FAMILY ADAPTABILITY AND COHESION EVALUATION SCALES (FACES IV)

Author:	Olson, D. H., Gorall, D. M., & Tiesel, J.W.
Date:	2004
Construct:	Family Relationships
Standardized:	Not specified
Instrument Type(s):	Self-report survey
Uses of Information:	Evaluate communication styles, family interactions, and flexibility
Environment:	Home, office, school, church
Description:	FACES IV is a 42-item self-report questionnaire. It is intended to measure cohesion and flexibility.
References:	(Olson & Gorall, 2006) http://www.facesiv.com/pdf/3.innovations.pdf
Cost:	$95.00 All inventories include scoring instructions and psychometrics.
Availability of Test Manual:	Not specified
Contact Information:	Contact by mail or fax: Life Innovations, Inc. P.O. Box 190 Minneapolis, MN 55440 Tel: 651.635.0511 or 800.331.1661 Web: www.facesiv.com
Instructions:	Paper and pencil, online
Administrator:	Therapist, clergy, counselor
Qualification:	Professional training degree (master's degree minimum) in psychology or similar area
Training Required:	No
Administration Time:	15 minutes
Respondents:	12-year-olds and adults

Scales/Item Options:	Six scales assess the dimensions of family cohesion and family flexibility from the Circumplex Model (http://www.facesiv.com/pdf/cplxfaces.pdf). These six scales include two balanced and four unbalanced scales. These scales have very good levels of reliability and validity. There are seven items in each scale, making a total of 42 items in FACES IV. The scales include two balanced and four unbalanced scales: Balanced Cohesion and Balanced Flexibility; Disengaged and Enmeshed; Rigid and Chaotic, Family Communication Scale, Family Satisfaction Scale Some sample items include: 1. Family members are involved in each others lives. 5. There are strict consequences for breaking the rules in our family. 15. Family members feel closer to people outside the family than to other family members. 20. In solving problems, the children's suggestions are followed. 25. Family members like to spend some of their free time with each other. 30. There is no leadership in this family. 35. It is important to follow the rules in our family.
Scoring:	Hand-scored or online
Languages:	English
Psychometric Properties:	These scales have very good levels of reliability and validity. Alpha reliability analysis of validation scales is included for comparison purposes. Reliabilities of the six FACES IV scales are as follows: Disengaged=.87, Enmeshed=.77, Rigid=.83, Chaotic=.85, Balanced Cohesion=.89, Balanced Flexibility=.80. Alpha reliability analysis was also run for the validation scales and ranged from .91 to .93.