Alaska

Community-Based Child Abuse Prevention
2010 State Profile

Office of Children's Services
Department of Health and Social Services
PO Box 110630
Juneau, AK 99811

POSITION IN STATE GOVERNMENT

CBCAP funds are managed and distributed through the Office of Children's Services (OCS) in the Department of Health and Social Services.

KEY ACTIVITIES AND ACHIEVEMENTS

- **Core Services:** OCS funded 8 family support programs focusing on primary and secondary prevention services through the CBCAP program.

  At the annual grantee meeting, OCS continued the focus on developing their practice model and engaged in a strategic planning effort to improve their In-Home Services. Participants worked on a long-range plan to identify needed supports for effective service delivery along with service goal development.

  The CBCAP Program also conducted an in-depth analysis of existing grantees with the aim of restructuring the service model to be more responsive to community needs. The analysis focused on identified "key elements" which had been articulated in the strategic planning process. In general, the analysis found good alignment between the existing RFP and the OCS practice model. As a result of this effort however, some language in the RFP was amended which strengthened specific elements, including: utilization of the NCFAS, involvement of non-resident fathers, emphasis on the importance of children's physical and emotional well-being and educational needs, and the availability of concrete resources and supports for families.

- **Policy achievements:** Implementation of an evaluation of the state's Family Support Services is underway, requiring grantees to report names and identifying information of clients so they may be tracked through the state's administrative data system. Ultimately this will allow the state to ascertain whether families receiving Family Support Services do or do not enter the child welfare system.

- **Outreach to Special Populations/Cultural Competence:** The CBCAP program continues to provide input for the Western and Pacific Implementation Center (WPIC) Project. During the reporting period, OCS was able to inform the Center on the process and results of the In-Home Services planning effort. Tribal participants in the WPIC project are actively involved in further defining Family Support services in Alaska and are working with OCS to develop their own prevention programs.

- **Parent involvement/leadership**: A significant focus of the In-Home Service strategic planning effort was to include grantee and consumer voices in the process. OCS engaged staff of funded agencies and parents in a Community Café process to identify key elements of successful in-home services. Grantees and parents were able to share openly about their experiences with in-home family services and what their expectations were in developing a strong, beneficial service delivery system.

- **Evaluation:** Baseline data from the FSS evaluation effort were indicated to have been collected but were not included in this report. OCS also reports that grantees are utilizing the North Carolina Family Assessment Scale.

- **Support Training, Technical Assistance, and Evaluation Assistance:** Grantees were offered three technical assistance calls. Calls focused on providing updates on current OCS events, other training opportunities, and new initiatives. Calls were also an opportunity to review outcome data. Grantees also received training in the use of NCFAS and related data management issues. Two grantees received in-depth support including quarterly site visits to improve performance, which included a full assessment.

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The CBCAP Program Coordinator completed training in the Know Who You Are curriculum. Training opportunities have been expanded and monthly teleconferences were available for all *KWYA* trainers to support integration of the model into practice.

Participants receiving direct services	**# individuals**	**193**	**# families**	**56**
	# children with disabilities	**20**	**# parents with disabilities**	
Reach	**# local grantees**	**8**		
Spread	**# training sessions on evidence-based and best practices**		**# professionals participating in training**	

ESSENTIAL PARTNERSHIPS

Structure for partnership:

Parents as Partners Interagency Collaboration
The Service Array Section (including the CBCAP Program), the Infant Learning Program and the ECCS Comprehensive System work together to ensure parental voice is present in the development, delivery, and evaluation of OCS funded services. The University of Alaska, Anchorage is also a partner in specific aspects of this project.

Key partners:

Public Sector

- Public health/ maternal and child health
- Head Start/ Early Head Start
- Early Intervention Services
- Mental health
- Home visiting
- Early childhood
- Child care
- Tribal programs

Private Sector

- Advocacy organizations
- Foundations
- Parent Groups
- University of Alaska Anchorage

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SYSTEM CHANGE EFFORTS

- **Child and Family Service Reviews/Program Improvement Plan (CFRS/PIP)**: An important focus within Alaska's PIP is the in-home service delivery model. The CBCAP Coordinator co-facilitated a PIP-related workgroup established to enhance In-Home Services. The workgroup conducted an environmental scan and developed a work plan, which guided the efforts on in-home service model development.

- **Home Visiting:** The CBCAP program is working in partnership with the Division of Public Health to develop and implement Nurse Family Partnership in Alaska. The CBCAP Coordinator served as a member of the Home Visiting Advisory committee. The committee completed the statewide needs assessment and is working to develop the program statewide.

- **Strengthening Families:** The Parents as Partners project implemented a plan to increase parent involvement in state processes and increase awareness of Strengthening Families, the SF Protective Factors and parent engagement. The Project has completed planning and is beginning implementation that will include a parent navigation system that addresses elements important to parents as they interact with OCS services.

- **Independent Living and Family Support Services:** CBCAP Program staff participated in reviewing proposals for a mentorship program for youth in foster care. The process led to identification of many youth in the system in need of Family Support Services and the development of referral opportunities for Family Support Services through the Independent Living Program.

FUNDING AND FISCAL LEVERAGING

Fiscal Leveraging

Innovative funding mechanisms:

- Utilization of state funds for Children's Advocacy Centers to leverage additional CBCAP dollars.

State Allowable Claims	**$8,014,310**
Population-based Allocations	**$200,000**
Leveraged-Funds-Based Allocations	**$277,833**
Final FY10 Federal Grant Amount	**$434,303**

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EVIDENCE-BASED AND EVIDENCE-INFORMED PRACTICES

Level per Program Assessment Rating Tool	CBCAP Funding
Programs Lacking Support or Positive Evidence/Undetermined/Harmful	$0
Emerging and Evidence-informed Programs and Practices	$99,492
Promising Programs and Practices	$193,510
Supported Programs and Practices	$353,698
Well Supported Programs and Practices	$0

TRAINING

Administrative and Management Topics

- collaboration and partnerships for prevention
- evaluation and data management
- program monitoring and continuous quality improvement
- grant reporting requirements
- strategic planning
- North Carolina Family Assessment Scale Training

Programmatic and Service Topics

- research on prevention and child maltreatment
- evidence-based and evidence-informed programs and practices
- home visiting
- prevention programs and family support
- promoting protective factors and reducing risk factors

RESOURCES

- Annual State Profiles: www.friendsnrc.org/...