

## POSITION IN STATE GOVERNMENT

The Idaho Children's Trust Fund (ICTF) is an independent state agency charged with education, coordination and connection of community-based, family-centered and holistic prevention programs that strengthen families to reduce child abuse and neglect.

## KEY ACTIVITIES AND ACHIEVEMENTS

- Core Services:** In FY 2010, ICTF organized their core services around four levers that focus their programs and Core Services on the protective factors: parent leadership development, professional development, and policy and systems. Within this framework, ICTF funded 15 programs across the state that provided direct services to families through parenting education and support, wrap around services, home visitation, parent leadership development, and child care program based support. Families served include Latino, Native American, low income, rural, and families of children with disabilities. ICTF also funds programs that provide child sexual abuse prevention training.

ICTF also organized their annual statewide conference, the Strengthening Families Training Institute, to share best practices, national direction, and peer learning opportunities. The conference, "Changing the Way We Think About Prevention" focused on protective factor development, nurturing, and developing responsibility in prevention across all organizations.

- Policy achievements:** The ICTF Director served on the founding committee to establish a State Fiscal Analysis Initiative project to provide budget and tax information specifically focused on the impact of decisions on low and moderate income families. The newly formed organization is funded by the Northwest Area Foundation and will hire a director during the summer of 2011. The organization will be co-located with Idaho Kids Count on whose advisory board ICTF's director sits. New energy in each of these vital organizations will create a more robust policy environment for dealing with issues facing Idaho families.

ICTF created and brought together the Strengthening Families Roundtable, a group of 40 people from a variety of child and family serving agencies, to explore what programs and providers can do (or do already) to promote healthy child development and reduce the incidence of CAN. A leadership team evolved from this Roundtable with first efforts being made to write a mission statement and vision as FFY came to an end.

- Outreach to Special Populations/Cultural Competence:** ICTF funded programs across the state that address the needs of underserved populations. This includes parents returning to their families from correctional institutions, teen parents, Latino and Native American families, families with a parent or child with a disability, fathers, and rural populations.

In partnership with IAEYC, the Spanish language version of the curriculum, *Strengthening Families through Early Care and Education* was completed as well as a review of its cultural relevancy.

The Annual Strengthening Families Training Institute offered workshops specific to special populations as well as time for peer sharing and relationship building. Highlights include workshops on: Easter Seals-Goodwill's PLAY Project, an early intervention program for parents of children with autism; and Putting Cultural Competency into Practice, focused on making Strengthening Families culturally relevant.



ICTF staff participated on the Idaho Indian Child Welfare Act Council and the ICTF Board received training on building cultural proficiency.

- **Parent involvement/leadership:** ICTF hired staff that has functions specifically related to parent leadership including advising and training. The staff worked regularly with programs to develop parent involvement and leadership. ICTF trained over 25 people working in various settings to use the Community Café approach to parent leadership. ICTF also trained facilitators in the Circle of Parents process. Both models are being used throughout the state. ICTF is funding programs at Baby Steps and the Elks/St. Luke's Rehabilitation Hospital in Boise and Catholic Charities in Nampa that are working to build parent leadership. ICTF funded programs also involve parents in planning and implementation of their services and measure parent satisfaction, one funded program, St. Luke's Center for Community Health, Familias Saludables holds at least 2 volunteer meetings a year when past parent participants provide input on continuous quality improvement and outreach to the Latino community. The gathered input became the foundation for the next parenting series.
- **Evaluation:** ICTF funded programs provide outcome data in a variety of forms, but all with a focus of developing continuous quality program improvement. Examples of the program results include:

**Outcomes shown on a 7 point Likert Scale:**

- Participants reported an increase of 2 in understanding how to set clear and realistic boundaries for their children.
- Participants reported an increase of 1.2 in confidence in their parenting skills.
- Participants reported a decrease of 1.7 in feeling alone and/or ashamed at some of their feelings about parenthood.
- Participants reported an increase of 1.3 in knowing the importance of taking care of themselves aside from being a parent and knowing ways to do that.
- Participants reported an increase of 2.3 in being able to redirect their children without losing control.

**Nurturing Parenting (AAPI):**

- 95% of participants completing both the pre and the post tests have decreased their risk for abuse in at least one of the five constructs for abuse,
- 88% decreased their risk for abuse in at least two of the five constructs, and
- 72% decreased their risk for abuse in at least three of the five constructs.

- **Support Training, Technical Assistance, and Evaluation Assistance:** In addition to the annual conference, ICTF provided a number of additional training opportunities to grantees and the larger community. Grantees met regionally following their funding award for a training on logic models, CQI and outcome accountability. Each grantee also received a site visit that focused primarily on program accountability. The site visit includes a three-hour training session to address logic-model development and protective factor integration. Other trainings included two facilitator trainings for *Stewards of Children* and the sponsorship of *Strengthening Families Through Early Care and Education* to 1753 child care providers.



<b>Participants receiving direct services</b>	<b># individuals</b>	<b>8,906</b>	<b># families</b>	
	<b># children with disabilities</b>	<b>64</b>	<b># parents with disabilities</b>	
<b>Reach</b>	<b># local grantees</b>	<b>15</b>		
<b>Spread</b>	<b># training sessions on evidence-based and best practices</b>		<b># professionals participating in training</b>	

## ESSENTIAL PARTNERSHIPS

Structure for partnership:

Partnership with the Idaho Association for the Education of Young Children: This partnership focuses on integration of the protective factors into the State's QRIS system.

Strengthening Families Roundtable: Team made up of a broad range of human service organizations coming together to explore ways that programs and providers can work together to promote Strengthening Families throughout Idaho to reduce the incidence of CAN. THE ICTF/IAEYC partnership served as a model for this group.

Key partners:

### Public Sector

- Child welfare
- Public health/ maternal and child health
- Education and special education
- Early childhood
- Home visiting
- Mental health
- Head Start/ Early Head Start
- Child care
- Tribal programs

- Juvenile Justice
- Fatherhood Programs
- Domestic Violence Organizations
- Child Sexual Abuse Programs

### Private Sector

- Advocacy organizations
- Parent organizations
- Foundations

## SYSTEM CHANGE EFFORTS

- **Early Childhood:** In partnership with IAEYC, a curriculum was developed that trains child care workers on partnering with parents to build protective factors.



- **Home Visiting:** the Children’s Trust Fund is officially part of the MIECHV program development which has involved creation of the needs assessment, review and selection of appropriate models, and creation of a state survey tool to get a baseline of what programs exist, what populations are served, and what capacities various communities have to implement a program.
- **Strengthening Families:** As mentioned previously, a new roundtable focused on Strengthening Families was created. The group’s vision is: Thriving children and families are at the core of the prosperous and vigorous communities we envision for all Idahoans. Its mission: We strive to strengthen Idaho families and communities by increasing knowledge of and building protective factors within all systems that touch the lives of families and children.
- **Child Sexual Abuse:** ICTF has a goal to create a tipping point through educating 75,000 Idahoans in prevention to significantly reduce childhood sexual abuse. This year, 33 new facilitators were trained on the *Stewards of Children* curriculum. ICTF also funded a pilot program in Pocatello, ID that is developing community coalitions across southeastern Idaho. The coalitions will focus on educating the “critical mass” of people on child sexual abuse prevention.
- **National Prevention Efforts:** The ICTF Director helped to plan and participated in the PCAA Executive Directors Meeting. The meeting’s theme was Building a Social Movement to Prevent Child Abuse and focused on comparing prevention work to social movements like civil rights, anti-smoking campaigns, and Komen Race for the Cure. Lessons learned began to be incorporated and distributed immediately.
- **Public Awareness Efforts:** In a continuing effort to get the word out about prevention during April and year round, the ICTF coordinated statewide partners to share common messages, materials and symbols. They distributed 10,000 pinwheels to organizations statewide that were used in pinwheel gardens, bouquets, and assorted venues. Efforts to brand the pinwheel as the symbol of child abuse prevention and to coordinate activities that promote prevention statewide continue.

## FUNDING AND FISCAL LEVERAGING

### *Fiscal Leveraging*

State Allowable Claims	\$160,645
Population-based Allocations	\$200,000
Leveraged-Funds-Based Allocations	\$5,569
<b>Final FY 10 Federal Grant Amount</b>	<b>\$205,549</b>



**EVIDENCE-BASED AND EVIDENCE-INFORMED PRACTICES**

Level per Program Assessment Rating Tool	CBCAP Funding
Programs Lacking Support or Positive Evidence/Undetermined/Harmful	\$0
Emerging and Evidence-informed Programs and Practices	\$25,000
Promising Programs and Practices	\$20,000
Supported Programs and Practices	\$0
Well Supported Programs and Practices	\$0

**TRAINING****Administrative and Management Topics**

- collaboration and partnerships for prevention
- fiscal leveraging
- evaluation and data management
- program monitoring and continuous quality improvement
- grant reporting requirements

**Programmatic and Service Topics**

- cultural competence
- research on prevention and child maltreatment

- evidence-based and evidence-informed programs and practices
- home visiting
- prevention programs and family support
- promoting protective factors and reducing risk factors
- marketing, messaging and public awareness
- Strengthening Families Through Early Care and Education
- Child Sexual Abuse Prevention
- Parent Leadership and Involvement

**RESOURCES**

- Community Café Resources: [http://www.thecommunitycafe.com/documents/CC\\_FAQ.pdf](http://www.thecommunitycafe.com/documents/CC_FAQ.pdf)
- <http://www.theworldcafe.com/>
- Annual State Profiles: [www.friendsnrc.org/...](http://www.friendsnrc.org/)

