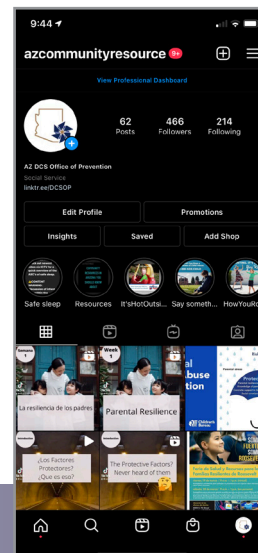
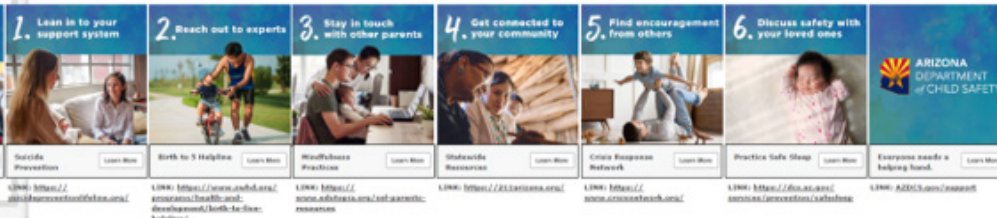
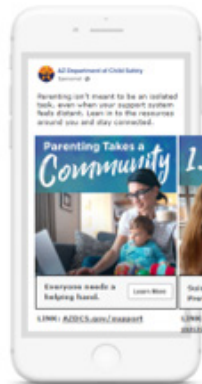




Community Outreach



Prevent Child Abuse
Arizona
Claire Louge
claire@pcaaz.org
pcaaz.org

What Do Strong Families Look Like?

Strong families
respect each other,
celebrate each other,
value and support each other,
spend time together, communicate,
make healthy choices, laugh, and
ask for help when they need it.

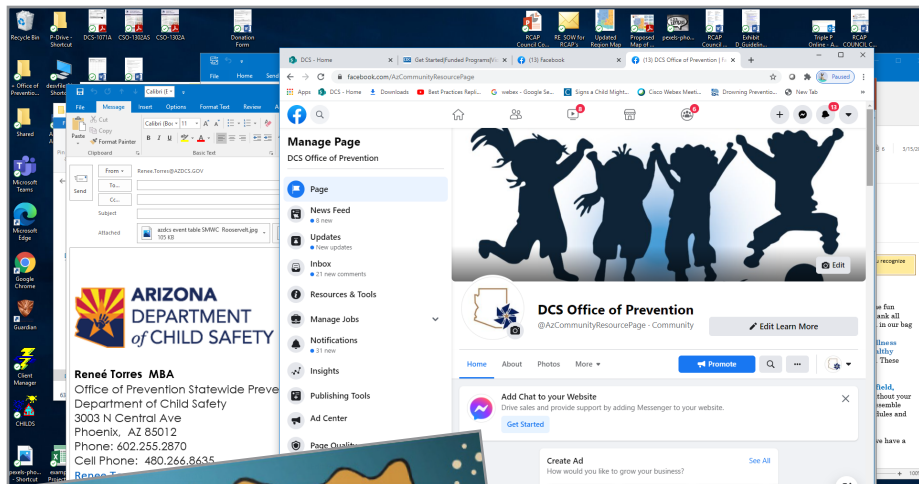
**We can all help Arizona families
stay strong by making sure they have:**

- Parental Resilience**
The ability to bounce back from stress and cope with challenges in a positive way
- Social Connections**
Having friends, family and community that provide emotional support in tough times and help celebrate good times
- Knowledge of Parenting and Child Development**
Information on how kids grow and how to help each unique child thrive
- Concrete Support in Times of Need**
Access to services and resources that keep a family safe and healthy, such as food, shelter, and healthcare
- Social and Emotional Competence of Children**
Children know that they belong, know they are loved, understand their feelings and can get along well with others

Welcome to the 3rd Annual Young Parent University



Communication Strategy



EVERY 5 DAYS,
A BABY IN ARIZONA
SUFFOCATES
WHILE SLEEPING...

...IS YOUR BABY SLEEPING SAFELY?

- Share a room, not a bed
- Lay baby down to sleep in a crib or bassinet
- Place babies on their back every time, at night and for naps
- Give babies space to breathe — no pillows, bumpers, blankets or toys



DON'T SLEEP WITH YOUR BABY



DON'T LET YOUR BABY SLEEP
IN A CROWDED CRIB



DON'T WAKE UP TO A TRAGEDY



FIRST THINGS FIRST

DCS.AZ.GOV/SAFESLEEP | PREVENTION@AZDCS.GOV
AZAAP.ORG/SAFESLEEP





Youth / PAC / Parents

