

VERMONT
FY 08; Funding 07

| Development, Operation & Expansion of Community-based & Prevention-focused Programs | Services Provided to Families by Local Programs | Unmet Needs Identified by the Inventory |
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| <ul style="list-style-type: none"> ▪ Children and Family Council for Prevention Programs (CFCPP) oversees CBCAP program which is administered by the lead agency, the Agency for Human Services. CFCPP, a 21 member governor appointed council meets monthly and includes representatives from the Parent Child Center Network, Prevent Child Abuse Vermont, Department of Children and Families, Department of Education, Defender General's Office, Court Administrator's Office, Youth Job Corps, Office of Alcohol and Drug Abuse Prevention, Youth Service Bureau, along with a lawyer, local law enforcement, Department of Corrections, parents, city government, and youths who are, or have been, involved with the juvenile justice system. ▪ Vermont uses its established parent child center network to help provide CBCAP core services. <ul style="list-style-type: none"> • Each of 16 centers in the network has local executive advisory boards. • Network meets monthly with lead agency staff and works with other state offices including Child Development Division, Dept. of Education, Economic Services Division, Dept. of Health, Dept. of Employment and Training, Head Start Collaboration, Mental Health and Developmental Disabilities Division. ▪ Prevent Child Abuse VT, which receives CBCAP funding, has established local advisory boards in communities providing services. Advisory boards include parents, community members, business owners and professionals. Boards assist with program planning, volunteer recruitment, public relations and fundraising. | <p><i>Vermont Parent Child Center Network (VPCC)</i></p> <ul style="list-style-type: none"> ▪ Transportation for families in rural areas ▪ Infant car seats ▪ Financial assistance for rent, utilities, and heat ▪ Home visiting ▪ Parent education and support ▪ Playgroups in rural areas ▪ Emergency payments of medical expenses ▪ Baby furniture ▪ Car repairs so parent could work ▪ Respite services for families of children with disabilities ▪ Supervised visitation ▪ Child Care Expenses/Scholarships ▪ Employment Expenses <p><i>Prevent Child Abuse Vermont (PCA-V)</i></p> <ul style="list-style-type: none"> ▪ Parent education through Nurturing Parent Programs ▪ "800" child abuse hot line ▪ Shaken Baby Syndrome program ▪ School based safety education programs in middle schools <p><i>Parent to Parent of Vermont (PTP)</i></p> <ul style="list-style-type: none"> ▪ Respite for families with physically and emotionally challenged children <p><i>Vermont Children's Trust Fund Foundation</i> for public awareness activities</p> | <ul style="list-style-type: none"> ▪ Responding to unmet needs identified in a state inventory, the state: <ul style="list-style-type: none"> ♦ drafted early care and education legislation to ensure families have access to quality child care; ♦ supports "Good News Garage" where people can donate used vehicles for needy families; ♦ dedicated a state position to address housing needs; ♦ awarded funds to address ongoing shortage of respite services and waiting lists for respite; ♦ supports efforts for parenting and pregnant teens; ♦ supports a Refugee Resettlement Director who works closely with organizations dealing with Vermont's newest citizens; and ♦ worked on a plan to provide publicly supported preschool for 3 and 4 year olds for all families who want to participate. ▪ The lead agency allocated CBCAP funds as follows: <ul style="list-style-type: none"> ♦ Prevent Child Abuse-Vermont received \$48,600 to expand their already existing nurturing programs to families in selected communities in the state, including a parent support group at a homeless shelter in Burlington. Prevent Child Abuse-Vermont has parenting support groups for both fathers and mothers at correctional centers throughout the state. ♦ Parent to Parent conducts its own needs assessment of families and identifies respite as the greatest need for families. Parent to Parent received \$32,400 from CBCAP to enhance existing respite services to keep families off long waiting lists. Families of children with special needs have limited access to respite through Children with Special Health Needs (CSHN) program because of restrictive income and |

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| | | <p>disability eligibility requirements. Families of a child with cancer, debilitating allergies or asthma, or diabetes, for example, are not eligible for respite through CSHN. To connect rural and remote families to respite resources, Parent to Parent made respite funds directly available through local Parent to Parent staff rather than having to go through a central office. In order to reach more families, the maximum respite voucher was lowered from around \$800 to \$500.</p> |
| <p>Description of Number of Families Served</p> | <p>Outreach to Special Populations</p> | <p>Parent Leadership</p> |
| <ul style="list-style-type: none"> ▪ Total number of families served in grant year through CBCAP was 3,409; 10,415 individuals were served, including 4,806 children, 608 of whom had disabilities. Of the 4,581 adults served, 420 were parents with disabilities. ▪ Parent to Parent respite programs served 76 families, including 162 children, 102 of whom had disabilities, and 114 adults, 14 of whom were parents with a disability. ▪ In PCA-V's Nurturing Parent Program, 90 families, including 100 adults and 174 children, including 26 children with disabilities were served. 12 parents with disabilities were also served. ▪ All sixteen parent child centers served a total of 3,178 families and 4,470 children; 480 of the children had special needs and 394 parents had a disability. | <ul style="list-style-type: none"> ▪ Lead agency requires that local organizations awarded funding must reach out to special populations. ▪ All PCCs serve families with children with disabilities. | <ul style="list-style-type: none"> ▪ Parents and professionals serve on the Board of PTP. They meet monthly at the central office. There is a mixture of parents who have children with disabilities and parents who do not and they work together to develop a workable survey of services needed for Vermont families. ▪ Three of the leaders of the PCA-V Nurturing Program are former participants. Fathers from the Nurturing Father's Program come back to speak about their experiences with the program. ▪ All of the sixteen (16) parent child centers have parents involved in the planning and oversight of programs offered through their center. ▪ During every peer review, at least one parent must be present so reviewers can discuss the program with them and their evaluation of the services offered to families within the local community. ▪ CFCPP, which oversees the CBCAP grant program, includes parents in its membership. |
| <p>Training and Technical Assistance</p> | <p>Child Abuse Prevention Month Activities</p> | <p>Innovative Funding Mechanisms</p> |
| <ul style="list-style-type: none"> ▪ Lead agency staff meets monthly with four funded state grantee organizations to offer assistance. Technical assistance workshops are conducted by the lead agency as need arises. CBCAP program manage is available to offer assistance to funded programs as the need arises either via email or by phone. ▪ PCA-V staff trains other community organization staff and volunteers to facilitate programs along with supplying the necessary materials and technical | <ul style="list-style-type: none"> ▪ Vermont chapter of Prevent Child Abuse conducted child abuse prevention month activities, including: <ul style="list-style-type: none"> ♦ Child Abuse Prevention Month Proclamation Ceremony The 2008 Child Abuse Prevention Ceremony was the 30th anniversary of the original event; ♦ Display at various sties around the state of a quilt bearing the names of children who have died or been harmed through child abuse, especially Shaken Baby Syndrome. | <ul style="list-style-type: none"> ▪ All private, nonprofit programs, including individual centers within the VT Parent Child Network and CBCAP-funded programs, blend all of their income to deliver services to as many families a possible. ▪ Some of the same programs funded with CBCAP funds are also funded through Children's Trust Fund, which combines many pots of money to fund as many community-based, primary prevention programs as possible. Some of the |

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| <p>assistance to the community. They do not directly provide services to families; they provide training for community people who, in turn, offer these direct parent education classes to the public.</p> <ul style="list-style-type: none"> ▪ Volunteer facilitators are trained by PCA-V's Family Support Program Coordinators on the Nurturing Parent Programs' philosophy, curriculum, activities and evaluation. All volunteers also receive training from a certified substance abuse clinician on the impact of substance abuse on the family, signs and symptoms of substance abuse and interventions. ▪ FRIENDS Resource Center assisted lead agency in developing and implementing evaluation tools and worked with the Vermont Parent Child Center Network to design a database system for the centers to collect information for all of their grant programs. | <ul style="list-style-type: none"> ♦ The first annual Children's Champion Awards were presented to Senator Diane Snelling and Representative Alice Miller. The awards were presented by the president of the Board of Directors of PCA-V. ♦ Refreshments were provided by Ben & Jerry's homemade, Inc. | <p>pots of money going into the CTF grant funds are the state general fund appropriation, tax check-off funds, private donations raised by the private entity Vermont Children's Trust Foundation, and federal dollars from the Office of Juvenile Justice and Delinquency Prevention Office.</p> <ul style="list-style-type: none"> ▪ Many faith-based organizations around the state have partnered with their local parent child center to pool funds to establish a "family assistance funds" for families in need. |
| <p style="text-align: center;">Linkages with Other Systems (Child Welfare, PSSF, Early Childhood, etc.)</p> | <p style="text-align: center;">A. PART Data Efficiency Measure that Supports EBP and EIP Practices</p> | <p style="text-align: center;">B. Demonstration of High Level of Satisfaction Among Families</p> |
| <ul style="list-style-type: none"> ▪ The Agency of Human Services budget includes allocations for family resource centers which are now overseen by the Child Development Division (CDD). Other programs serving families are located in CDD, including Success by Six, Building Bright Futures, CBCAP, CTF, etc. Program managers work together to better coordinate services to families. The Children and Family Council for Prevention Programs, as part of the CTF, is also represented within the CDD through the CBCAP lead agency representative. ▪ The CBCAP grant manager is a member of the Building Bright Futures State Council and attends quarterly meetings. CBCAP manager attends the monthly meetings of the Children and Family Council for Prevention Programs and serves as staff for the Prevention Committee, which is one of the sub-committees for the Council. CBCAP updates are given at each Council meeting. ▪ With lead agency reorganization, a community-wide team consisting of representatives from various resources working with families was implemented to help facilitate access to an array of services. The CBCAP program manager is a member of this Children's Integrated Services team. The first integrated programs are CUPS, FITP and Healthy Babies, Kids and Families. | <ul style="list-style-type: none"> ▪ Level 1: Emerging and Evidence Informed Programs and Practices <ul style="list-style-type: none"> ♦ Parent To Parent of Vermont Respite. Documentation: Logic Model for PTP. CBCAP Funds: \$32,400 ♦ Vermont Children's Trust Foundation Public Awareness: Documentation: Logic Model. CBCAP Funds: \$50,000 ▪ Level 2: Promising Programs and Practices <ul style="list-style-type: none"> ▪ Vermont Parent Center Network. Documentation: Parents As Teachers, Active Parenting, Parenting 1234, FRIENDS Survey, PIPE, Logic model. CBCAP Funds: \$201,960 ▪ Level 3: Supported <ul style="list-style-type: none"> ▪ Prevent Child Abuse-Vermont Nurturing Parent Program. Documentation: Nurturing Program AAPI-2, Logic Model. CBCAP Funds: \$48,600 | <ul style="list-style-type: none"> ▪ <i>Parent Child Centers:</i> Parents are extremely satisfied with services provided by the statewide network of parent child centers and the major outcome for families using services is that they were able to remain in their homes. Parent satisfaction was documented through parent testimonials. ▪ <i>Parent to Parent of Vermont Respite Services:</i> All funded families received a Follow up Survey to assess their satisfaction with respite services. Families surveyed cited improved quality of life, benefits to both caregiver (parent) and child, emergency health care crisis benefit, less restrictive process, reduced stress, family/parental bonding, and improved coping skills. |

- The Agency of Human Services (AHS) lead program director is a member of the Department for Children and Families' Child Protection Advisory Board which meets on a quarterly basis. AHS lead agency representative updates the Advisory Board on CBCAP activities and obtains feedback.
- The CBCAP grant manager was involved with the CFR/PIP federal site reviews and was also part of the team developing the PIP plan. She has continued her participation.
- Head Start Collaboration: The Head Start Collaboration office is the state liaison for Head Start and Early Head Start. Head Start and Early Head Start are housed around the state in Community Action organizations. The CBCAP program manager receives minutes and sometimes attends meetings between the State Head Start Collaboration and the local Community Action organizations. These meetings are on-going, especially now with the influx of stimulus funds into the State of Vermont.
- The Early Childhood Comprehensive Systems Program (ECCS): The CBCAP program manager communicates on a regular basis with the Director of the State's ECCS federal grant program. The CBCAP program manager wrote a letter of support for the ECCS federal grant program application. Quarterly meetings are held and the CBCAP program manager attends these meetings.
- Temporary Assistance to Needy Families (TANF): TANF is part of the Economic Services Division within the Department for Children and Families. Economic Services has grants with the Vermont Parent Child Center Network for Reach-Up Services to offer these services to the families they serve at the community level. Program manager for CBCAP attends monthly meetings of the Vermont Parent Child Network where Reach-up activities are discussed.
- Respite Care: The Vermont Family Network provides respite care throughout the State of Vermont. The Department of Health, Division for Children with Special Needs, and the Department for Mental Health also provide respite care. The CBCAP grant helps fund the Vermont Family Network so they can enhance the respite services they offer.

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| C. Results of Peer Review | D. Evaluation Data on Funded Programs, the Lead Agency & the Network | Other Elements: |
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| <ul style="list-style-type: none"> ▪ Peer reviews were conducted throughout the grant period on numerous parent child centers receiving CBCAP funds. ▪ Reports included commendations on each program in the following areas: <ul style="list-style-type: none"> ♦ Leadership, staff commitment, and efforts that have enhanced program development and organizational viability ♦ Effective PCC collaboration (with other PCC's, other community organizations, and state agencies) that has strengthened the organization's viability and its capacity to carry out early childhood development and family support services ▪ Reports also included recommendations in the following areas for each center: <ul style="list-style-type: none"> ♦ Continue to focus on enhancing program development and organizational viability ♦ Increase ongoing efforts to collaborate with other PCC's, other community organizations, and state agencies to strengthen the organization's viability and its capacity to deliver early childhood development and family support services | <p>All CBCAP funded programs are required to submit a logic model in their application. Lead agency staff developed reporting forms based on the logic models submitted from each of the funded programs. Outcomes were:</p> <p><i>Prevent Child Abuse-Vermont</i></p> <ul style="list-style-type: none"> ▪ Nurturing Parenting programs are evaluated through the Adult Adolescent Parenting Inventory (AAP1-2) which measures five constructs commonly found in abusive parenting. Pre and Post tests indicated parents increased their levels of empathy toward their children by 6%; knowledge and use of appropriate expectations by 5%; knowledge and use of alternatives to corporal punishment by 5%; and knowledge and use of appropriate parent-child role by 12%. ▪ Parents also completed a Substance Use Questionnaire prior to and at the end of the program, demonstrating knowledge gained about effects of substance use on themselves and their children. 80-90% of parents felt prepared and able to talk with their children and 94-96% felt able to set up appropriate rules and expectations regarding alcohol and drug use. <p><i>Vermont Parent Child Center Network Emergency funds outcomes:</i></p> <ul style="list-style-type: none"> ▪ 100% of the families seeking assistance were spared the ill effects of a financial crisis, i.e. homelessness; ▪ 100% of the families served are now better informed about supports services available to them; ▪ 100% of the families know of a variety of agencies (both state and local) where they can access resources; ▪ 100% of the families served were taught basic budgeting information; ▪ 50% of families served made better choices with their family budget; and ▪ 100% of the agencies in communities around the state are working together to identify and address service gaps. | <ul style="list-style-type: none"> ▪ |

State Allowable Claims: \$1,762,074
Population-Based Allocations: \$ 200,000
Leveraged-Funds-Based Allocations: \$ 76,846
Final State Allocations: \$ 276,846

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