Resilience for Latinx and Native Populations**

As a follow-up to the plenary, this breakout session will focus in more depth on Latinx and Native American children. Using data from the NSCH, this session will provide a “deeper dive” regarding differences in experience of ACEs nationally for these two groups and include considerations of historical trauma and other sources of family stress and resilience.

*Dr. Paul Lanier, UNC-Chapel Hill, and Quinton Smith, Duke University*

### **Respite and Crisis Care: Potent Prevention Tools for Strengthening Families**

This session will provide an overview and explain how respite and crisis nurseries help keep children safe during parent or family crisis, and protective factors. Participants will be introduced to how to access and partner with resources in their state and learn how Illinois is using crisis nurseries as a preventive service.

*Sherry Cobbins and Lindsay Hyman, Illinois Department of Children and Families; Casandra Firman and MaryJo Caruso, FRIENDS National Center; Jill Kagan, ARCH National Respite Network and Resource Center*

### **NC Child Welfare Family Leadership Model– Walking the Walk**

North Carolina's 2015 federal Child and Family Services Review (CFSR) revealed a need for stronger family engagement at both the practice and systemic level. North Carolina embraced that opportunity to develop a multilayer Child Welfare Family Leadership Model. This model established a systemic approach to involving families in conversations and decisions about policy and practice across the child welfare continuum, including child maltreatment prevention. Presenters will share the model's development

and structure, agency and partner readiness considerations, implementation supports, collaboration-building strategies, and the benefits of and practice changes resulting from family engagement. Participants will be encouraged to think about how to be intentional in their actions so families are not only engaged but also invested in system change. In addition, participants will have the opportunity to learn more about FRIENDS training, technical assistance and resources related to parent leadership.

*Deborah Day and Cornelia Singletary, North Carolina Division of Social Services; Carolyn Abdullah, FRIENDS National Center*



## General Information

### Resource Table

The FRIENDS' resource table will be in the Renaissance Ballroom West Foyer on the Ballroom Level. Please pick up copies of the latest and most popular FRIENDS materials.

### Internet Info

Open a web browser to enter the access code. Press Connect to authenticate.  
Wi-Fi Login: **Renaissance\_CONFERENCE**  
Password: **CBGrantee**

### Dining Options

#### ***Within the Hotel:***

#### **Fifteen Squares Restaurant**

Open for breakfast. Fifteen Squares offers a relaxed bistro atmosphere with à la carte specialties and an expansive breakfast buffet.

#### **Liberty Market**

Open for lunch and dinner. Liberty Market features sandwiches and salads, as well as tasty snacks for people on the go.

#### **Presidents Sports Bar & Grille**

Open for lunch and dinner. Presidents Sports Bar & Grille boasts flat-screen TVs, a selection of food and beverages and a warm, welcoming atmosphere.

#### **Mixx**

Open for dinner. Mixx provides a lounge atmosphere with delicious cocktails and a restaurant menu, which focuses on flavorful small plates.

#### ***Options Nearby***

#### **&pizza**

705 H Street NW (2 Blocks from Hotel)

#### **Atrium Café**

750 9th Street NW (2 Blocks from Hotel)

#### **CAVA**

707 H Street NW (2 Blocks from Hotel)

#### **Chop't**

730 7th Street NW (2 Blocks from Hotel)

#### **Chipotle**

601 F Street NW (3 Blocks from Hotel)

#### **Devon & Blakely**

601 Massachusetts Avenue NW (2 Blocks from Hotel)

#### **Five Guys**

808 H Street NW (2 Blocks from Hotel)

#### **Fruitive**

1094 Palmer Alley NW (3 Blocks from Hotel)

#### **Hip City Veg**

712 7th Street NW (3 Blocks from Hotel)

#### **Nando's Peri-Peri**

819 7th Street NW (2 Blocks from Hotel)

#### **New World Café**

720 I Street NW (2 Blocks from Hotel)

#### **Poke Papa**

806 H Street NW (2 Blocks from Hotel)

#### **Potbelly Sandwich Shop**

709 H Street NW (2 Blocks from Hotel)

#### **Starbucks**

901 New York Avenue NW (2 Blocks from Hotel)

#### **Taco Bamba** (2 Blocks from Hotel)

777 I Street NW

### Meet and Greet

Please join us at the Presidents Sports Bar & Grill on the Lobby Level from 5:30-7:00pm for a chance to network with your CBCAP peers, FRIENDS staff, FRIENDS PAC members, and Federal staff. Light refreshments will be available.

### Evaluation Reminders

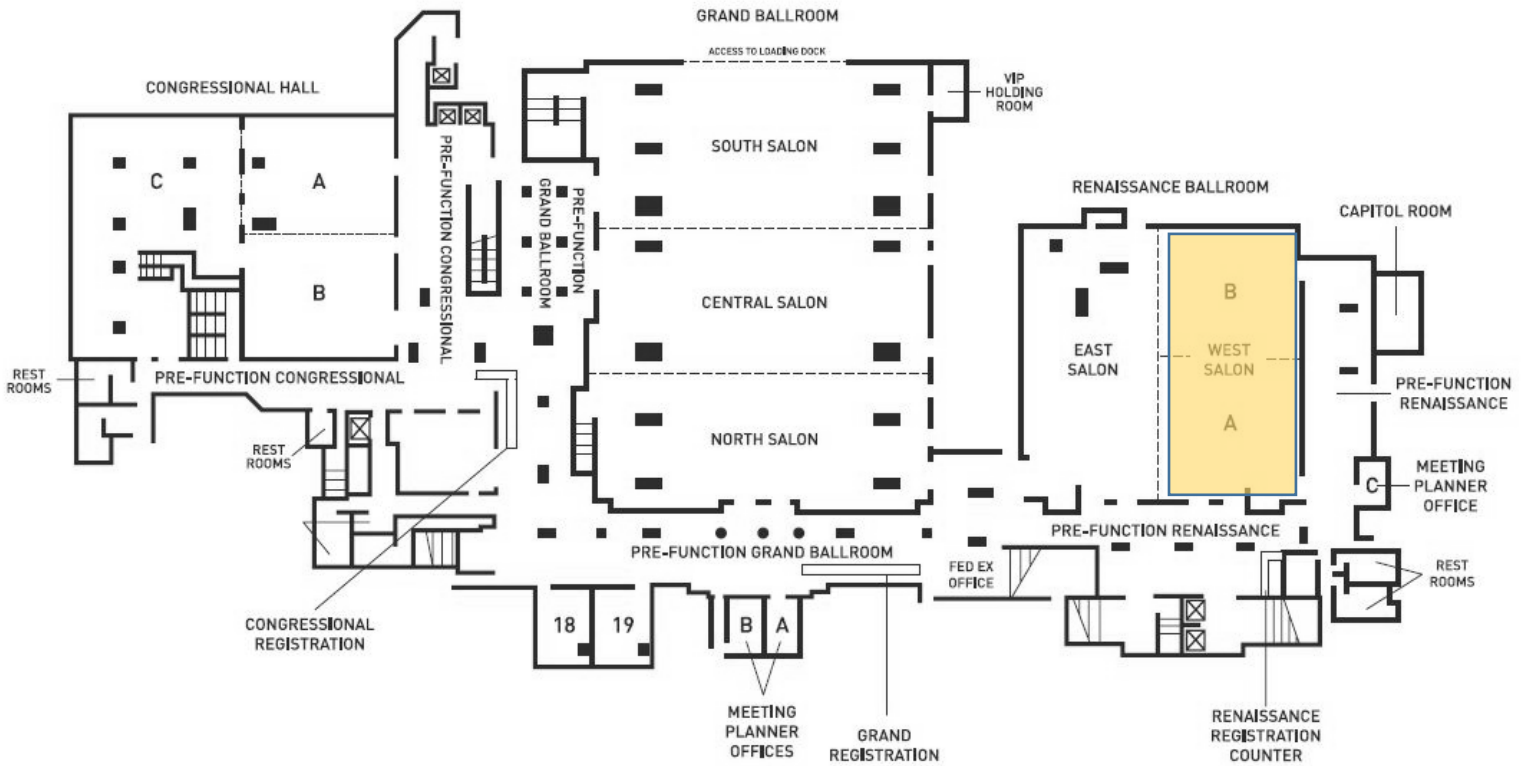
Please complete the evaluation form included in your packet. Your input is imperative to the content and design of next year's CBCAP Grantee Meeting.



# Hotel Maps

## BALLROOM LEVEL

Located two floors below the lobby



## MEETING ROOM LEVEL

Located one floor below the lobby

